



AMALA COLLEGE OF NURSING AQAR (2022-2023)



CRITERION 1 – CURRICULAR ASPECTS

Key Indicator 1.3– Curriculum Enrichment

Metric No. 1.3.2- Number of value-added courses offered during the year that impart transferable and life skills

SUBMITTED TO



National Assessment and Accreditation Council

Nursing Attitude Development Programme

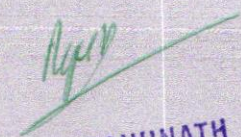
SYLLABUS

NURSING ATTITUDE DEVELOPMENT PROGRAMME



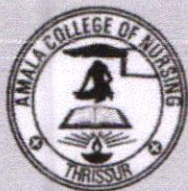
AMALA COLLEGE OF NURSING
AMALA NAGAR, THRISSUR - 680555




Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

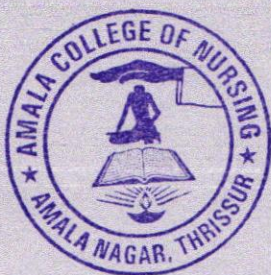
AMALA COLLEGE OF NURSING

AMALA NAGAR P. O, THRISSUR - 680555



PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS is a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers an MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.



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Placement: First year B.Sc. Nursing

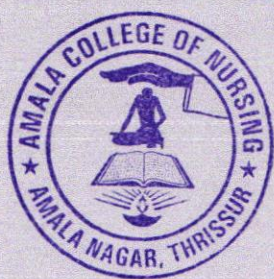
Title : Nursing Attitude Development Programme

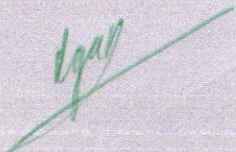
Course code : VAC 001

COURSE DESCRIPTION:

The nursing field can be defined one of the noble profession in the world. A teenager who is planning to pursue his/her higher study in nursing should need some kind of passion and dedication. In order to inculcate the social commitment and passion towards this profession we arranged nursing attitude development programme for 1st year B.Sc. Nursing students.

The course is scheduled over three days and will be organized as part of induction programme of 1st B.Sc. Nursing students.




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AIMS AND OBJECTIVES:

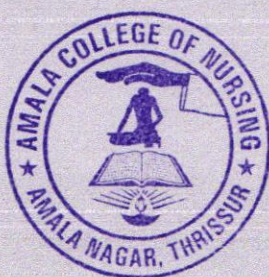
AIMS

The aim of this programme is to guide student nurses to identify and inculcate professional values and to help them become more oriented and mutually fulfilling in their personal, professional and social life.

OBJECTIVES:

This programme is intended to

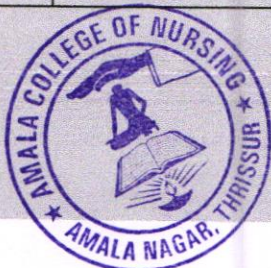
- To facilitate the development of a holistic perspective among students toward s life and profession as well as towards happiness and prosperity based on a correct understanding of the human reality and the rest of existence.
- To highlight plausible implications of such a holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behaviour and mutually enriching interaction with nature.



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COURSE OUTLINE:

Sl. No.	Learning objective	content	Teaching learning activity
1	To explain the importance of values in everyday life	Introduction to values • Definition • Aims and objectives of value education • Role and need for value education in contemporary society • Role of education in transformation of values in society • Role of parents, teachers, society, peer group and mass media in fostering values.	Lecture cum discussion
2	To foster basic human values in all students	Professional values • Knowledge thirst • sincerity in profession • regularity and punctuality	Lecture cum discussion
3	to imbibe self-discipline and etiquettes in student nurses	Discipline and etiquettes • Need for sticking on to rules and regulations • Self-discipline; its importance – need in nursing • Class room etiquettes • Social etiquettes • Etiquettes in nursing	Lecture cum discussion
4	To facilitate the development of professional ethics	Code of ethics and Professional conduct of nurses	Lecture cum discussion
5	To associate spirituality with nursing	Spirituality in health care • Nurse and spirituality • Mutual fulfilment • Meeting challenges of young nurses • Healing touch and silence-useful tools	Lecture cum discussion




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6	To improve communication skill among student nurses	Communication • Professional communication • Maintaining effective human relations	Lecture cum discussion
7	To inculcate the essence of team work	IPR and group dynamics	Role play Group activity Lecture cum discussion

METHODS OF TEACHING:

The core module for Nursing Attitude Development Programme

includes classroom teaching, discussion, group activity, role play. All the essential skills will be demonstrated to the students and practice sessions will be arranged.

METHOD OF EVALUATION:

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 objective type questions carrying 50 marks.

CREDENTIALING:

Students who take up the entire contact hours and acquiring 50% marks in the assessment will be awarded with one credit.



19/08
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REFERENCES:

1. Potter, P., Perry, A. G., Stockert, P., Hall, A. (2019). Canadian fundamentals of nursing (6th ed., Astle, B. J., & Duggleby, W. Eds.). Elsevier Canada.
2. Kozier & Erb's fundamentals of nursing: Concepts , process, and practice (8th ed.). Upper Saddle River, N.J.: Pearson Prentice Hall.
3. E.F. Schumacher, 1973, Small is Beautiful: a study of economics as if people mattered, Blond & Briggs, Britain.
4. A.N. Tripathy, 2003, Human Values, New Age International Publishers.



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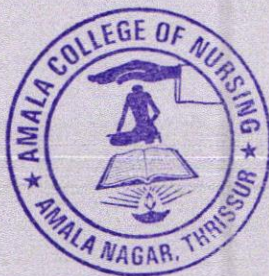
AMALA COLLEGE OF NURSING

VISION

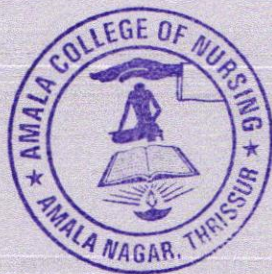
To establish a Center of Excellence providing value- added education that combines effective teaching focused academic exposure and productive research with the aim of training healthcare personnel with professionalism and spirit of love and service as their hallmarks.

MISSION

We constantly seek to recruit brilliant staff and provide state-of-the art infrastructure in an Eco-friendly ambience with a view to challenging the students to become forward-looking dedicated graduate nurses imbued with compassionate love towards all, especially the poor and the marginalized.



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AMALA NAGAR P.O., THRISSUR-680 555

**BROCHURE - NURSING ATTITUDE
DEVELOPMENT PROGRAMME**

AMALA COLLEGE OF NURSING, THRISSUR



DYUTI - Nursing Attitude Development Programme



30th November 2022 to 5th December 2022



8.00 a.m. to 4.00 p.m.



Amala Auditorium



Target Group :
B.Sc. Nursing
(2022 batch)

Our Expert Speakers

- Rev. Fr. Julious Arakkal CMI
- Rev. Fr. Francis Kurissery CMI
- Rev. Fr. Antony Mannummel CMI
- Rev. Fr. Deljo Puthoor CMI
- Rev. Fr. Jaison Mundanmanny CMI
- Rev. Fr. Shibu Puthenpurakkal CMI
- Rev. Fr. Antony Paramban CMI
- Rev. Fr. Antony Perincherry CMI
- Adv. Sebi Pulleli
- Prof. Dr. Rajee Reghunath
- Rev. Sr. Litha Lizbeth
- Prof. Lakshmi G.



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PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR PO., THRISSUR-680

SCHEDULE OF CLASSESS



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

SCHEDULE OF **DYUTI**- NURSING ATTITUDE DEVELOPMENT PROGRAMME - 2022 BATCH

SL.NO.	DATE	TOPIC	RESOURCE PERSON
1	30/11/22	Introduction to values	Fr. Francis Kurissery CMI
2		Basic human values and professional values	Fr. Julious Arakkal CMI
3	1/12/22	Group Dynamics	Adv. Sebi Pulleli
4		Discipline and etiquettes	Fr. Shibu Puthenpurckal CMI
5		Social values	Fr. Jaison Mundanmani CMI
6		Spirituality in health care	Fr. Antony Paramban CMI
7	3/12/22	Code of ethics	Dr. Rajee Reghunath
8		IPR	Sr. Litha Lizbath
9	5/12/22	Professional conduct for nurses	Fr. Antony Mannummel CMI
10		Self-discipline and meeting challenges in young nurses	Fr. Deljo Puthoor CMI
11		Communication	Mrs. Lakshmi G




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AMALA COLLEGE OF NURSING

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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

ENROLLMENT LIST

This is to certify that the following are bonafide students of Amala College of Nursing, Thrissur and were enrolled value added course on Dyuti – Nursing Attitude Development Programme from 30/11/2022 to 05/12/2022.

SL.NO.	NAME OF THE STUDENT
1	Agin Jeevan
2	Aiswarya Shaji
3	Akhila Benny
4	Aleena John
5	Amala Therese Saju
6	Ameeliya Mariya Anto
7	Anamika K B
8	Anaswara Makarapilly Shaju
9	Angel Maria Thomas
10	Anjana Sudarsanan
11	Anna Aloshtyas
12	Ann Mariya Davis
13	Anunandha Mohan
14	Aparna P
15	Arya M Arun
16	Ashwin Jose
17	Cinta Ann
18	Ciya Rose
19	Didhimos T P
20	Emil K P
21	Gangalakshmi Ranjan
22	Geethu Aloysius
23	Hanna Merin Baby
24	Helan Sabu A
25	Irene Jose
26	Jenifar Thadikkaran Gigo



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AMALA NAGAR P.O., THRISSUR-680 555

SL.NO.	NAME OF THE STUDENT
27	Justeena Yesudas
28	Lakshmi Nandana K
29	Lismerine K Sunny
30	Mariya M Joseph
31	Meble Baby
32	Nandana N S
33	Nikitha Rose A S
34	Raichal Saji
35	Rebecca Martin
36	Rose Antony
37	Sana P Jayan
38	Santo P T
39	Shaiha Ahammed Kutty
40	Shelby K Babu
41	Shima T S
42	Swara P S
43	Thasnim P S
44	Visna Varghese
45	Yatin Varghese Puthuran


Principal



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

ATTENDANCE

Student Attendance Register

AMALA
DYKfi- Nursing
development

Sl. No.	Roll. No.	NAME	DATE/DAYS	1	2	3	4	5
1	1	AGIN JEEVAN	P	P	P	P		P
2	2	AISWARYA SHAJI	P	P	P	P		P
3	3	AKHILA BENNY	P	P	P	P		P
4	4	ALEENA JOHN						P
5	5	AIFIN DAVIES						
6	6	AMALA THERESE SAJU	P	P	P	P		P
7	7	AMEELIYA MARIYA ANTO	P	P	P	P		P
8	8	ANAMIKA K B	P	P	P	P		P
9	9	ANASWARA MAKARAPILLY SHANU	P	P	P	P		P
10	10	ANGIEL MARIA THOMAS	P	P	P	P		P
11	11	ANJANA SUDARSHANAN	P	P	P	P		P
12	12	ANN MARIYA DAVIS	P	P	P	P		P
13	13	ANNA ALOSHYAS	P	P	P	P		P
14	14	ANUNANDHA MOHAN	P	P	P	P		P
15	15	APARNA P	P	P	P	P		P
16	16	AROMAL TS						
17	17	ARYA M ARUN	P	P	P	P		P
18	18	ASHWIN JOSE	P	P	P	P		P
19	19	CINTA ANN	P	P	P	P		P
20	20	CIYA ROSE		P	P	P		P
21	21	DIDHIMOS TP		P	P	P		P
22	22	EMIL K P		P	P	P		P
23	23	EVLIN GABU						
24	24	GIANGALAKSHMI RANJAN	P	P	P	P		P
25	25	GIEETHU ALOYSIUS	P	P	P	P		P
26		Signature of Staff						



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RAJEE REGHUNATH
PRINCIPAL
COLLEGE OF NURSING
P.O., THRISSUR-680 555

TOTAL NO OF HOURS 35 hours
(5 days x 7 hours)

Student Attendance Register

Sl. No.	Roll No.	NAME	DATE / DAYS	1	2	3	4	5	6
26	26	HANNA MERIN BABY	p	p	p	p		p	
27	27	HELAN SABU	p	p	p	p		p	
28	28	IRENE JOSE	p	p	p	p		p	
29	29	JENIFAR THADIKKARAN GIBIO	p	p	p	p		p	
30	30	JESTIN M.D							
31	31	JUSTEENA YESUDAS	p	p	p	p		A	
32	32	LAKSHMI NANDHANA K	p	p	p	p		p	
33	33	LISMERINE K SUNNY	p	p	p	p		p	
34	34	MARIYA M JOSEPH	p	p	p	p		p	
35	35	MEBLE BABY	p	p	p	p		p	
36	36	NANDANA N S						p	
37	37	NIKITHA ROSE A S	p	p	p	p		p	
38	38	RAICHAL SADI	p	p	p	p		p	
39	39	REBECCA MARTIN	p	p	p	p		p	
40	40	REEJAL JOSE							
41	41	ROSE ANTONY	p	p	p	p		p	
42	42	SANA P JAYAN	p	p	p	p		p	
43	43	SANTO P T	p	p	p	p		p	
44	44	SHAIHA AHAMMED LUTTY						p	
45	45	SHELBY K BABU	p	p	p	p		p	
46	46	SHIMA T S	p	p	p	p		p	
47	47	SWARA P S	p	p	p	p		p	
48	48	THASNIM P S	p	p	p	p		p	
49	49	VISNA VARGHESE	p	p	p	p		p	
50	50	YATIN VARGHESE PUTHURAN	p	p	p	p		p	
Signature of Staff									

TOTAL NO OF HOURS: 35 hours
(5 days x 7 hours)



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AMALA COLLEGE OF NURSING, THRISSUR



DYUTI - Nursing Attitude Development Programme



08/03/2022 to 11/03/2022

8.00 a.m. to 4.00 p.m.



Auditorium

Target Group : B.Sc. Nursing (2021 batch)

OUR EXPERT SPEAKERS

- Rev. Fr. Julious Arakkal CMI
- Rev. Fr. Francis Kurissery CMI
- Rev. Fr. Deljo Puthoor CMI
- Rev. Fr. Shibu Puthenpurakkal CMI
- Rev. Fr. Jaison Mundanmanny CMI
- Rev. Fr. Antony Mannummel CMI
- Rev. Fr. Antony Paramban CMI
- Adu. Sebi Pulleli
- Prof. Dr. Rajee Reghunath
- Rev. Sr. Litha Lizbeth
- Mrs. Lakshmi G




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AMALA NAGAR P.O., THRISSUR-680 555

SCHEDULE OF CLASSESS



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SCHEDULE OF DYUTI

NURSING ATTITUDE DEVELOPMENT PROGRAMME-2021 BATCH

SL.NO.	DATE	TOPIC	RESOURCE PERSON
1	8/3/22	Introduction to values	Fr. Francis Kurissery CMI
2		Basic human values and professional values	Fr. Julious Arackal CMI
3	9/3/22	Group Dynamics	Adv. Sebi Pulleli
4		Discipline and etiquettes	Fr. Shibu Puthenpurckal CMI
5		Spirituality in health care	Fr. Antoney Paramban CMI
6	10/3/22	Self-discipline and meeting challenges in young nurses	Fr. Deljo Puthoor CMI
7		Social values	Fr. Jaison Mundanmani CMI
8		Communication	Mrs. Lakshmi G
9	11/3/22	Code of ethics	Dr. Rajee Reghunath
10		IPR	Sr.Litha Lizbath
11		Professional conduct for nurses	Fr. Antony Mannummel CMI




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Sl. No.	Name of the Student
1	Abin Babu
2	Amal Biju
3	Angela Dickson
4	Anjana V. P
5	Anju Bobby
6	Anju Kunjumon
7	Ann Mary V. R
8	Anne Mariya Augustian
9	Ansal Elizabeth Kuriakose
10	Anu Anto
11	Arathi P
12	Ayana Baby
13	Ayona Thomas
14	Blessymol Thomas
15	Dany Paul
16	Della Toms
17	Devika K Dileepkumar
18	Dharsana Shaji
19	Diya Rose Colines
20	Elna A. S
21	Emil Martin
22	Esther Biju
23	Febina A
24	Feleena Lukose
25	Femi Sebastian

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AMALA NAGAR P.O., THRISSUR-680 555

P. T. O



Sl. No.	Name of the Student
26	Gopika M. K
27	Harsha P Jiji
28	Hridhya Vinod
29	Jesmi Jose
30	Kalpa S
31	Kavya Nath
32	Krishnapriya C. S
33	Lakshmi P. S
34	Liya Reji
35	Mahima Johncy
36	Mariya Christy E. F
37	Mariya Thomas
38	Mohammed Farzeen P
39	Neethu Benny
40	Neha Nigi Ollukkaran
41	Nimisha P
42	Nirosh M. J
43	Niya Mariya Varghese
44	Shameema S
45	Sneha N Saji
46	Sneha Tharakan
47	Sneha Tom
48	Sonamaria P. V
49	Stessy Biju
50	Taniya T. R



[Signature]
Principal

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

ATTENDANCE

Student Attendance Register

Diploma in Nursing Programme

Sl. No.	Roll No.	NAME	DATE/DAYS	1	2	3	4	5	6	7	8	9	10	11	12
1		Abin Babu									P	P	P	P	P
2		Amal Biju									P	P	P	P	P
3		Angela A. Dickson									P	P	P	P	P
4		Anjaly Aji									P	P	P	P	P
5		Anjana V P									P	P	P	P	P
6		Anju Bobby									P	P	P	P	P
7		Anju Kunjumon									P	P	P	P	P
8		Ann Mary V.R.									P	P	P	P	P
9		Anne Mariya Augustian									P	P	P	P	P
10		Amsal Elizabeth Kusiakose									P	P	P	P	P
11		Anu Anto									P	P	P	P	P
12		Ayana Baby									P	P	P	P	P
13		Ayona Thomas									P	P	P	P	P
14		Blessymol Thomas									P	P	P	P	P
15		Dany Paul									P	P	P	P	P
16		Della Toms									P	P	P	P	P
17		Devika K. Dileepkumar									P	P	P	P	P
18		Dhassana Shaji									P	P	P	P	P
19		Diya Rose Colins									P	P	P	P	P
20		Elma A.S.									P	P	P	P	P
21		Emil Martin									P	P	P	P	P
22		Esther Biju									P	P	P	P	P
23		Febima A									P	P	P	P	P
24		Feleena Lukose									P	P	P	P	P
25		Femi Sebastian									P	P	P	P	P

Handing



Signature of Staff

Total No. of Hours: 28
(4 days x 7 hours)

THUNATH
OF NURSING
TRISSUR-680

Student Attendance Register

Sl. No.	Roll. No.	NAME	DATE/DAYS	1	2	3	4	5	6	7	8	9	10	11	12
26.		Gropika M. K.									P	P	P	P	P
27		Hassha P. Jiji									P	P	P	P	P
28.		Hsidhya Vinod.									P	P	P	P	P
29.		Jesmi Jose									P	P	P	P	P
30		Kalpa S.									P	P	P	P	P
31		Kavya Nath.									P	P	P	P	P
32		Krishnapriya C.S.									P	P	P	P	P
33		Lakshmi P.S									P	P	P	P	P
34		Liya Reji									P	P	P	P	P
35		Makima Johnny.									P	P	P	P	P
36		Mariya Christy E.F									P	P	P	P	P
37		Maria Thomas									P	P	P	P	P
38		Mohammed Fazeen.P									P	P	P	P	P
39		Neethu Benny.									P	P	P	P	P
40		Neha Giji Ollukkaran.									P	P	P	P	P
41		Nimisha P.									P	P	P	P	P
42		Nishosh M.J									P	P	P	P	P
43		Niya Mariya Varghese.									P	P	P	P	P
44.		Shamamma S.									P	P	P	P	P
45		Sneha N. Saji									P	P	P	P	P
46		Sneha Thasakan.									P	P	P	P	P
47		Sneha Tom.												P	P
48		Sonamaria P.V									P	P	P	P	P
49		Stessy Biju									P	P	P	P	P
50.		Taniya T.R.									P	P	P	P	P



Signature of Staff

TOTAL NO OF HOURS: 28
(4 days x 7 hours)

Prof. Dr. J. J. BEGHUNATH
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AMALA NAGAR P.O., THIRUVANANTHAPURAM-680 552