



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING AQAR (2022-2023)



CRITERION 6 – Governance, Leadership and Management

Key Indicator 6.3– Faculty Empowerment Strategies

Metric No. 6.3.1 The Institution has effective welfare measures for teaching and non- teaching staff

SUBMITTED TO



National Assessment and Accreditation Council

**ANNUAL HEALTH
CHECKUP AND
IMMUNIZATION**



AMALA INSTITUTE OF MEDICAL SCIENCES

(An undertaking of Amala Cancer Hospital Society)

(NABH Accredited and ISO 9001:2015 Certified)

Amala Nagar, Thrissur - 680 555

7025103811



PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: Mrs. Seena AF Age: 36 Gender: M / F Hospital ID: 2997586 Date: 01/02/23

Department: Medical Surgical Clinical / Non Clinical

Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (.....)

Recent History of any diseases: Yes / No, if yes specify (..... Nil significant

Personal History: Smoking / Alcohol consumption / others (..... Nil significant

Present illness, if any..... Migraine on medication

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / clean Eyes: Normal / Pallor, Icterus / mild pallor Vision: 6/6 both eyes

Ears: Normal / Normal Oral Cavity: Normal / normal Nails: Cut & Clean / cut and clean

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: (N)

Pulse: 76 / minute

B.P: 110/70 / mm of Hg

Systemic Examination

Respiratory: Chest clear, AEC

Cardiovascular: S1, S2 No murmurs

Gastro-intestinal: P/A. Soft, nontender

Psychiatric evaluation: Satisfactory / Not satisfactory

Nervous system: Active, HMF (N)

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC <u>Hb-12.9g/dl, PC-$4.8 \times 10^3/\mu l$, N-63.5%, L26.6%, M2.9%, B0.5%, E4.5%</u>	
2	ESR <u>Repeat ESR, 18mm/hr</u> <u>←</u>	<u>24mm/hr</u> <u>(N)</u>
3	RBS	<u>104mg/dl</u>
4	HBsAg	<u>negative</u>
5	HCV	<u>negative</u>
6	HIV	<u>negative</u>
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	<u>10mIU/ml</u> <u>(N)</u>
8	Urine Routine <u>pus-3-4/hpf, casts-1/hpf, RBC-6-8/hpf, leukocytes-1+/hpf, yeast cells-1/hpf</u>	<u>no growth</u>
9	MRSA Swab (Nostrils)	<u>unt</u>
10	Chest X-Ray Findings	<u>unt</u>

FITNESS DETAILS:

Fit ☒ / Unfit ☐ , if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B - <u>all 3 doses</u> <u>repeated</u>	<u>11/2/22</u>	
2	Chicken pox <u>childhood infection</u>	<u>11/3/22</u>	
3	Others <u>1 5/2/21</u> <u>2 12/3/21</u> <u>3 13/1/22</u>	<u>11/8/22</u>	

HR Department: Name & Signature of Medical Officer Dr. S. S. George



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PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: Neethu Anto Age: 34 Gender: M/F Hospital ID: 2942931 Date: 1/2/23
Department: Medical Surgical Nursing ☒ Clinical / ☐ Non Clinical
Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (.....) Chicken pox - childhood
Recent History of any diseases: Yes / No, if yes specify (.....) COVID 19
Personal History: Smoking / Alcohol consumption / others (.....) Nil significant (September 2021)
Present illness, if any..... Nil significant

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / Clean Eyes: Normal / Pallor, Icterus / mild pallor / icterus Vision: 6/6 both eyes
Ears: Normal / Normal Oral Cavity: Normal / Normal Nails: Cut & Clean / Cut and clean
Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: Normal
Pulse: 70 / minute B.P: 120/80 / mm of Hg

Systemic Examination

Respiratory: Chest: clear, NVBS Cardiovascular: S1, S2 (+) Normal
Gastro-intestinal: P/A: soft, nontender Psychiatric evaluation: Satisfactory / Not satisfactory
Nervous system: HMV (+) Normal

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC <u>Hb - 11.6 g/dl, TC - $8.25 \times 10^3/\mu l$, N 62.8%, L 31.9%, E 1.9%, M 3%, B 0.4%</u>	
2	ESR	
3	RBS <u>(URP) on (Repeat) 53mm/hr</u>	<u>50mm/hr</u>
4	HBsAg	<u>negative</u>
5	HCV	<u>negative</u>
6	HIV	<u>negative</u>
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	<u>negative 194 IU/ml</u>
8	Urine Routine <u>V. RBC - 0/hpf, V. WBC - 2/hpf, V. bacteria - 25/hpf, V. neptis - 1/hpf</u>	
9	MRSA Swab (Nostrils)	<u>No growth in culture</u>
10	Chest X-Ray Findings <u>Dr. Anu Med</u>	<u>nil</u>

FITNESS DETAILS:

Fit ☒ / Unfit ☐ , if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B <u>thres adequate</u>		
2	Chicken pox <u>childhood infection</u>		
3	Others <u>① 10/2/21 ② 12/3/21 ③ 13/1/22</u>	<u>10/2/21</u>	<u>done</u>

HR Department: HRM07/HR-23 Name & Signature of Medical Officer: Dr. Anu Med
Rev: 02/16/03/2021 AIMS(PD)-UGN

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PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: SHINU C. VINSON Age: 26y Gender: M/F Hospital ID: 3032/06 Date: 1/2/2023

Department: MEDICAL SURGICAL NURSING Clinical / Non Clinical

Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (.....) *Nd significant except chicken pox*

Recent History of any diseases: Yes / No, if yes specify (.....) *Nd significant*

Personal History: Smoking / Alcohol consumption / others (.....) *Nd significant*

Present illness, if any..... *Nd significant*

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / *Clean* Eyes: Normal / Pallor, Icterus / *mild pallor* Vision: *6/6 both*

Ears: Normal / *Normal* Oral Cavity: Normal / *normal* Nails: Cut & Clean / *Cut & Clean*

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: *Normal*

Pulse: *68* / minute

B.P: *120/80* / mm of Hg

Systemic Examination

Respiratory: *Normal, AECG*

Cardiovascular: *S1, S2* *Normal*

Gastro-intestinal: *P/A - soft, nontender*

Psychiatric evaluation: Satisfactory / Not satisfactory

Nervous system: *Normal*

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC Hb - <i>11g/dl</i> <i>(on contact)</i> <i>TC - 5,800 cells/cumm, N60%, L37%, E2%</i>	
2	ESR	<i>20 mm/hr</i>
3	RBS	<i>92 mg/dl</i>
4	HBsAg	<i>negative</i>
5	HCV	<i>negative</i>
6	HIV	<i>negative</i>
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	<i>71000 mIU/ml</i>
8	Urine Routine: <i>pus - 3-5/hpf, RBC - mf, epitel - 5-7/hpf</i>	<i>normal</i>
9	MRSA Swab (Nostrils) <i>Cast, ceph, bac, ana - mf</i>	<i>no growth</i>
10	Chest X-Ray Findings <i>only bronchovascular markings</i>	<i>normal</i>

FITNESS DETAILS:

Fit ☒ / Unfit ☐ , if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B <i>adequate titer</i>		
2	Chicken pox <i>childhood infection</i>		
3	Others <i>COVID-19</i>	<i>12/3/21</i>	

HR Department: *HRM07/HR-23*

Name & Signature of Medical Officer *[Signature]*

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PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: Linda Varghese Age: 40 Gender: M / F Hospital ID: 3107649 Date: 30.01.202

Department: Amala College of Nursing Clinical / Non Clinical

Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (.....) No

Recent History of any diseases: Yes / No, if yes specify (.....) No total thyroidectomy at 2018 yrs. Cond 19 infection - twice

Personal History: Smoking / Alcohol consumption / others (.....) No

Present illness, if any: K/c/o thyroid disease on treatment since 5 yrs. Hypertension c/c allergy (P).

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / Clean Eyes: Normal / Pallor, Icterus / No pallor / Icterus Vision: 6/6 < R

Ears: Normal / Normal Oral Cavity: Normal / Normal Nails: Cut & Clean / Cut and Clean

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: No

Pulse: 78 / minute B.P.: 120/80 mm of Hg

Systemic Examination

Respiratory: B/L NVBS, AERB

Cardiovascular: PS2 GA, No murmurs

Gastro-intestinal: P/A soft, non-tender

Psychiatric evaluation: Satisfactory / Not satisfactory

Nervous system: No FND, HMF (N)

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC Hb - 12.4 g/dl, TC - $6.6 \times 10^3/\mu\text{L}$, N 63.1%, L 27.6%	M 2.4%, E 1.5%, B 4.1%
2	ESR (allergic) Repeat on 9/2/2021	44 mm/hr
3	RBS	83 mg/dl
4	HBsAg	
5	HCV	
6	HIV	
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	
8	Urine Routine	
9	MRSA Swab (Nostrils)	
10	Chest X-Ray Findings	

FITNESS DETAILS:

Fit ☒ / Unfit ☐, if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B		
2	Chicken pox		
3	Others	23/3/2021	after that time she got Cond 19 infection

NS: Recd: form on 2-3-23. Made fit same day. Name & Signature of Medical Officer: Dr. John George



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PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: LOVNA GRACE PAUL Age: 33 Gender: M / F Hospital ID: 3108207 Date: 12/2/2023

Department: MEDICAL SURGICAL NURSING Clinical / Non Clinical

Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (Nil significant)

Recent History of any diseases: Yes / No, if yes specify (Nil significant)

Personal History: Smoking / Alcohol consumption / others (Nil significant)

Present illness, if any (Nil significant)

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / Clean Eyes: Normal / Pallor, Icterus / mild pallor Vision: 6/6 both eyes

Ears: Normal / Normal Oral Cavity: Normal / Normal Nails: Cut & Clean / Cut and clean

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: Normal

Pulse: 74 / minute

B.P: 120/80 mm of Hg

Systemic Examination

Respiratory: Chest: clear, AFB

Cardiovascular: S1, S2

Gastro-intestinal: P/A: soft, non-tender

Psychiatric evaluation: Satisfactory / Not satisfactory

Nervous system: Alert, HMF normal

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC Hb-9.1 g/dl (postpartum) Repeat 10.6 gm/l, TC-10,800 cells/mm ³ N ₂ 73.25% E.M	
2	ESR on 1st day 39 mm/hr	
3	RBS	76 mg/dl
4	HBsAg	negative
5	HCV	negative
6	HIV	negative
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	1st dose hepB 3/2/23
8	Urine Routine albumin / sugar / RBC 4-5 hpf WBC - 3-5 hpf bacteria nil	
9	MRSA Swab (Nostrils)	no growth
10	Chest X-Ray Findings	clear

FITNESS DETAILS:

Fit ☒ / Unfit ☐, if unfit, mention the reason

Corrective measures

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B 1st dose on 3/2/23		
2	Chicken pox (feeding)		
3	Others Cominshield @ 19/3/21 (2) 7/5/21		

HR Department:

AIMS/HRM07/HR-23 H.A.D. 11-9-23

Name & Signature of Medical Officer

Rev.02(16/03/2021)AIMS(PD)-UGM