



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING

## AQAR (2022-2023)



### CRITERION 1 – CURRICULAR ASPECTS

#### Key Indicator 1.3– Curriculum Enrichment

**Metric No. 1.3.2- Number of value-added courses offered during the year that impart transferable and life skills**

**SUBMITTED TO**



**National Assessment and Accreditation Council**



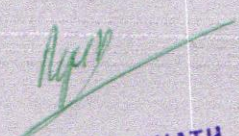
# **SYLLABUS**

## **NURSING ATTITUDE DEVELOPMENT PROGRAMME**



**AMALA COLLEGE OF NURSING**  
**AMALA NAGAR, THRISSUR - 680555**

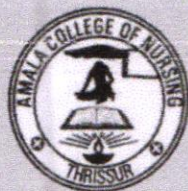


  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



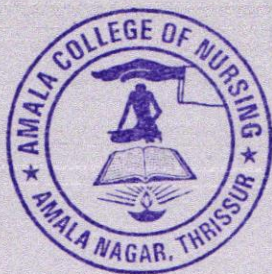
# AMALA COLLEGE OF NURSING

AMALA NAGAR P. O, THRISSUR - 680555



## PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS is a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers an MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.



*Legno*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



## CONTENT

Sl. No.	Content	Page No
1	Course Description	4
2	Aims and Objectives	5
3	Course Outline	6 - 7
4	Methods of Teaching and Evaluation, Credentialing	7
5	References	8



*Rgaur*

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



**Placement: First year B.Sc. Nursing**

**Title : Nursing Attitude Development Programme**

**Course code : VAC 001**

**COURSE DESCRIPTION:**

The nursing field can be defined one of the noble profession in the world. A teenager who is planning to pursue his/her higher study in nursing should need some kind of passion and dedication. In order to inculcate the social commitment and passion towards this profession we arranged nursing attitude development programme for 1<sup>st</sup> year B.Sc. Nursing students.

The course is scheduled over three days and will be organized as part of induction programme of 1<sup>st</sup> B.Sc. Nursing students.



*dgan*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



## **AIMS AND OBJECTIVES:**

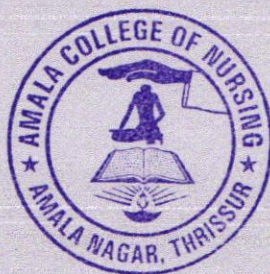
### **AIMS**

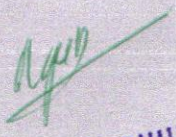
The aim of this programme is to guide student nurses to identify and inculcate professional values and to help them become more oriented and mutually fulfilling in their personal, professional and social life.

### **OBJECTIVES:**

This programme is intended to

- To facilitate the development of a holistic perspective among students toward s life and profession as well as towards happiness and prosperity based on a correct understanding of the human reality and the rest of existence.
- To highlight plausible implications of such a holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behaviour and mutually enriching interaction with nature.

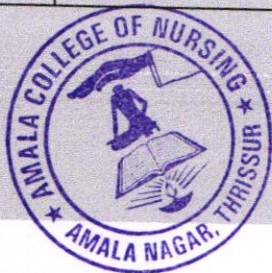


  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



## COURSE OUTLINE:

Sl. No.	Learning objective	content	Teaching learning activity
1	To explain the importance of values in everyday life	<b>Introduction to values</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Aims and objectives of value education</li> <li>• Role and need for value education in contemporary society</li> <li>• Role of education in transformation of values in society</li> <li>• Role of parents, teachers, society, peer group and mass media in fostering values.</li> </ul>	Lecture cum discussion
2	To foster basic human values in all students	<b>Professional values</b> <ul style="list-style-type: none"> <li>• Knowledge thirst</li> <li>• sincerity in profession</li> <li>• regularity and punctuality</li> </ul>	Lecture cum discussion
3	to imbibe self-discipline and etiquettes in student nurses	<b>Discipline and etiquettes</b> <ul style="list-style-type: none"> <li>• Need for sticking on to rules and regulations</li> <li>• Self-discipline; its importance – need in nursing</li> <li>• Class room etiquettes</li> <li>• Social etiquettes</li> <li>• Etiquettes in nursing</li> </ul>	Lecture cum discussion
4	To facilitate the development of professional ethics	Code of ethics and Professional conduct of nurses	Lecture cum discussion
5	To associate spirituality with nursing	<b>Spirituality in health care</b> <ul style="list-style-type: none"> <li>• Nurse and spirituality</li> <li>• Mutual fulfilment</li> <li>• Meeting challenges of young nurses</li> <li>• Healing touch and silence-useful tools</li> </ul>	Lecture cum discussion



Prof. Dr. RAJEE REGHUNATH  
 PRINCIPAL  
 AMALA COLLEGE OF NURSING  
 AMALA NAGAR P.O., THIRISSUR-680 555



6	To improve communication skill among student nurses	<b>Communication</b> <ul style="list-style-type: none"> <li>• Professional communication</li> <li>• Maintaining effective human relations</li> </ul>	Lecture cum discussion
7	To inculcate the essence of team work	IPR and group dynamics	Role play Group activity Lecture cum discussion

### **METHODS OF TEACHING:**

The core module for Nursing Attitude Development Programme includes classroom teaching, discussion, group activity, role play. All the essential skills will be demonstrated to the students and practice sessions will be arranged.

### **METHOD OF EVALUATION:**

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 objective type questions carrying 50 marks.

### **CREDENTIALING:**

Students who take up the entire contact hours and acquiring 50% marks in the assessment will be awarded with one credit.



*14/09*  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



## REFERENCES:

1. Potter, P., Perry, A. G., Stockert, P., Hall, A. (2019). Canadian fundamentals of nursing (6th ed., Astle, B. J., & Duggleby, W. Eds.). Elsevier Canada.
2. Kozier & Erb's fundamentals of nursing: Concepts , process, and practice (8th ed.). Upper Saddle River, N.J.: Pearson Prentice Hall.
3. E.F. Schumacher, 1973, Small is Beautiful: a study of economics as if people mattered, Blond & Briggs, Britain.
4. A.N. Tripathy, 2003, Human Values, New Age International Publishers.



*Agave*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



# AMALA COLLEGE OF NURSING


## VISION

To establish a Center of Excellence providing value- added education that combines effective teaching focused academic exposure and productive research with the aim of training healthcare personnel with professionalism and spirit of love and service as their hallmarks.

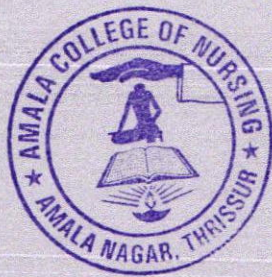
## MISSION

We constantly seek to recruit brilliant staff and provide state-of-the art infrastructure in an Eco-friendly ambience with a view to challenging the students to become forward-looking dedicated graduate nurses imbued with compassionate love towards all, especially the poor and the marginalized.



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555





*Rajee*

**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555