



AMALA COLLEGE OF NURSING AQAR (2022-2023)



CRITERION 2 – TEACHING- LEARNING AND EVALUATION

Key Indicator 2.3 – Teaching- Learning Process

Metric No. 2.3.1. - Student-centric methods are used for enhancing learning experiences by:

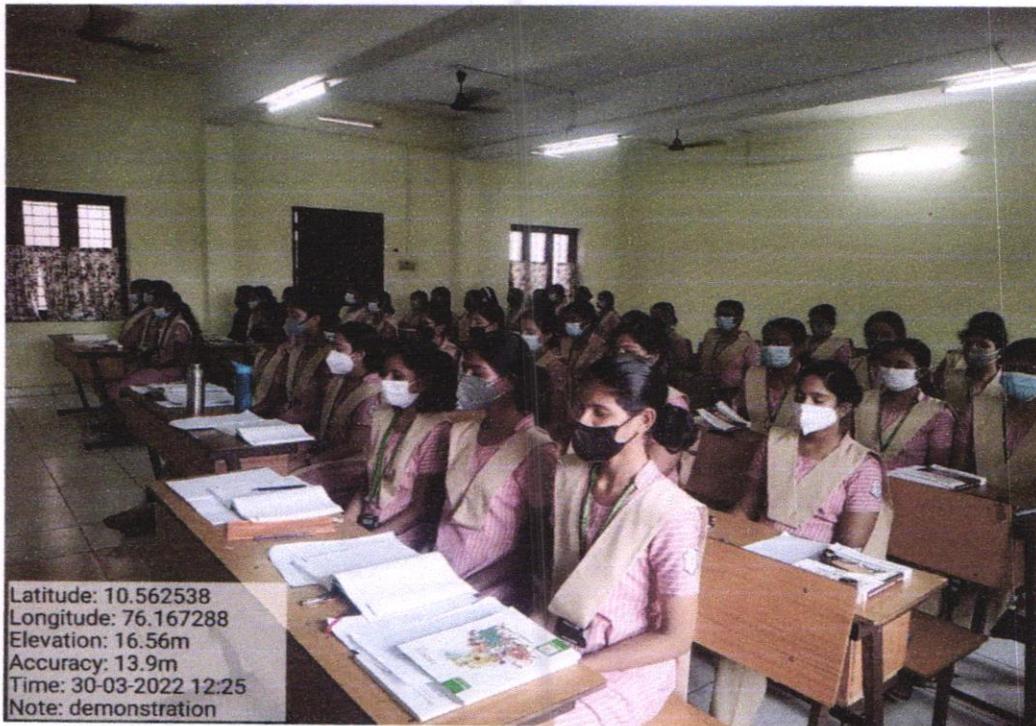
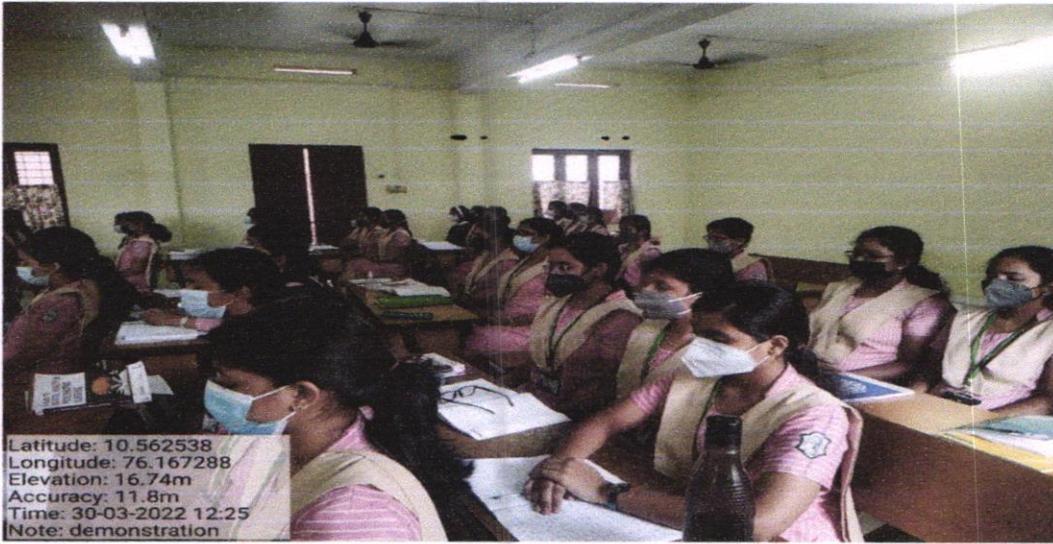
SUBMITTED TO



National Assessment and Accreditation Council

Demonstration

MENTAL HEALTH NURSING
DEMONSTRATION-Breathing Exercise (Jacobson progressive Muscle Relaxation)



[Handwritten Signature]
Signature of Principal

Prof. Dr. RAJEE BEGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
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