



AMALA COLLEGE OF NURSING

AQAR (2022-2023)



CRITERION 1 – CURRICULAR ASPECTS

Key Indicator 1.3– Curriculum Enrichment

Metric No. 1.3.1- The Institution integrates cross-cutting issues relevant to gender, environment and sustainability, human values, health determinants, Right to Health and emerging demographic issues and Professional Ethics into the Curriculum as prescribed by the University / respective regulative councils

SUBMITTED TO



National Assessment and Accreditation Council

Reports of programmes
Conducted to address
Human Values &
Professional Ethics

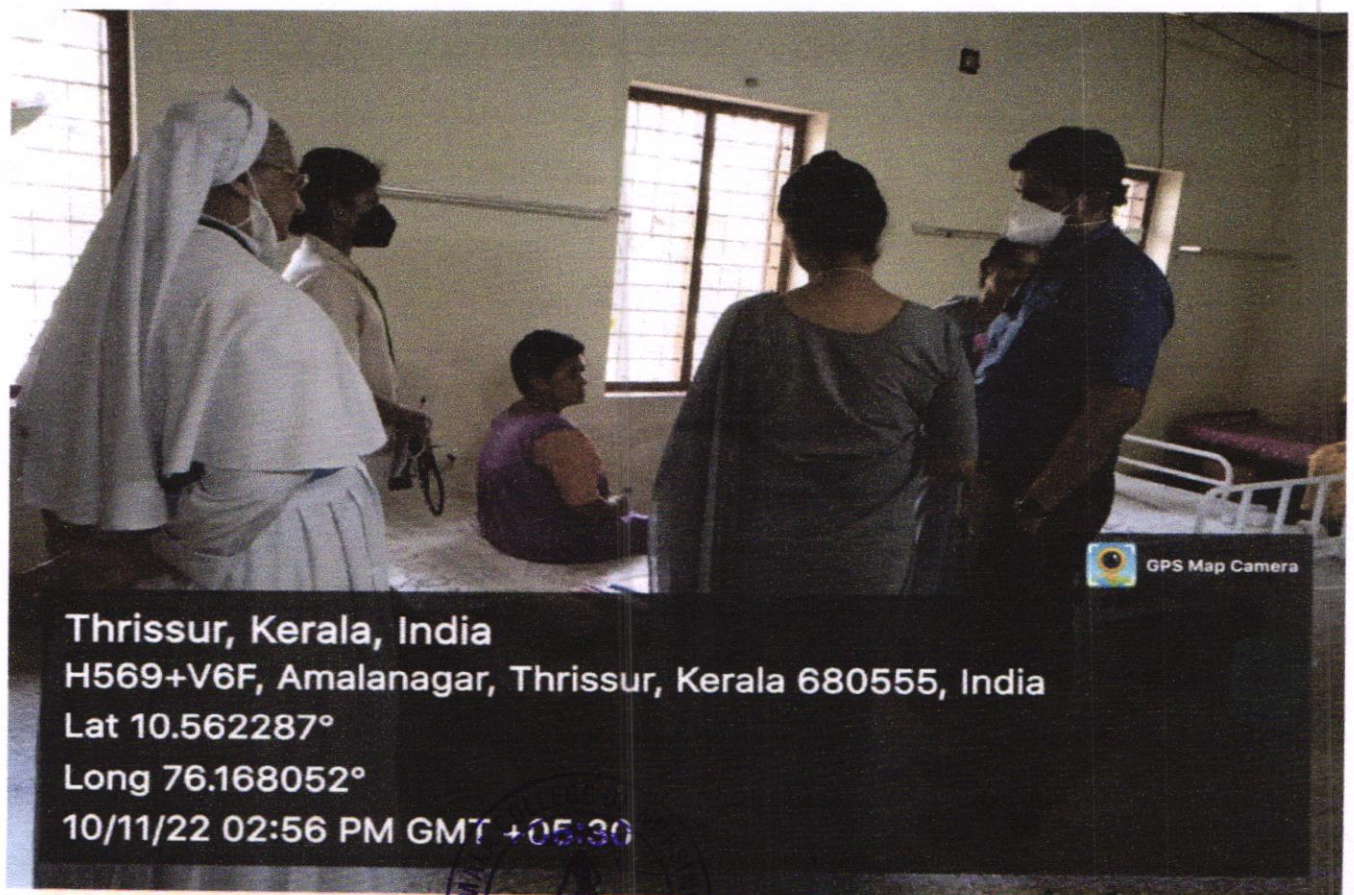


AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

AMALA PALLIATIVE SERVICES AND REACH OUT ACTIVITIES



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

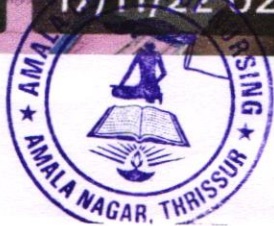


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AMALA PALLIATIVE SERVICES AND REACH OUT ACTIVITIES -APSARA



Prof. Dr. RAJEEV PEGHUNATH
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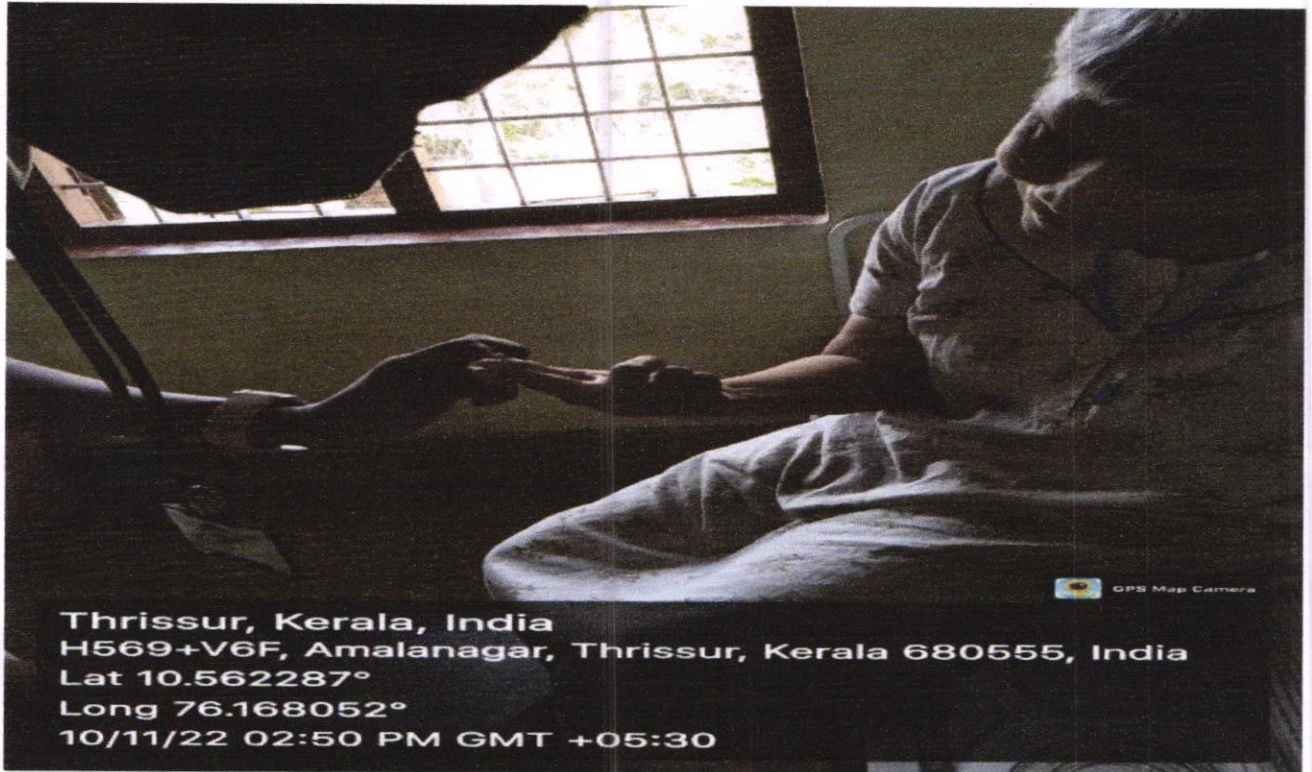


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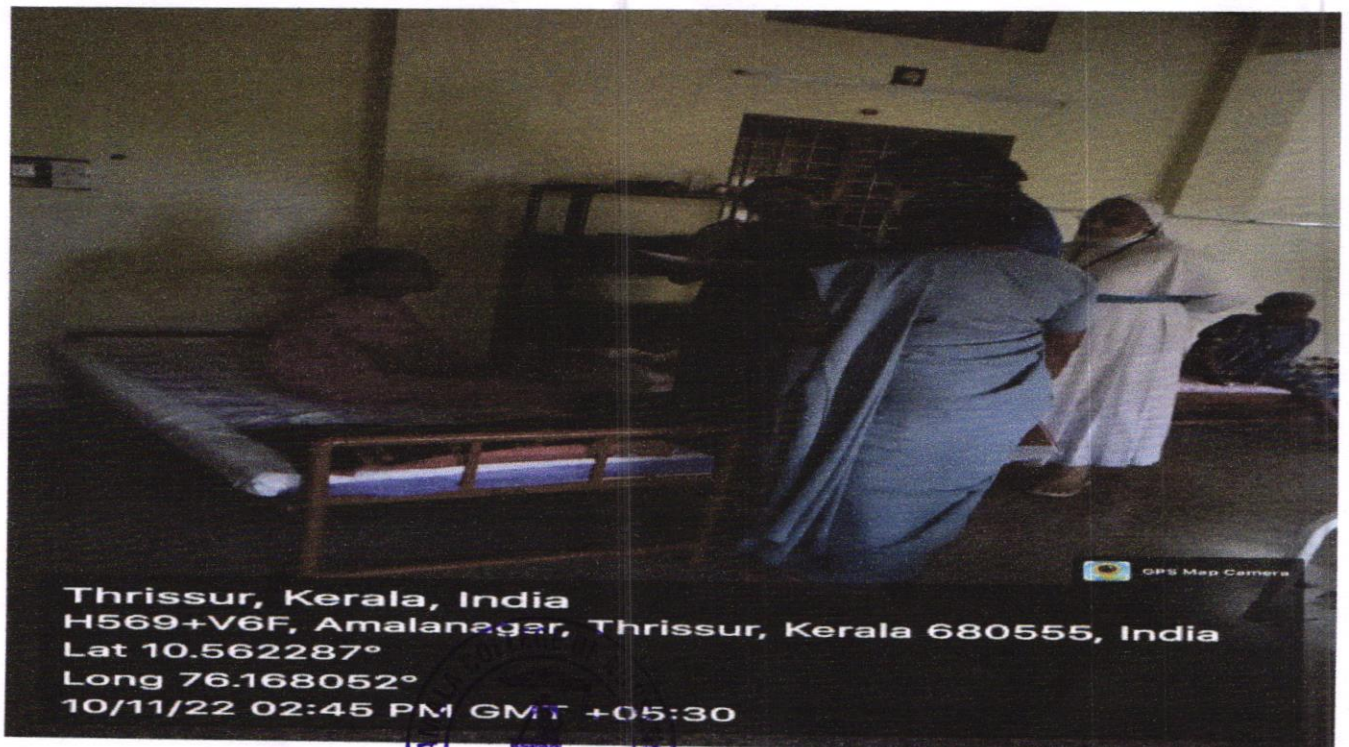
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AMALA PALLIATIVE SERVICES AND REACH OUT ACTIVITIES - APSARA



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H569+V6F, Amalanagar, Thrissur, Kerala 680555, India
Lat 10.562287°
Long 76.168052°
10/11/22 02:50 PM GMT +05:30



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APSARA STUDENT REGISTER

Date	Name	Age	Diagnosis	Treatment	Procedure
				T. Escospirin Rumol (4h)	GRBS: 120 mg/dl
7.	Mrs. Thankamani	75yrs	Hypertension Bronchial asthma	T. Theophylline T. Dexamphelline Shuntlu	Bp: 110/70 mmHg GRBS: 75mg/dl

ST MARIA DE MATTIAS CONVENT

10/11/2022

1.	Mrs. Mani	55yrs	Hypertension	T. clopilet T. Escospirin	BP= 120/80 GRBS 115
2.	Mrs. Madhav	60yrs	Mental illness Hypertension	T. Metformin	B.P = 110/60 GRBS = 120
3.	Roopa	58yrs	Mental Illness	Advised to increase intake of foods provide psychological support	BP= 110/80 GRBS= 121

4.	Mrs. Heela Jacob	62yrs	Mental illness	T. Metformin	BP= 120/70 GRBS= 147
	Heela	50yrs	Mental illness	Advised to increase	BP= 110/80 GRBS= 98

Name	Age	Diagnosis	Treatment	Procedure
			fluid intake	
6.	heela	60yrs	DM	T. Metformin BP=120/70 GRBS=144
7.	Seline	48yrs	DM	T. Metformin B.P=130/90 GRBS=170

17/11/2022

KAIPARAMBU - Home visit

1.	Haish		Monthly ill DM	Bp: 120/80 GRBS - 182
2.	Chandrasekar	65yrs	Monthly ill DM	Bp - 130/80 GRBS - 115mg/dl
3.	Hydramaji	61yrs	Monthly ill DM	Bp - 110/70 GRBS - 216
4.	Kochumari	61yrs	Monthly ill DM	Bp - 120/80 GRBS - 191
5.	Binuash	82yrs	Monthly ill	Bp - 130/70 GRBS - 136mg/dl
6.	Thomas	50yrs	Monthly ill	Bp - 110/70 GRBS - 140mg
7.	Rajasekh MR	52yrs	Monthly ill DM	Bp - 120/60 GRBS - 221mg

24/11/2022

HOME VISIT - CHITILAPILLY

1.	Laxa	78yrs	Diabetes mellitus HTN	T. Lisinopride BP: 110/70 GRBS: 114mg/dl
2.	Jishnu	28yrs	Osteogenesis	T. Diclofenac BP: 110/60 GRBS: 140mg/dl
3.	Sunny P.P	54yrs	Diabetes mellitus	T. Metformin BP: 120/70 GRBS: 130mg/dl



02/04/22

ST. MARIA DE MATTIAS CONVENT

	Name	Age	Diagnosis	Treatment	Procedure
1	Mary Joseph	61 yrs	ca. lung	T. Tapal 50g	BP - 120/80 mmHg HR - 102 bpm GRBS - 132 g/dl
2	Miss Mami	55 yrs	Hypertension	T. Clopidet T. Ecosprin	BP - 120/70 GRBS - 150 mg/dl
3	Mrs. Madhavi	60 yrs	Mental illness Hypertension	T. Metformin	BP - 110/70 GRBS - 140 g/dl
4	Mr. Roona	58 yrs	BPAD	T. clonazepam provided Psychological support	BP - 110/80 GRBS - 110 g/dl
5	Ms. Leela Jacob	62 yrs	Mental illness DM	T. Metformin	BP - 120/80 GRBS - 150 g/dl
6	Ms. Sheela	50 yrs	mental illness	provided Psychological support	BP - 100/70 GRBS - 95 g/dl
7	Ms. Leela	60 yrs	DM	T. Metformin	BP - 110/80 mmHg GRBS - 150 g/dl
8	Ms. Seline	48 yrs	DM	T. Metformin	BP - 130/90 mmHg GRBS - 150 g/dl
9	Annie ck	94 yrs	Joint pain	T. Rumol	BP - 110/80 mmHg GRBS - 150 mg/dl

	Name	Age	Diagnosis	Treatment	Procedure
2	Alice	64 yrs	COPD	Im. Foracort	BP - 140/90 mmHg GRBS - 145 mg/dl
3	Theresa	94 yrs	Requre dialysis	T. Ecosprin	BP - 130/70 mmHg GRBS - 118 mg/dl
4	phlominia	74 yrs	Dry cough, Itching	T. metoprolol T. mucinac	BP - 130/70 GRBS - 111
5	Sisily	73 yrs	Breathlessness	T. nebulizer	BP - 130/80 GRBS - 111
6	marryamma	74 yrs	Dyspnea	T. Dextrophenyl T. Amlo	BP - 110/80 GRBS - 82



ST. MARIA DE MATTIAS CONVENT
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THIRUVANANTHAPURAM
555 680-680

Date	Name	Age	Diagnosis	Treatment	Procedure
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Lagulltha			
24/3/22	Chandran	65 yrs	Mentally ill c DM T. response 2mg. T. mitfening B.P 160/100 Scoring 2-0-2 RBS-185
31/3/22	Davis		B.P 130/90 RBS-184 P-86/mf
30/3/22	Martin	42 yrs	B.P-150/100 PPKS-214 P-88/mf
30/3/22	Ragunathan		BP 20/110 P-78/mf RBS-131
31/3/22	Chorley	48 yrs	BP-140/98 P-86/mf RBS-131
31/3/22	Kochumon	62 yrs	Mentally ill c DM BP-110/80 P-86/mf RBS-203
31/3/22	Mathani	51 yrs	Mentally ill c DM BP-130/106 P-80/mf RBS-446

Crag with a 31/3/2002

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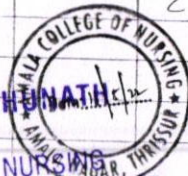
date	name	age	Diagnosis	Treatment	Procedure
1/3/22	Samuel	38yrs	Mentally ill c DM		BP - 120/80 P - 80/mf. RBS - 141 mg/dl.
31/3	Harrish	48yrs	Mentally ill c DM		BP - 150/100 P - 82/mf RBS - 163 mg/dl
31/3	Thomas	50yrs	Mentally ill		BP - 150/100 P - 78/mf RBS - 163 mg/dl
31/3	Linto Antony	37yrs	mentally ill		BP - 120/80 P - 92/mf RBS - 108 mg/dl
31/3	Binnuerth	32yrs	mentally ill		BP - 137/80 P - 86/mf RBS - 140 mg/dl

07/04/2022

1	JinAO Sunny 28yrs. mentally ill + MR	BP - 110/70 P - 80/mnt
2	Jose verghese 28yrs	Continuing Same treatment. BP - 120/90 P - 86/mnt.
3.	John 60yrs	BP - 130/76 P - 78/mnt.
4.	Balakrishnan 64/m mentally ill	T. Lusa 1HS BP. 120/80 T. THP - 100 P - 80/mnt
5.	Gowind 38/m Mentally ill	Tab. Doxaprine 100mg 1-0-1 BP - 140/86 T. TP2 - 2mg P - 132/mnt 100



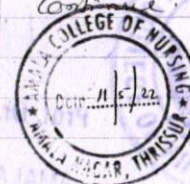
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Date	Name	Age	S/S	Treatment	Procedure
<u>21/04/2022</u>					
21/4/22	Johnson	64 yrs	CRF	% elimination of urine and stool	Tab. Gentisin 1 stat BP: 110/70 P- 78/mnt CRBS-120
21/4/22	Mary Joseph	61 yrs	Ca Lung	Tab. Tapcal 50mg sos Tab. Pantocid 100	BP: 120/80 P- 82/mnt CRBS-126
21/4/22	Laxox	60 yrs	DM/HTN	Same Rx Continue	BP: 150/90 P- 88/mnt CRBS-180mg/dl
21/4/22	Money Laxox	58 yrs	DM	Tab. Metformin 500mg 1BD	BP: 120/80 Pulse: 80/mnt CRBS-160/mg/dl
21/4/22	Ms. Sunny P.P	58 yrs	Electric Shock Neuromuscular on catheter	Paltration care physiotherapy catheter care given	BP: 120/80 P- 78/mnt CRBS-120



Date	Name	Age	Diagnosis	Treatment	Procedure
<u>28/04/2022 Thursday - Crangutha</u>					
1)	Harish		Mentally ill DM	Same Rx	BP: 120/90 P- 82/mnt CRBS-120
2)	Johny	61 yrs	Mentally ill % fever	Tab. Dolo 650 sos	CRBS-144 mg/dl BP: 120/80 P- 88/mnt
3)	Chendrasen	65 yrs	mentally ill DM	Same Rx	BP: 126/80 P- 78/mnt CRBS-128 mg/dl
4)	Linto Antony	31 yrs	% cholelithiasis Abdo. Pain mentally ill	T. metrogyl 400 mg BID Tab. cycloper L sos	CRBS-99 mg/dl BP: 130/80 mm/Hg
5)	Balamurugan	34 yrs	mentally ill DM HT	Continue DM-metformin	K.P: 120/80 P- 90/mnt CRBS-240 mg/dl
6)	Sureelharan	61 yrs	stomal	Same Rx Continue	BP: 170/100 P- 88/mnt CRBS-128 mg/dl
7)	Rajesh M.R	52 yrs	mentally ill DM	Same Rx Continue	BP: 150/90 P- 88/mnt CRBS-146 mg/dl

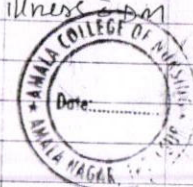
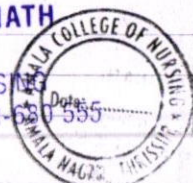


Date	Name	Age	SS'S	Treatment	Procedure
19/5/22	Amilan	42 yrs	DM/HTN	T. Amlodipine Stat.	BP 180/110 80/mg CRBS - 143 mg/dl
19/5/22	Balamurugan	38/45	DM/HTN	T. Lisinopril mental illness T. metformin 500mg T. TPZ 2mg T. Ampicillin 100mg	BP 120/80 1mg 1-0-0 286 mg/dl P-80/mg 1-0-1
	Kandamuth	66/45	% Ear pain discharge	Ciplofloxacin drops TID X 5 days	BP 110/70 RBS - 151 P-82/mg
	1. Gan Ravi	64/45	Asthma	T. Mucuna 600mg HSX 5 days in water Tab. Azithromycin 500mg 1-0-0 x 5 days	BP 130/90 CRBS - 183 mg/dl P-78/mg
	Sugumar	55/45	mental illness c HTN	T. Amlodipine 1/2 HS	BP 140/90 CRBS - 141 P-54/mg
	Thomasa Mula	66/45	mental illness c DM	Tab. metformin Continue other medicines	BP 150/100 CRBS - 166 mg/dl P-78/mg

Date	Name	Age	SS'S	Treatment	Procedure
19/5/22	Kochurappi	52/45	DM/HTN	Tab. Lisinopril Tab. metformin 500mg Tab. Amlodipine HS	BP 150/90 P-92/mg CRBS - 276 mg/dl
	Shaji Jacob	39/45	DM	Tab. metformin 500mg KD Tab. Lisinopril 2mg KD Continue	BP 120/80 P-82/mg CRBS - 325 mg/dl
	Rajesh	61/45	DM/HTN mental illness	Tab. Losartan Tab. metformin 500mg Continue	BP 130/80 CRBS - 153 mg/dl
	Chomethan	53/45	mental illness DM/HTN	Tab. metformin 500mg 2-0-1 T. Lisinopril 2mg T. Amlodipine 5mg	BP 140/90 CRBS - 206 mg/dl P-82/mg
	Sathyan	47/45	mental illness DM	T. metformin 500mg 2-0-2 T. Lisinopril 2mg	BP 120/80 CRBS - 151 mg/dl P-82/mg
	Murthy	69/45	mental illness DM	T. metformin 500mg 1-0-0 Continue	BP 110/70 P-76/mg CRBS - 139 mg/dl



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Date	Name	Age	Diagnosis	Treatment	Procedure
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5/5/2022

5/5/22	Vimala	64yrs	Dizziness 4 days Rugby station	Dizziness T. 500 mg 75mg 0-1-0 T. Vistar 16 mgss T. Nubistars 2.5 mg 1/2-0-1/2 T. omez 4mg	BP 150/80 P - 82/mf
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Date	Name	Age	Diagnosis	Treatment	Procedure
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12/05/22

12/5/22	Ms. Ruma	52yrs	HT/DM 2 mental illness	T. clozapine 100mg 0-0-1 T. Risperidone 2mg 1-0-1 T. B.C 1-0-0 T. Lesar 50mg 1-0-0	BP 120/80 P - 88/mf
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64yrs	Mrs. Leela	Fatigue Anxiety's Mental illness	T. Joon 1-0-0 T. Folate 1-0-0 Tab. Olanzapine 10mg 1/2-0-2 Tab. Levipril 50mg - 1-0-1	B.P - 120/70 P - 82/mf
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70yrs	Mrs. Sheila	Age related fatigue leg pain	T. For head 1-0-1 Tab. Pantec 150mg 1-0-0	B.P 120/80 P - 80/mf
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80yrs	Kamula	Stroke	T. Levipril 50mg 1/2-0-1/2 Tab. For head 1-0-1 Tab. Pantec 150 mg 1-0-1	B.P 138/40 P - 78/mf
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	maelharde	HTN	T. Telma 40mg 1/2-0-0	B.P - 110/70 P - 80/mf
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13/5/22

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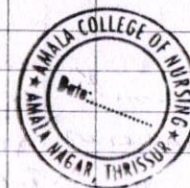
Date	Name	Age	SSIS	Treatment	Procedure
19/5/20	Linto	31/45	mental illness DM	T. metformin 500mg KD T. Glime-2mg KD	BP-130/90 P-82/mf GRBS- 139 mg/dl
	Nagesarij	65/45	mental illness	continue same treatment	BP-120/80 SP-140/90
	Thomas	50/45	mental illness	T. TTP 2mg 1-1-0 T. Lithium 300mg 1-0-1	GRBS- 119 mg/dl P-80/mf
	Bineesh	64/45	mental illness DM	T. TTP 2mg 1-0-1 Tab. metformin 500mg 1 TDS	BP-110/70 GRBS- 132 mg/dl P-80/mf
	George Thal'yath	68/45	mental illness with DM	T. metformin 500mg KD T. Quinine 25mg 1-0-1/2	BP-150/110 P-80/mf GRBS- 161 mg/dl
	Joshiy	70/45	mental illness	T. TP2 2mg 2-0-0 T. Pantop 700	BP-120/80 GRBS- 186 mg/dl P-90/mf



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Date	Name	Age	SSIS	Treatment	Procedure
19/5/20	Vyshale	45/45	mental illness DM	T. metformin 500mg 2-0-1 Continue other medicines	BP-120/80 P-72/mf GRBS- 253 mg/dl
	Sreedharan	64/45	mental illness HTN/DM	T. Glime 2mg KD T. Amla 5mg KD T. metformin 500mg 2-0-1 T. Losartan 50mg	BP-160/100 P-88/mf GRBS- 118 mg/dl
	Saneesh	60/45	mental illness DM	T. metformin 500mg KD T. Glime 2mg KD Continue other medicines	BP-120/80 P-72/mf GRBS- 173 mg/dl



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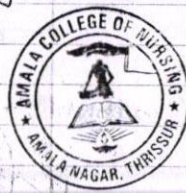
Date	Name	Age	Δ S75	Treatment	Procedure
	Sunny	47yrs	Paraplegia	T. Mydron 10mg BD x 5 days T. Mucronal 6mg x 3 days T. Azithromycin 500mg x 5 days T. Dextrophenol (R) 150mg x 5 days	BP 130/80 CRBS-217 P-82mt
	Mrs. Mary	72yrs	H/o Hemiplegia	T. Lorazepam 50mg BD T. Ranitidine T. Renormin 10mg BD T. Ibuprofen BD x 3 days	BP 170/120 P-80mt CRBS-110
	Mr. K.L. Lomas	77yrs	General weakness	T. Angioten 5mg BD T. Ranitidine 10mg 1/2 - 0-1/2	CRBS-80 BP 130/70 P-82mt
	Mrs. Mary Joseph	60yrs	Ca Lung	Same Rx	BP 120/90 CRBS-133 P-88mt
	Mrs. Mary D...		Parosismus	T. Thiamine 10gm BD x 5 days T. Flaxseed 200gm BD x 3 days	BP 130/90 P-80mt CRBS-120mg



Date	Name	Age	Diagnosis	Treatment	Procedure
	Vimala	66yrs	Joint Pain	T. Lyser-D BD x 3 days T. Vertin 16mg BD x 3 days	BP 150/90 P-82mt
	Rosy	83yrs	Joint Pain HTN	T. Shuleal 500mg T. Lyser-D BD x 3 days T. Losartan 50mg BD x 1 month T. Atenolol 10mg 0-0-1-1 month T. Ranitidine 150mg BD x 3 days	BP 170/100 P-80mt CRBS-202mg/dl
	Sasa	73yrs	Dry cough Itching both legs	T. Metoprolol 50mg BD x 30 days T. Amla-S-1-0-0 x 30 days	BP 160/90 P-82mt CRBS-127mg/dl
	Thiruvallur	94yrs	DM/HTN	Syp. Ascoril-D 5ml TDS x 7 days T. Mucronal ARS BD x 7 days Cefamandole 1/A	BP 130/80 P-82mt CRBS-125mg/dl
	Thankamani	75yrs	No fresh m...	3. Rumol-D for 1/A Same Rx	BP 120/90 P-82mt CRBS-137mg/dl



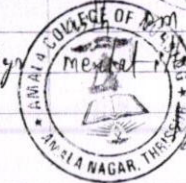
Date	Name	Age	D.S's	Treatment	Procedure
	alice	52 yrs	DM/HTN	continue regular metformin 120 mg/dl	BP-130/80 P-74/mg URBS - 120 mg/dl
17/6/22	ms. Elianma	65 yrs	DM/HTN	H. actapad 16 unit BD x 2 years	BP-130/70 DM-100 mg/dl
	meetha	52 yrs	Bipolar affective disorders	Benzodiazepine 50mg OD x 2 years	BP-110/70
	ms. geary	68 yrs	psychosis	clozapine Rabrac-20mg	BP-110/70 DM-107mg/dl
	ms. dharma	61 yrs	HTN	Telmisartan - 40mg BD x 17 years	BP-114/70
	ms. Leela	58 yrs	cholesterol	atorvastatin 20mg x 18 month	cholesterol- 238mg/dl BP-120/70
	ms. Cicily Kuttu	64 yrs	anemia	not on any medication	BP-80/60
	ms. mary	70 yrs	hypoglycemia	routine intake of sweet when symptom arises	DM-120mg/dl



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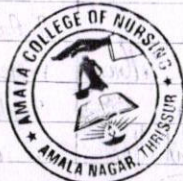
Date	Name	Age	D.S's	Treatment	procedure
	ms. Rosamma	62 yrs	MR	not on medication	BP-100/80 P-92 b/m
16/6/22	Mr. Belamunikan	37 yrs	DM/HTN	metformin 500mg T. Amprode 100mg T. muneal - 60mg its x 2 days	BP-120/90 URBS - 219mg/dl BP-110/70 RBS - 150mg/dl
	Mr. Karan Ravi	61 yrs	asthma	no medicine	BP-110/70 RBS - 160mg/dl
	Mr. Bandamuthu	64 yrs	mental illness	no medicine	BP-110/70 RBS - 160mg/dl
	Mr. Thomas Math	66 yrs	mental illness	no medicine	BP-110/70 RBS - 160mg/dl
	Mr. Shadi Jacob	39 yrs	DM	metformin 500mg BD	BP-130/80 RBS - 300mg/dl
	Mr. Ravi	61 yrs	DM/HTN	no medicine	BP-110/70 RBS - 150mg/dl
	Mr. Sugumar	55 yrs	mental illness	no medicine	BP-150/90 URBS - 145
	Mr. Kachurappi	52 yrs	DM/HTN	no medicine	BP-140/80 URBS - 250mg/dl
	Mr. Sathyan	47 yrs	mental illness	no medicine	BP-120/80 URBS - 160mg/dl
	Mr. Kirito	31 yrs	mental illness	no medicine	BP-120/80 URBS - 130mg/dl
	Mr. Murthy	69 yrs	mental illness	no medicine	BP-140/80 URBS - 170mg/dl



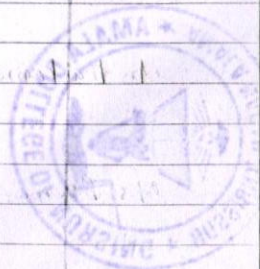
Date	Name	Age	Sex	Treatment	Procedure
10/1/22	Thomas	54 yrs	male	mental illness	P. Lithium 300mg BP-120/80mmHg URB-12mg/dl
	Alagorai	65 yrs	male	mental illness	continue same BP-120/80mmHg treatment
	George Thakiyath	64 yrs	male	mental illness with dm	Insulin 300mg BD BP-110/80mmHg URB-146mg/dl
	Mr. Joshy	70 yrs	male	mental illness	9-PR 200mg BP-120/80mmHg 2-0-6 URB-16mg/dl P. Panthip 100mg

23/6/22 Mary Joseph 60 yrs F. Ca of lung Tab. Tapial BP: 130/80
50mg 805 mm Hg
Tab. Pantacid RBS:
1 OD 132 mg/dl

Mr. Sunny 58 yrs Electric Shock BP, URB BP: 120/80
Hemiplegia Physiotherapy mm of Hg
RBS:
181 mg/dl

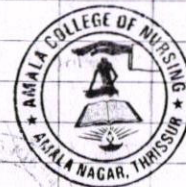


Date	Name	Age	Diagnosis	Treatment	Procedure
	Mr. Gabsy	70 yrs	Mentally ill.	Advised to increase intake of fluid.	BP: 120/70 mmHg RBS: 124 mg/dl.
	Mr. Johnson	64 yrs	Kidney Failure.	Advised to check urine output.	BP: 108/100 mmHg RBS: 108 mg/dl.



Date	Name	Age	Diagnosis	Treatment	Procedure
30/06/22	Mrs. Eugmini	75 yrs	Bronchial asthma Hypertension Muscle cramps.	T. Desiphylline T. Amlol T. diclofenac (w/o) T.omez	BP: 120/70 mmHg CRBS: 129 mg/dl
10/07/22	Mrs. Theresa	94 yrs	Hypertension CAD, Muscle Pain.	T. Amlol T. clopirlat T. Escopirin Rumol (w/o)	BP: 110/70 mmHg CRBS: 120 mg/dl
	Mrs. Sosa	73 yrs	Bronchial asthma Hypertension	Syp. Asazyl T. Mounai T. Desiphylline T. Metoprolol T. Amlol	BP: 140/70 mmHg CRBS: 197 mg/dl
	Mrs. Alice	59 yrs	COPD	T. Desiphylline T. Cerastu T. Vastin	BP: 130/90 mmHg CRBS: 215 mg/dl BP: 120/70 CRBS: 76 mg/dl
	Mrs. Vimala	66 yrs	Vestigo	T. Losactam T. Amlol T. Rantac T. Lysco	BP: 180/80 mmHg CRBS: 110 mg/dl
	Mrs. Rosy	83 yrs	Hypertension Arthritis Hypertension	T. Losactam T. Amlol T. Rantac T. Lysco	BP: 180/80 mmHg CRBS: 110 mg/dl
	Mrs. Thantamam	75 yrs	Bronchial asthma	T. Desiphylline T. Desiphylline Inh. Sforoffu	BP: 110/70 mmHg CRBS: 75 mg/dl
	Mrs. Themia C.R.	77 yrs	Hypertension	T. Sorbitrate T. Escopirin T. Telma T. Amlol T. Rantac	BP: 100/70 mmHg CRBS: 140 mg/dl

Date	Name	Age	Diagnosis	Treatment	Procedure
7/07/22	Mrs. Piji	46 yrs	DM	Metformin	BP: 130/80 mmHg CRBS: 132 mg/dl
	Ms. Mahavi	72 yrs	HTN	T. Telma 400 mg	CRBS: 124 mg/dl BP: 180/90 mmHg
	Ms. Rooba	52 yrs	HT/DM Mental illness	T. Clozapine T. Risperidone T. Ceron	BP: 120/60 mmHg CRBS: 187 mg/dl
	Mr. Leela	64 yrs	Fatigue Mental illness	T. Iron T. Folate Tab. Escipil	CRBS: 193 mg/dl BP: 130/80 mmHg
	Mr. Sheela	70 yrs	Fatigue leg pain DM	Tab. Rantac T. Metformin	CRBS: 27 mg/dl BP: 130/60 mmHg
	Mrs. Manishangam	72 yrs	DM	Tab. Metformin	CRBS: 251 mg/dl BP: 100/70 mmHg
	Mr. Salerna	64 yrs	HTN	T. telmiractin	CRBS: 126 mg/dl BP: 160/90 mmHg



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DATE	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
18/7/22	Mr. Thomas	67	Menstr. illness	BP, RBS	BP, RBS
	Mr. Nunu	46	Hypertension	T. capilet T. Ecosprin T. Metformin	BP - 140/80 RBS - 147
	Mr. Kochumman	40	COPD Hypertension	T. Beriphylline T. Telmisartan	BP - 130/60 RBS - 120
	Mr. Suresh	60y	menstr. illness	T. metformin	RBS - 173 BP - 140/60
	Mr. Vayalak	48	menstr. illness	T. metformin	RBS - 253 BP - 130/70
	Mr. Thomas	50y	menstr. illness	T. Lithium 300mg	BP - 120/80 RBS - 132
	Mr. Binodh	64y	menstr. illness DM	T. TMD mg T. metformin	BP : 110/70 GRBS - 150
	Mrs. Joshy	70y	menstr. illness	T. TP 2mg T. paraf	BP - 140/80 RBS - 186
	Mrs. Linto	31y	menstr. illness T DM	T. metformin Amlipren	BP - 130/60 GRBS - 139mg/dl
	Mrs. Sathya	40y	DM / HTN	T. Aml	GRBS - 143mg/dl BP - 140/60
	Mrs. Thomas Male	60y	menstr. illness T DM	Tab. metformin	BP - 150/60 RBS - 166



DATE	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
21/7/22	Ms. Joseph	61y	Ca Lung	Tab. Tapcal 50mg sos Tab. pantorid 100	Bp - 130/70 GRBS - 114
	Ms. Sunny	58y	Electro Shock Hemiplegia	Bp, GRBS physiotherapy	Bp - 120/70 GRBS - 104
	Ms. Johny	70y	mentally ill	Advised to increase intake of fluid. provided psycholo- gical support for work.	Bp - 130/60 GRBS - 118
	Ms. Johnson	64y	kidney failure	Advice to avoid foods from cur- ide. Advice for consultant doctor	Bp - 130/70 GRBS - 112
	Ms. Pushpa	72y	physical disability	Advised for small exercises & Hygiene	Bp - 90/60 GRBS - 108



DATE	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
28/1/22	Mrs. Mani	55yrs	Hypertension	T. Clopilot T. Ecospirin	Bp: 130/80 GRBS: 114
	Mrs. Madhavi	60yrs	Mental illness Hypertension	T. metformin	Bp: 150/100 GRBS: 112
	Rooma	58yrs	Mental illness	Advised to Increase the intake of fluids Provided psycho logical support	Bp: 100/70 GRBS: 110
	Mrs. Leela Joseph	62yrs	Mental illness	T. metformin	Bp: 110/60 GRBS: 158
	Seline	48yrs	DM	T. Metformin	Bp: 140/60 GRBS: 150
	Sheela	50yrs	Mental illness	Advised to Increase the intake of fluids. pro vided psycho logical support	Bp: 100/70 GRBS: 117
	Tiji	54yrs	Hypertension	T. Clopilot T. Ecospirin	Bp: 120/80 GRBS: 102
	Leela	60yrs	DM	T. metformin	Bp: 120/70 GRBS: 158

4/8/22	Mrs. Maryamma	74yrs	DM, Back pain, General weakness	T. Ecospirin T. Clopilot	Bp: 130/70 GRBS: 126mg/dl
	Mrs. Vimala	80yrs	Gridness Back pain	T. Veri	Bp: 120/80 GRBS: 110mg/dl

DATE	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
3.	Mrs. Thresia L.R.	74yrs	Heartburn, DM Regurgitation	T. Metformin	Bp: 130/70mmHg GRBS: 120mg/dl
4.	Mrs. Thresia Agasthey	72yrs	HTN	T. Clopilot T. Captopril	Bp: 130/70mmHg GRBS: 90mg/dl
5.	Mrs. Alice	70yrs	COPD	T. Doxiphillin	Bp: 120/80mmHg GRBS: 112mg/dl
6.	Mrs. Menkanoni	80yrs	HTN	T. Captopril T. Metformin	Bp: 100/70mmHg GRBS: 130mg/dl
1.	Mrs. Madhavi	60yrs	Mental illness Hypertension	T. metformin	Bp: 140/70 GRBS: 110
2.	Mrs. Saleena Paul	48yrs	DM	T. metformin	Bp: 140/90 GRBS: 152
3.	Rooma	58yrs	Mental illness Provided Psychological support		Bp: 100/80 GRBS: 120
4.	Mrs. Leela	60yrs	DM	T. metformin	Bp: 110/80 GRBS: 160
5.	Mrs. Leela K.V	62yrs	mental illness	T. metformin	Bp: 120/80



Sl. no.	Name	Age	Diagnosis	Treatment	procedure
6.	Mrs. Mari	55 years	hypertension	T. Enalapril	BP - 130/80 GRBS - 120
1.	Mrs. Mary	60 year	Mental illness	provided psychological support	BP - 130/80 GRBS - 150
2.	Mrs. Mercy	62 yr	Hypertension DM	T. Enalapril T. Glipizide	BP - 140/70 GRBS - 201
3.	Mrs. Sudha	70 yr	COPD	T. Desipyllin	BP - 120/70 GRBS - 141
4.	Mrs. Theessamma	74 yr	Mental illness DM	psychological support T. Metformin	BP - 130/70 GRBS - 204
5.	Mrs. Leelamma	78 yr	cough	Syrup. Ascoril	BP - 120/80 GRBS - 110
6.	Mrs. Thankamari	80 yr	COPD DM	T. Desipyllin T. Metformin	BP - 140/70 GRBS - 240
1.	Mrs. Madhavi	60 yrs	Mental illness Hypertension	T. Metformin	BP = 130/80 GRBS - 191
2.	Mr. Thomas	67 years	Mental illness	BP, RBS	BP, RBS
3.	Mr. Sameesh	60 yrs	Mental illness	T. Metformin	BP = 140/80 GRBS = 210
4.	Mr. Shaji	54 yrs	Mental illness	T. Metformin	BP = 120/80 GRBS = 179

Sl. no.	Name	Age	Diagnosis	Treatment	procedure
5.	Mr. Binresh	64 yrs	Mental illness DM	T. Temping T. metformin	Bp = 110/60 GRBS = 282
6.	Mr. Lento	31 yrs	DM	T. metformin	Bp = 120/60 GRBS = 217
X					
ADATT (HOME VISIT)					
3/11/2022	Name	Age	Diagnosis	Treatment	procedure
1.	Mrs. Sosa	73 yrs	Bronchial asthma, Hypertension	syp. ascoril T. munece T. Desipyllin T. Metoprolol T. Amlol	Bp: 140/70 mmHg GRBS: 197 mg/dl
2.	Mrs. Rosy	53 yrs	Hyperlipidemia Arthritis Hypertension	T. Losartan T. Atorva T. Rantae T. Iqver	Bp: 150/80 mmHg GRBS: 110 mg/dl
3.	Mrs. Thracia	72 yrs	Hypertension	T. soribidate T. Enalapril T. Telma T. Amlol T. Rantae	Bp: 110/70 mmHg GRBS: 140 mg/dl
4.	Mrs. Rugmani	75 yrs	Bronchial asthma, Hypertension, muscle cramps	T. Desipyllin T. Amlol dulogel T. omez	Bp: 120/70 mmHg GRBS: 189 mg/dl
5.	Mrs. Alice	59 yrs	COPD	T. Desipyllin T. Cefixim T. VC	Bp: 130/70 mmHg GRBS: 215 mg/dl
6.	Mrs. Thracia	94 yrs	Hypertension CAD, Muscle pain	T. Amlol T. Clopid	Bp: 120/70 mmHg



AMALA COLLEGE OF NURSING

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NATIONAL READING DAY: JUNE 19, 2022

Every year, June 19 is celebrated as the National Reading Day in honor of Puthuvayil Narayana Panicker (P. N. Panickar), who is considered the Father of the Library and Literary Movement in Kerala. On this occasion, the college union of Amala College of Nursing, in collaboration with the literary club, celebrated Reading Day by organizing a reading week celebration for the entire week. Two master programs were organized. Namely:

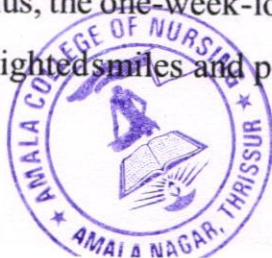
1. PIN IT HERE.
2. GOOD LUCK, AND SHARE YOUR BOOK

The first one was PIN IT HERE, where the students can share their favorite books, quote suggestions, and all the reading-related things they would like to share. By the end of the week, the board was packed with wonderful books, meaningful thoughts, and zestful experiences.

Secondly GOOD LUCK, AND SHARE YOUR BOOK was conducted during the morning assembly, where a lot is drawn and lucky students have to share about their favorite books. Two lucky students were selected each day, and those lucky ones were: Anagha P. V., Divina Sibi, Hiba Fathima K. S., Anjana K. B., Gillumol Shiji, Aleena, Meelin Shaju, Megha Jayaraj, Jeslin K. J., Sandra Rose Sebastian, Snese Augustin, and Sonamol Joseph. They did a great job sharing their experiences with their favorite books.

Marking the end of "reading week celebrations" Sr. Litha Lizbeth, Vice Principal of Amala College of Nursing, delineated about the book she is currently reading, 'Oru Theruvinte Kadha: S.K. Pottekkatt' She narrated the story and pinned it with a quote saying, "Everyone is beautiful in their heart." The circumstances are the ones that make the person the worst or the best."

Thus, the one-week-long "Reading Day Celebrations of 2022" were wrapped up with delighted smiles and pinned-up quotes




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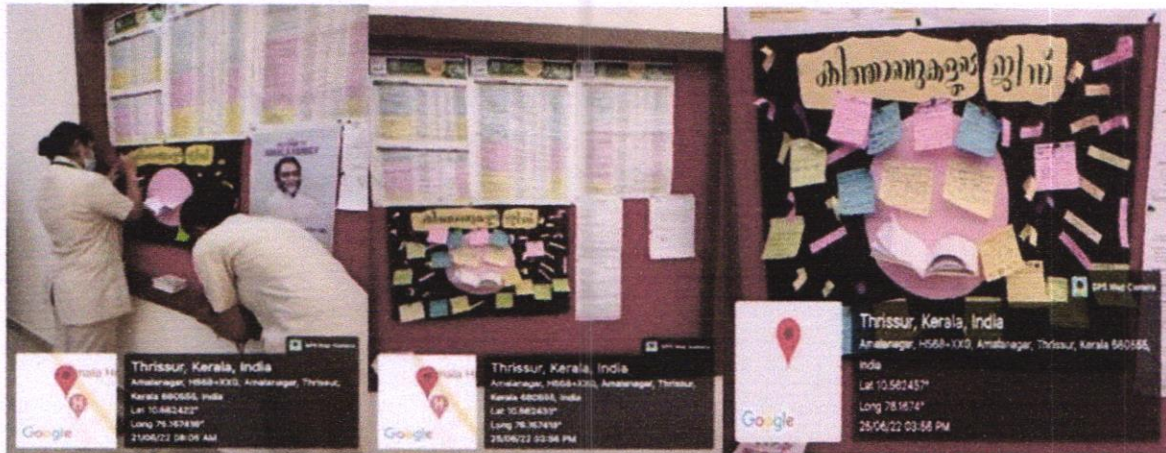


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PHOTOGRAPHS



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NATIONAL UNITY DAY-RASTRIYA EKTHA DIWAS

PHOTOGRAPHS

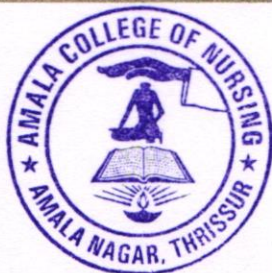


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NATIONAL UNITY DAY-RASTRIYA EKTHA DIWAS

As a part of Rastriya Ektha Diwas, NSS Volunteers of Amala College of Nursing organized a unity run on 31st October 2022 in the morning. This day was celebrated to mark the 147th birth anniversary of Dr. Sardar Vallabhbhai Patel who had a major role in political integration of India. The main goal of this programme was to make the students aware of the ideas of staying together and uplifting society. They conducted awareness talk on the importance of the day and was followed by a pledge taking ceremony by the principal Dr. Rajee Reghunath.



Rajee

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VAYOJANA SANGAMAM - THANNAL

Amala college of Nursing in collaboration with Community Health Nursing and Mental Health Nursing organised 'VAYOJANA SANGAMAM -THANNAL' on 11-08-2022 from 10.00 am-1.00pm at Mareena Home chowannur.

The programme begins with the prayer song, and Ms.Sandhra Benny welcomed the gathering. The programme was inaugurated by Rev.sr.Nivya and she introduced the members and also the in charge of the institution explained about the functioning of the institution.

In the home, there were a total of 30 members, and they were very happy with good co-existence. The third year BSc nursing students provided the health awareness class. The major topics were sleep hygiene, mental wellness, healthy diet, personal hygiene. The session was very much interesting with the wide interaction of residents.

Thereafter fourth year bsc nursing students demonstrated muscle strengthening exercises and the residents joined in the exercises. There were also group dances and songs, residents enjoyed it very well. The programme was concluded at 1.00pm and the vote of thanks was given by Ms .Antreeza ,third year bsc nursing student.

Overall, the programme was well conducted and all enjoyed very well.




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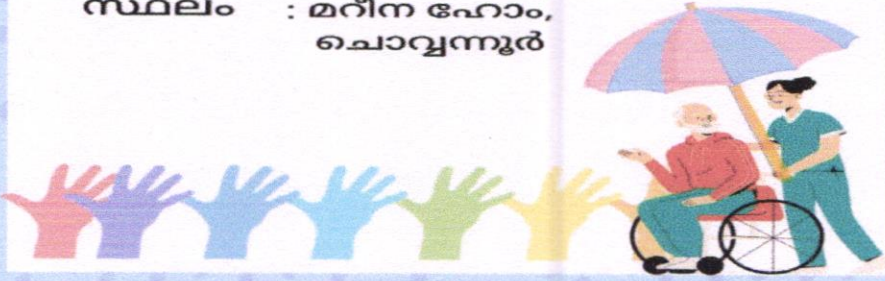
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അമല കോളേജ് ഓഫ് നഴ്സിംഗ്
കമ്മ്യൂണിറ്റി ഹെൽത്ത് നഴ്സിംഗ്,
മെന്റൽ ഹെൽത്ത് നഴ്സിംഗ്
ഡിപ്പാർട്ട്മെന്റുകൾ സംയുക്തമായി
നടത്തുന്ന
വയോജന സംഗമം
തണൽ

തീയതി : 11.08.2022
സമയം : രാവിലെ 10 മുതൽ -
ഉച്ചയ്ക്ക് 1 മണി വരെ
സ്ഥലം : മറീന ഹോം,
ചൊവ്വന്നൂർ




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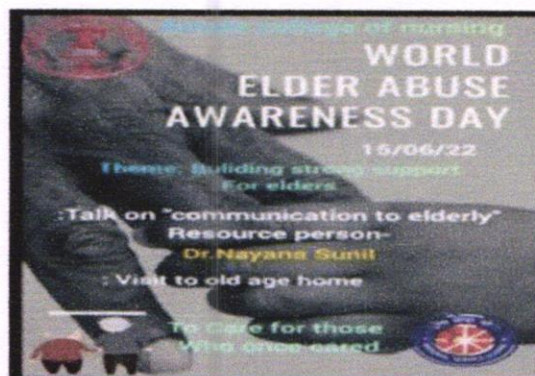
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TALK ON ELDER ABUSE DAY

The Talk on Elder Abuse Day at Amala College of Nursing in 2022 was a valuable and enlightening event that raised awareness about the issue of elder abuse and provided attendees with practical knowledge and resources to combat it. The event underscored the importance of protecting the rights and dignity of older adults and emphasized the role of the community in preventing and addressing elder abuse. On World Elder Abuse Awareness Day, the NSS Unit has organized a talk on communication with the elderly. The resource person was Doctor Nayana Sunil, who is an assistant professor at Amala Institute of Medical Science. The talk was arranged for 3rd-year BSc nursing students. It was conducted on June 15th, and 22 students actively participated in the program. The student has also planned to conduct a visit to the elderly in the coming days.



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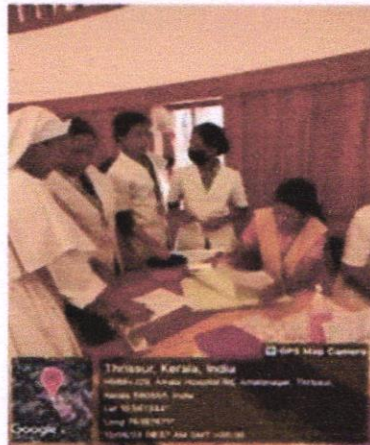
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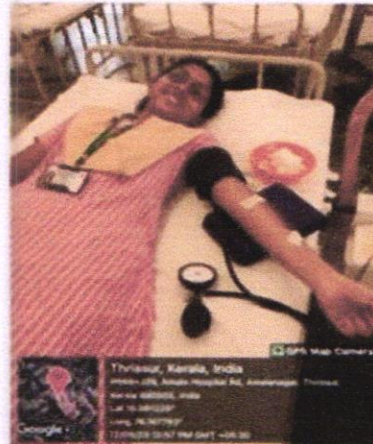
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(Certificate No. 18-16/2893-JNC)

REPORT ON THE BLOOD DONATION CAMP

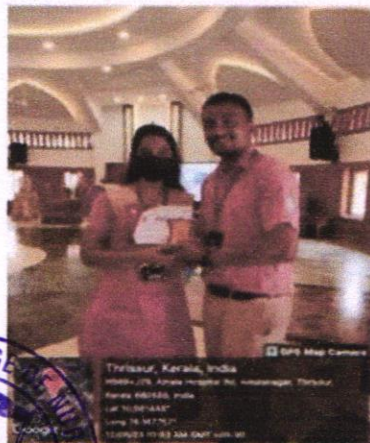
On May 12 2023 , a blood donation campaign was held in the Amala Medical College Chapel in remembrance of Fr. Gabriel Chiramel CMI and International Nurses Day. The event was inaugurated by Fr. Shiju, Vicar of St. Joseph Church Amalanagar. The event, which began at 8 a.m. and ended at 3 p.m., was organized by the Amala Blood Bank unit and BSC nursing 3rd year students. There were 90 blood donors, and they were the nurses and students of Amala Hospital. Through this campaign, we are glad to be a part of International Nurses Day and hope for more future services.



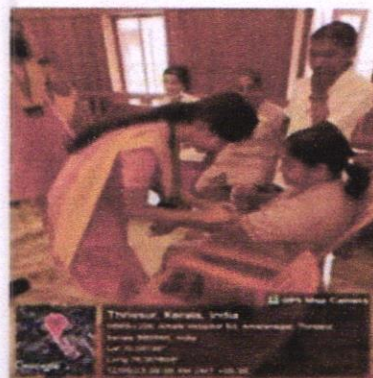
REGISTRATION



BLOOD DONATING



CERTIFICATE RECEIVING



AFTER CARE



19/05

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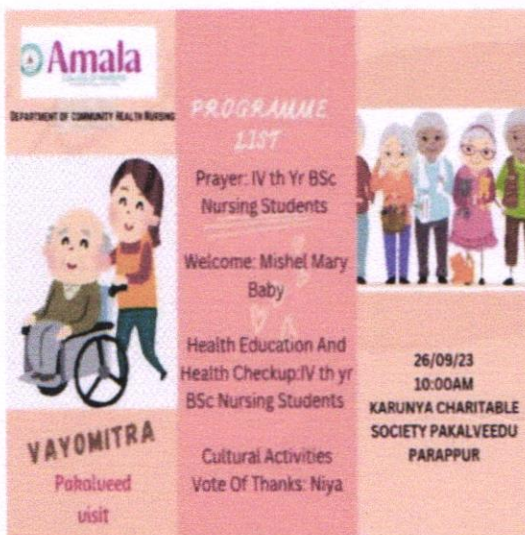
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REPORT ON VAYOMITRA

The Community Health Department conducted health education and health checkups for old people on September 26, 2023, at Karunnya Charitable Society Pakal Veedu, Parappoor. The health checkup identified a few residents with minor health concerns and gave them education on management regarding minor ailments. It not only provided emotional support and companionship to the elderly but also raised awareness about their needs and challenges. This visit underlines the importance of community engagement and demonstrates our commitment to the well-being of the elderly. We intend to continue such visits and expand our support in the future.



[Signature]

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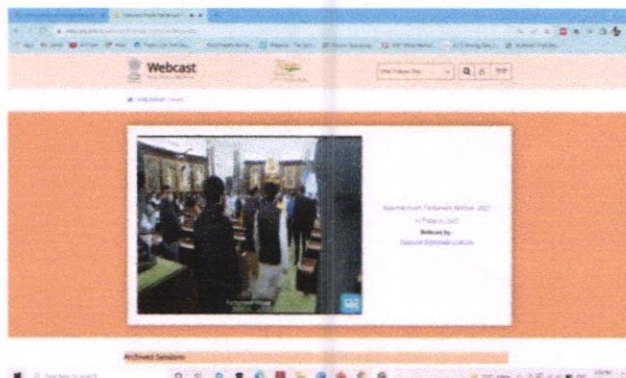
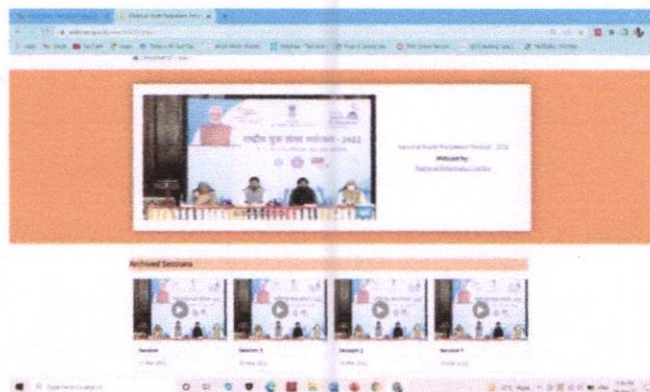
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National youth parliament festival 2022

The National Youth Parliament Festival 2022 was a resounding success in promoting democratic values, youth engagement, and civic awareness. It provided a platform for young leaders to voice their opinions, discuss critical issues, and learn about the functioning of the parliamentary system. The festival not only empowered the participants but also demonstrated the importance of involving youth in shaping the future of the nation. Students participated in the National Youth Parliament Festival 2020 through a webcast. As per the instruction from NSS cell central, students watched the video program on March 11, 2022.

Screen shots of the webcast



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