



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING

## AQAR (2022-2023)



### CRITERION 1 – CURRICULAR ASPECTS

#### Key Indicator 1.3– Curriculum Enrichment

**Metric No. 1.3.2- Number of value-added courses offered during the year that impart transferable and life skills**

**SUBMITTED TO**

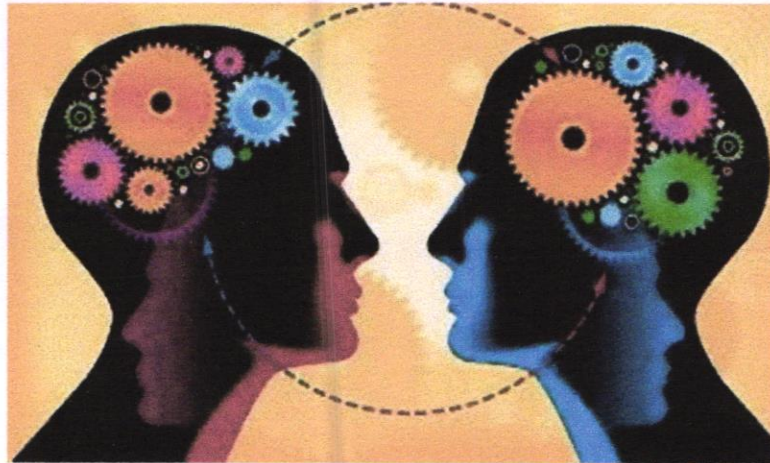


**National Assessment and Accreditation Council**

**VALUE ADDED COURSE ON  
EVIDENCE BASED PRACTICE**

# SYLLABUS

## EVIDENCE BASED PRACTICE



**AMALA COLLEGE OF NURSING**  
**AMALA NAGAR, THRISSUR - 680555**



*Regun*  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



# AMALA COLLEGE OF NURSING

AMALA NAGAR P. O, THRISSUR - 680555



## PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS is a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers an MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.



*1991*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

## CONTENT

Sl. No.	Content	Page No
1	Course Description	4
2	Aims and Objectives	5
3	Course Outline	6
4	Methods of Teaching and Evaluation, Credentialing	6-7
5	References	8



*Regu*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THIRISSUR-680 555



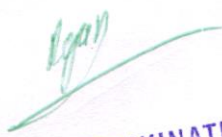
## **Placement: First year and Second Year M.Sc. Nursing**

*Theory : 15 hours*

### **COURSE DESCRIPTION:**

This course is designed to teach evidence-based practice (EBP) skills that will enable to conduct extensive evaluations of existing literature to improve patient care. The program provides a comprehensive overview of EBP, and the components essential for implementation of EBP in a clinical setting. It is designed to focus on skills needed to critically evaluate information available from research findings and professional consensus statements. During the course, each inter-professional team will develop a guideline and accompanying clinical decision support tool to support implementation



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

## **AIMS AND OBJECTIVES:**

### **AIMS**


The purpose of this programme provide an overview of the importance, process and implementation of EBP to enhance nursing practice, improve patient outcomes and overall quality of health care system

### **OBJECTIVES:**

At the completion of this course, learner will be able to

1. Define EBP
2. Formulate a clinical question relevant to area of practice
3. Discuss importance of ROL
4. Discuss importance of EBP in improving patient outcomes
5. Analyze and critique an article



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555




### COURSE OUTLINE:

No.	Course Content	Hours	Teaching learning activity	Resource Person
1	Overview of EBP,	2	Lecture, PBL	Dr. Ambika .C
2	importance and practicality Of EBP	2	Lecture	Mrs.Linda Varghese
3	Identifying and formulating research questions	2	Exercise Interactive sessions	Mrs. Lakshmi.G
4	Sources of ROL	2	Lecture	Mrs. Lakshmi.G
5	Analyzing and deriving evidences	2	Lecture ,PBL	Dr. Ambika .C
6	Critical analysis of Journals and articles	2	Journal critiquing sessions	Mrs.Linda Varghese
7	Utilizing research finding Improving pt outcome through EBP	3	PBL Lecture	Mrs.Linda Varghese

### METHODS OF TEACHING:

The course module is delivered utilizing strategies like PBL, practice sessions, interactive sessions and journal critiquing sessions



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



## AMALA COLLEGE OF NURSING

### VISION

To establish a Center of Excellence providing value- added education that combines effective teaching, focused academic exposure, and productive research with the aim of training healthcare personnel with professionalism and spirit of love and service as their hallmarks.

### MISSION

We constantly seek to recruit brilliant staff and provide state-of-the art infrastructure in an Eco-friendly ambience with a view to challenging the students to become forward-looking dedicated graduate nurses imbued with compassionate love towards all, especially the poor and the marginalized.



*14/11*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

## References \*:

- Burns.N. and Susan K Grove. Understanding Nursing Research building and evidence based practice., WB Saunders, St. Luis .
- Polit, D.F. and C T Beck. Nursing Research Generating and Assisting evidence for Nursing practice WolterKluwer, New Delhi
- Wood, G.L. and Haber J. Nursing Research methods and critical appraisal for evidence based practice.Elsevier.
- C R Kothari. Research Methodology Methods and Techniques. New Age Publishers, New Delhi
- Sunder Rao. P.S.S. Jesudian, G. and Richard, J. An introduction to Biostatistics a manual for students inhealth sciences.
- Rose A Utely. Theory and Research for Academy Nurse Educators Application to Practice, Jones and Bartlett Publishers.Boston
- Nola A.Schmidt, Janet M Brown. Evidence Based Practice for Nurses Appraisal and Application of Research, Jones and Bartlett Publishers, New Delhi.
- Marylynn J Wood, Jannet C Ross Kerr. Basic Steps in Planning Nursing Research from question to Proposal, Jones and Bartlett Publishers, New Delhi.
- Mahajan. Methods in Biostatistics. Jaypee Brothers
- National and international journals in nursing practice, nursing education, nursing research



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THIRUVANANTHAPURAM-680 555


## SCHEDULE OF CLASSESS



## TEACHING SCHEDULE

DATE	TOPIC	RESOURCE PERSON
07.03.2023	Overview of EBP	Dr. Ambika .C
	Importance and practicality of EBP	Mrs.Linda Varghese
09.03.2023	Identifying and formulating research questions	Mrs. Lakshmi.G
	Sources of ROL	Mrs.Linda Varghese
	Analyzing and deriving evidences	Dr. Ambika .C
10.09.2023	Critical analysis of Journals and articles	Mrs.Linda Varghese
	Utilizing research finding Improving pt outcome through EBP	Mrs. Lakshmi.G



  
**Prof. Dr. RAJEE REGHUNATH**  
 PRINCIPAL  
 AMALA COLLEGE OF NURSING  
 AMALA NAGAR P.O., THRISSUR-680 555

**BROCHURE OF VALUE ADDED  
COURSES -EBP**





# Amala



COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

## VALUE ADDED COURSE

# EVIDENCE BASED PRACTICE

## EXPERT SPEAKERS

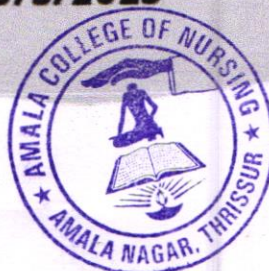
1. *Dr. Ambika.C (H.O.D, Mental Health Nursing, Amala College Of Nursing)*
2. *Ms. Lakhmi.G (H.O.D, Medical Surgical Nursing, Amala College Of Nursing)*
3. *Ms. Linda Varghese (Associate Professor, OBG Nursing, Amala College Of Nursing)*

## TARGET GROUP

*MSC.Nursing Students*

**VENUE: MSC.NURSING  
CLASSROOM ||**

**DATE: 7/3/2023-  
10/3/2023**



*Regen*  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555





# Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council  
(Certificate No. 18-16/2893-INC)

## ENROLLMENT LIST

This is to certify that the following are bonafide students of Amala college of nursing Thrissur and were enrolled value added course on EBP from 07.03.2023-10.3.2023

SL NO	NAME OF STUDENTS
1	LINDA JOY
2	SHEENA JOHN
3	ARCHANA JAYAKUMAR



  
Principal

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

# ATTENDANCE



