



# AMALA COLLEGE OF NURSING

## AQAR (2022-2023)



### CRITERION 1 – CURRICULAR ASPECTS

#### Key Indicator 1.3– Curriculum Enrichment

**Metric No. 1.3.1- The Institution integrates cross-cutting issues relevant to gender, environment and sustainability, human values, health determinants, Right to Health and emerging demographic issues and Professional Ethics into the Curriculum as prescribed by the University / respective regulative councils**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

**Reports of Programmes  
Conducted to Address  
Cross Cutting Issue  
Gender**



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

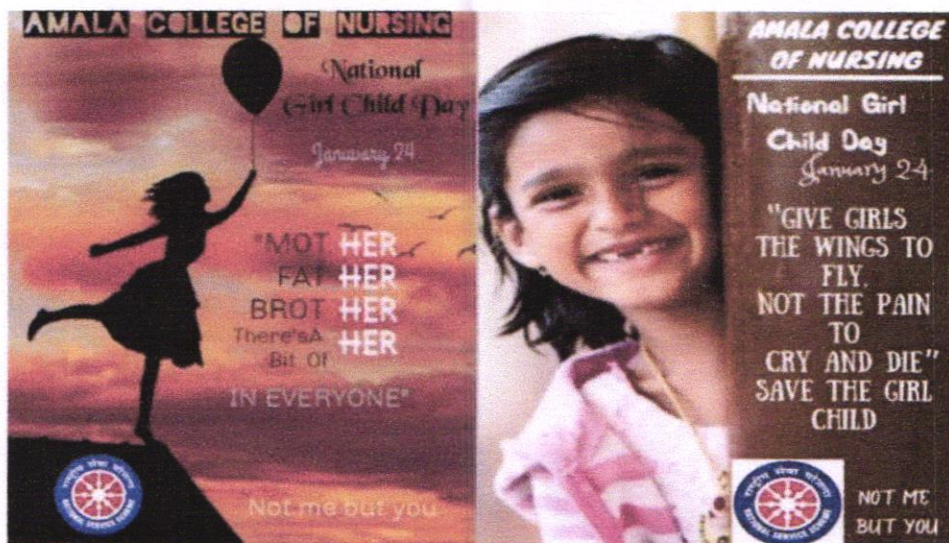
## REPORT ON WORLD GIRL CHILD DAY CELEBRATION

As part of WORLD GIRL CHILD DAY on January 24, NSS volunteers prepared posters and videos and posted them in the common WhatsApp group of Amala College of Nursing. It was a powerful and inspiring event dedicated to promoting the rights and empowerment of girls. It provided a platform for girls to share their stories and perspectives, highlighted the importance of education, and recognized individuals and organizations committed to girls' well-being. All students made it their WhatsApp status to spread awareness. All the students and faculty actively participated in the event.

**Video link of WORLD GIRL CHILD DAY CELEBRATION**

<https://youtu.be/b4A0FYVvk0iA>

## Posters of WORLD GIRL CHILD DAY CELEBRATION



*Legu*

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555





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## Women's day celebration

### Video making competition

As a part of International Women's Day 2022, the department of obstetrics and gynecology at the Amala Institute of Medical Sciences organized a video-making competition. The Video Making Competition was a resounding success. The theme was gender equality today for a sustainable tomorrow. The feedback from participants and attendees was overwhelmingly positive. 10 students participated and received the first prize.

### Brochure

**TOGS Amala**

**International Women Day 2022**

**Video Making Competition**

**Theme:**  
Gender Equality Today For A Sustainable Tomorrow

**Last date for submission : 7/3/2022, 10 am**

**Criteria For Selection**

- Team Shall Consist of Maximum 5 Number
- Time Limit: 5 Minutes
- Medium Of Language: Malayalam/English
- Video Should Be Theme Based.

**Prize**

**1<sup>st</sup> Prize**  
RS : 2500/-

**2<sup>nd</sup> Prize**  
RS : 1500/-

**Last date for submission : 7/3/2022**

**For further information please contact 6282016036/8113078299**

**Department of Obstetrics and Gynaecology**  
**Amala Institute of Medical Sciences**  
(NABH Accredited and ISO 9001:2015 Certified)  
Amala Nagar P.O., Thrissur, Kerala, INDIA - 680555

### Video Link

- <https://youtu.be/eCvqG7VpbJk>

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## Women's day celebration

On March 8, International Women's Day was celebrated in the college at 2:30 p.m. The program started with a prayer. The program includes theme presentations in an excellent and innovative way by presenting a mime. This is followed by a debate on the topic "Is Feminism a Bone or Bane?" Students also presented a theme dance. Finally, the program adjourned at 4 p.m. It was a powerful reminder that when women come together, they can effect positive change and create a more inclusive and equitable world.

## Programme schedule



## Photographs



Prof. Dr. RAJEE REGHUNATH  
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## LEGAL RIGHTS OF WOMEN

People celebrate International Women's Day by honouring the women in their lives - be it their mother, grandmother, sister, wife, girlfriend, and more. Amala College of Nursing conducted an employability skill development programme on 07.03.2023 as a part of the women's day celebration. The resource person of the programme was Adv. Reena John N, ICC member, KUHS, Legal counsellor under the women and child development department, she mainly focused on the legal rights of women. Through this session, she could able to reach different legal aspects of women, so that we can able to apply the issues related to women's rights. All four batches of students participated in the session. The overall session was very informative and needful. The vote of thanks was delivered by Ms. Alina Mannanal Giji, third-year B.Sc. Nursing student.



*19/1*

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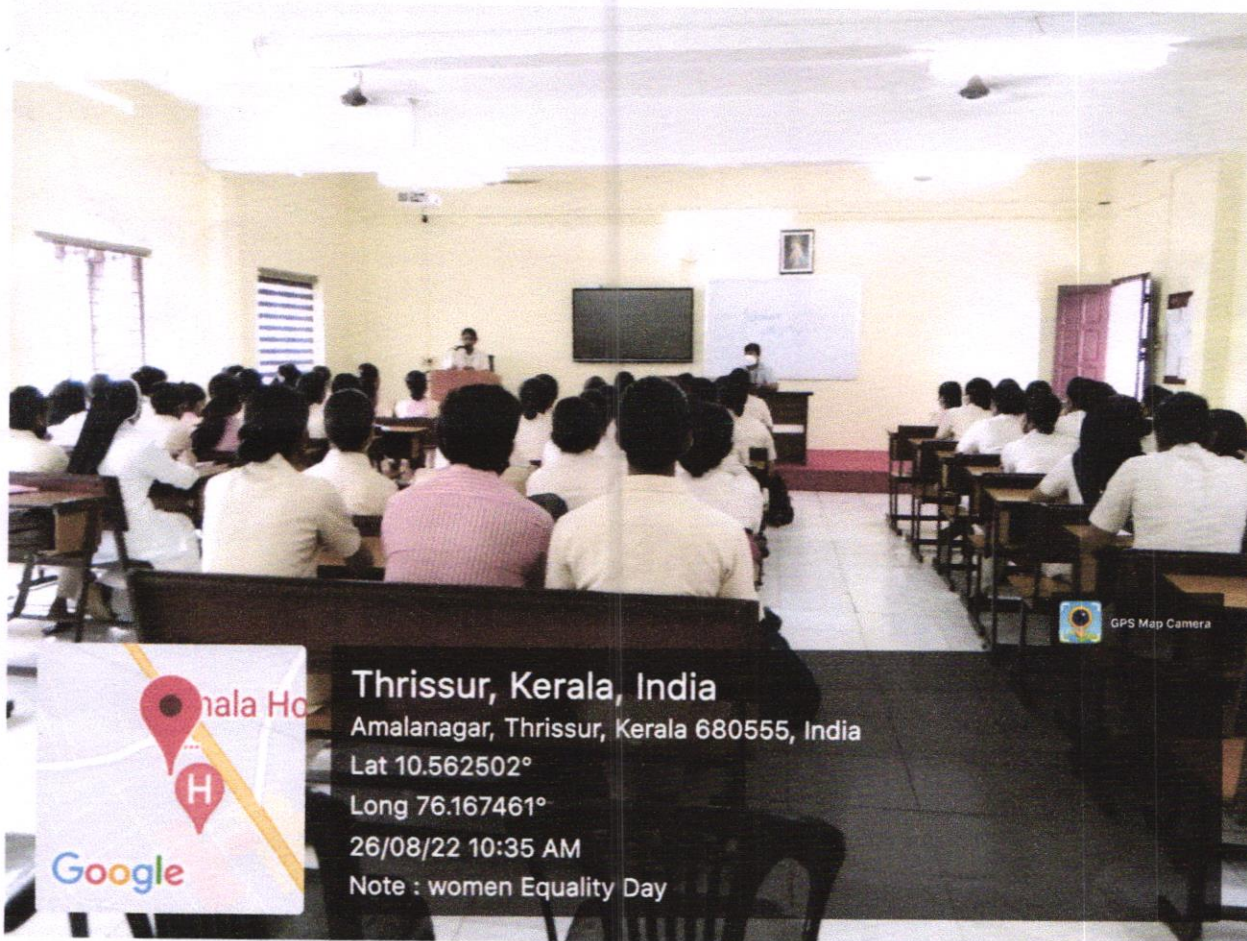
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## WOMEN'S EQUALITY DAY

Women's Equality Day has been celebrated annually on August 26. The celebration falls on the anniversary of the ratification of the 19th Amendment which granted women the right to vote.



On 26/08/2022 an awareness session was organized in Amala College of Nursing to recognise the women's right. The session was based on the theme "Hard Won... Not Done".



*Regunath*  
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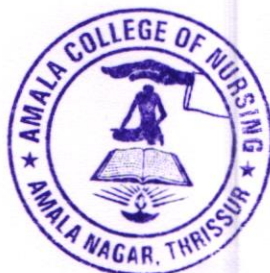
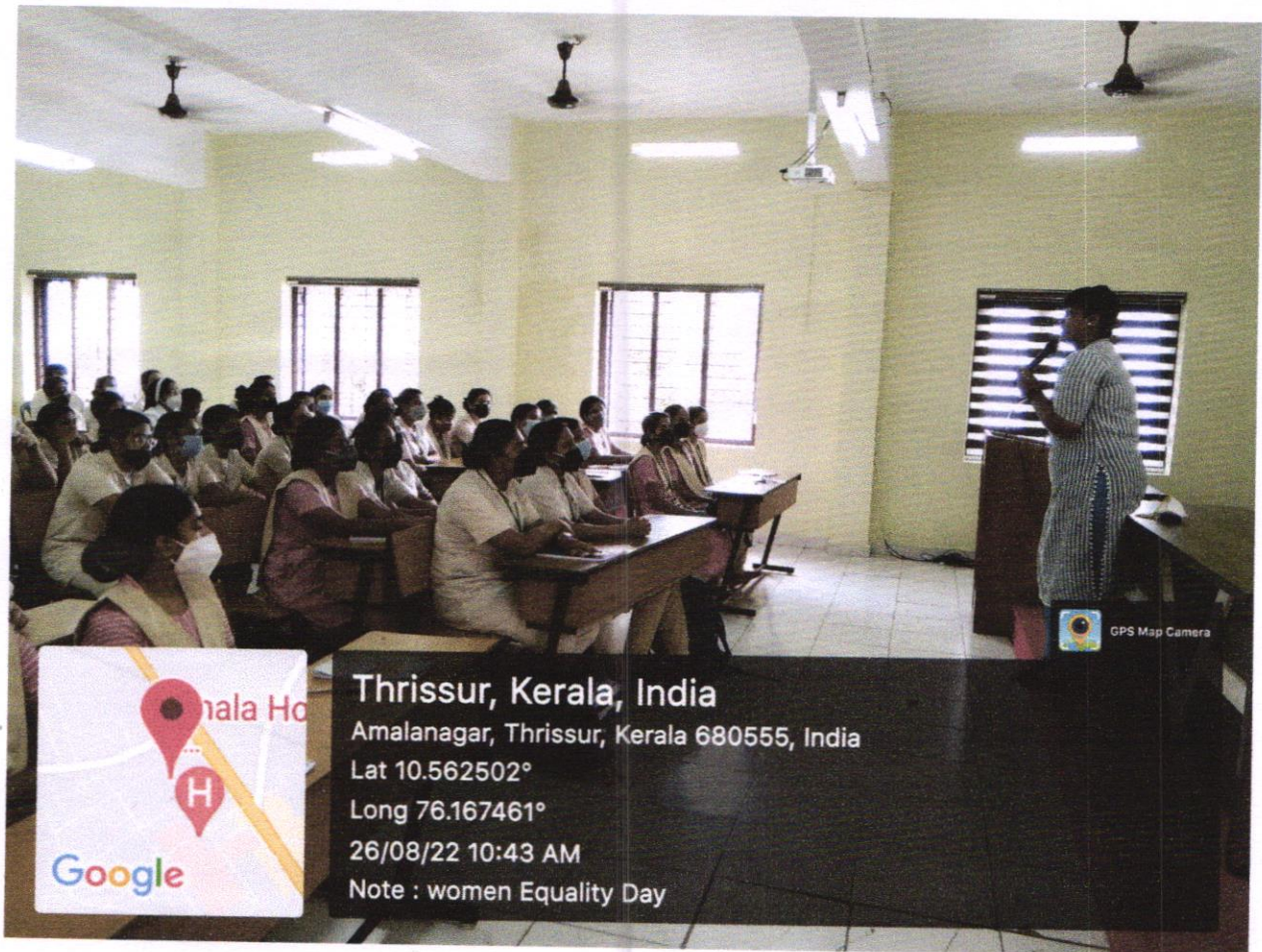


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The resource person was Mrs Saranya C.G CDPO Puzhakkal ICDS. The talk was held in the third year classroom at 10 .30 to 11.30 pm. The third year students took part in the session. The speaker talked bout her experiences and stories about women equality. The session was a motivating for the students as it provided a way to survive crises.



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## **1. SOCIAL ADVOCACY SKILL TRAINING PROGRAMME- DOWRY AND VIOLENCE AGAINST WOMEN**

A social advocacy skill training programme was organized by the NSS unit in association with IQAC and department of Adult Health Nursing, Amala College of Nursing on 1/12/2022 from 11 am to 12 N. The training programme focused on issues and violence related to dowry and how this could be tackled. The expert speaker was Ms Saranya C.G, CDPO, Puzhakkal, Thrissur. The class was organized in lecture hall -2. The class briefed about protective provisions relating to violence toward married women and about legislative reforms taken up by the central government of India. The session helped the students as the class offered a general awareness in tackling conflicts related to dowry a social evil.



  
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# AMALA COLLEGE OF NURSING, THRISSUR NSS UNIT



*In association with*

**IQAC & DEPARTMENT OF ADULT HEALTH NURSING**

*Organizing*

*Social Advocacy Skill Training  
Programme*

**DOWRY AND VIOLENCE AGAINST WOMEN**

**EXPERT SPEAKER**

*Ms. Saranya C. G  
CDPO  
Puzhakkal, Thrissur*

*Date: 01.12.2022*

*Time: 11.00 noon to 12.00 noon*

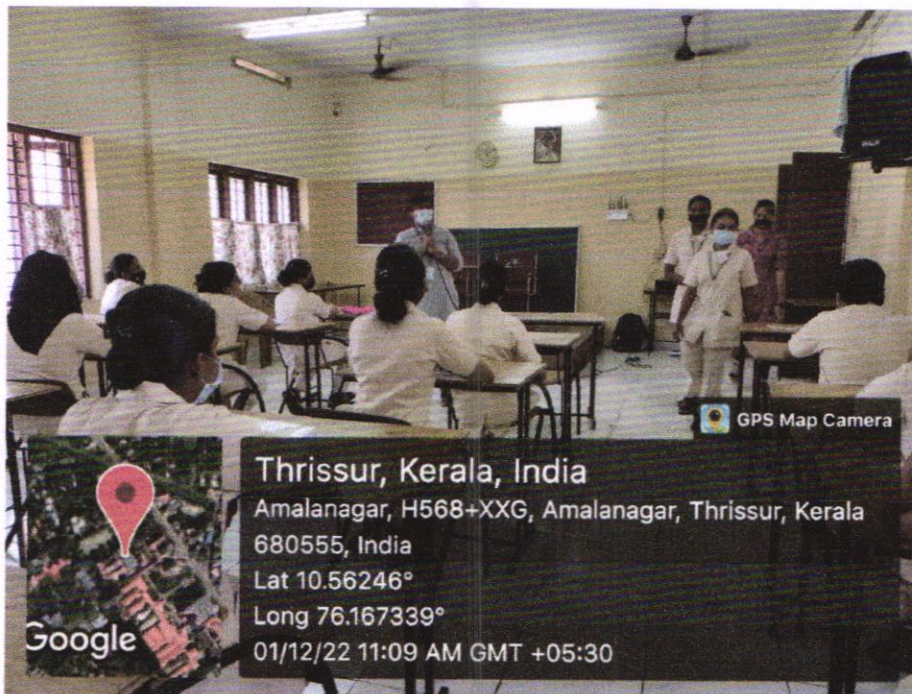
*Venue : Amala College of Nursing*



*Rajee*

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*12/12/22*

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**INTERNATIONAL WOMEN'S DAY OBSERVATION: GENDER EQUALITY TODAY  
FOR A SUSTAINABLE TOMMORROW**

## International Women's Day Observation



**THEME : GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW**

### MOTIVATIONAL TALK

Resource Person



*Smt. Carolin Joseph*

*Chief Manager*

*Athma My Mind, My Care - Counselling Centre, Thrissur*

*Councillor - Women's Psycho-social issues*

**Date : 09/03/2022**

**Time: 3.00 p.m. to 4.00 p.m.**

**Venue : Conference Room, New Library Block**



**KESS**

*Organized by*

**Amala College of Nursing, Thrissur &  
Kuriakose Elias Service Society, Thrissur**

**In Collaboration with**

**NSS Unit &**

**Community Health Nursing Department**



*kgao*  
Prof. Dr. RAJEE REGHUNATH  
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## INTERNATIONAL WOMEN'S DAY OBSERVATION: GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMMORROW

International Women's Day is celebrated every year on March 8<sup>th</sup> to celebrate women's achievements and raise awareness against women's equality.



On 9<sup>th</sup> March 2022 as part of International Women's Day a motivational talk was organized by Amala College of Nursing and Kurikose Elias Service Society, Thrissur in collaboration with NSS and Community Health Nursing Department.. The resource person was Ms. Carolin Joseph, Chief Manager ,Athma My Mind, My Care- Counselling Centre, Thrissur. She is a well known counsellor and deals with women's psycho-social issues.The talk was organized in the Conference Room,New Library Block from 3pm to 4 pm.



*[Signature]*  
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The second year students and faculty actively took part in the program and the speech was highly motivating. Ms Carolin spoke about her real life experiences as a women and how she got through the fear of public speaking and the inspiration to be motivator. The class also focused on gender inequality in the present society and how it could be overcome.





*R. Raju*  
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## Report on Gender violence class

On 01-12-2022, a class on the topic 'violence against women is preventable- Role of health sector, was organized by Amala College of Nursing. The class was guided by Ms.Laisa Paul, project coordinator KAVAL PLUS project, KESS Thrissur. The session was started at 2:30pm and ended at 3:30pm. The second year BSc students actively participated and attended the session. The session mainly focused on addressing violence against women and child and how it can be prevented and the role of health sector in protecting women right against violence has been discussed in detailed. The session was helpful for the students, and everyone actively participated.

 **AMALA COLLEGE OF NURSING, THRISSUR**  
**DEPT. OF COMMUNITY HEALTH NURSING**  
*In Collaboration with*  
  
**KURIAKOSE ELIAS SERVICE SOCIETY (KESS)**

**TOPIC**  
**AWARENESS PROGRAMME ON**  
**VIOLENCE AGAINST WOMEN IS**  
**PREVENTABLE - ROLE OF THE**  
**HEALTH SECTOR**


*Expert Speaker*



**Ms. Laisa Paul**  
Project Coordinator, Kaval Plus Project  
KESS, Thrissur

**Date: 01.12.2022**  
**Time : 2.30 p.m. to 3.30 p.m.**  
**Venue : Lecture Hall III**



  
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*19/12/22*

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