



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING AQAR (2022-2023)



## CRITERION 2 – TEACHING- LEARNING AND EVALUATION

### Key Indicator 2.3 – Teaching- Learning Process

**Metric No. 2.3.5. - The teaching learning process of the institution nurtures creativity, analytical skills and innovation among students**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

## **Nurtrizione Corretta – the Nutrition Practical**

# കാര്യപരിപാടികൾ

ഈശ്വര പ്രാർത്ഥന

സ്വാഗതം : ശ്രീ.അരുൺ മോഹൻ  
നാലാം വർഷ നഴ്സിംഗ് വിദ്യാർത്ഥി

ഉദ്ഘാടനം : ശ്രീ.ജിയോ ഫോക്സ്  
പഞ്ചായത്ത് പ്രസിഡന്റ്

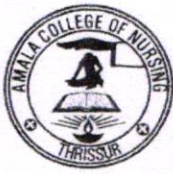
പേരടികൊണ്ട  
ബോധവൽക്കരണ ക്ലാസ്സ്

നന്ദി : കുമാരി.അനീറ്റ ജോണി  
നാലാം വർഷ നഴ്സിംഗ് വിദ്യാർത്ഥി

" ഇന്നത്തെ ഭക്ഷണം  
നാളത്തെ ആരോഗ്യം "



*Regu*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR, THRISSUR



# AMALA COLLEGE OF NURSING

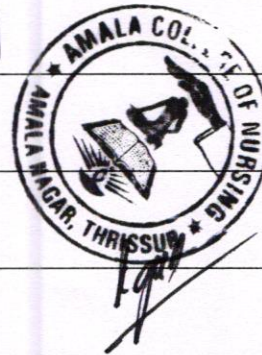
(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Nutrition Programme on 1<sup>st</sup> July 2022 at  
Elavally Grama Panchayat, Ward - 3 : Anganwadi

## ATTENDANCE SHEET

Sl. No.	Name	Signature
1	Jishna Rajeesh	
2.	Soumya Sneezith	
3.	Ramya K	
4	അമല	
5	നരേഷ്	
6	മിജി	
7.	നരേഷ്	
8	മരീക	
9	മരീക	
10	ജാബ്ബി	
11	Hasna Asees	
12	കോനാലി	
13	മരീക	
14	Jisha Sajith	
15	Neelima Shetbil	



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## REPORT ON NUTRITION DAY PROGRAMME

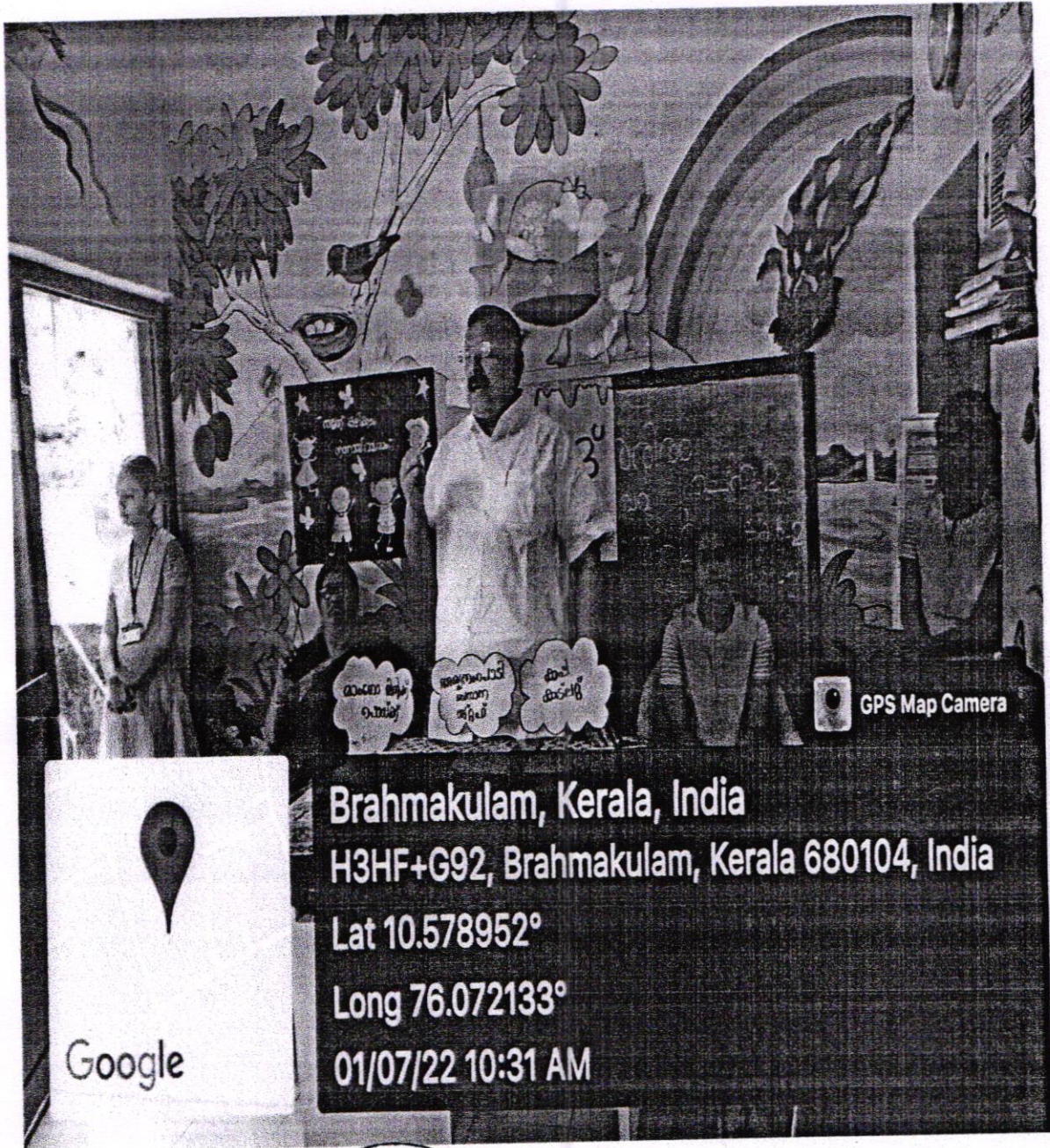
### " SWAD" -2022"

"Good nutrition creates health in all areas of our existence, all parts are interconnected"

Today the world faces a double burden of malnutrition and over nutrition. Taking this into consideration we the fourth year B.Sc. students of Amala College of Nursing, Thrissur in association with community health nursing department conceded that an Advertence is incumbent in the panchayath Elavally where we had posted for the community practice. On first July 2022 at 10: 00 am in navodaya anganawadi Elavally th fourth year students stewarded the nutritional program " SWAD - good food for good health 2022 ". The inauguration was done by the panchayath president Mr. Geo fox and felicitation was delivered by Mrs. Lalitha. The students were divided into five groups and each group acquainted the healthy diet for preschooler, schooler, adolescent girl, pregnancy and lactation and finally for the old age. The presentation bestowed with alluring charts, the prepared one day menu plan for each category and explained the details of RDA for each group. The food items prepared by the students strew to the participants of the program. The program winded up with vote of thanks.



*Rgnd*  
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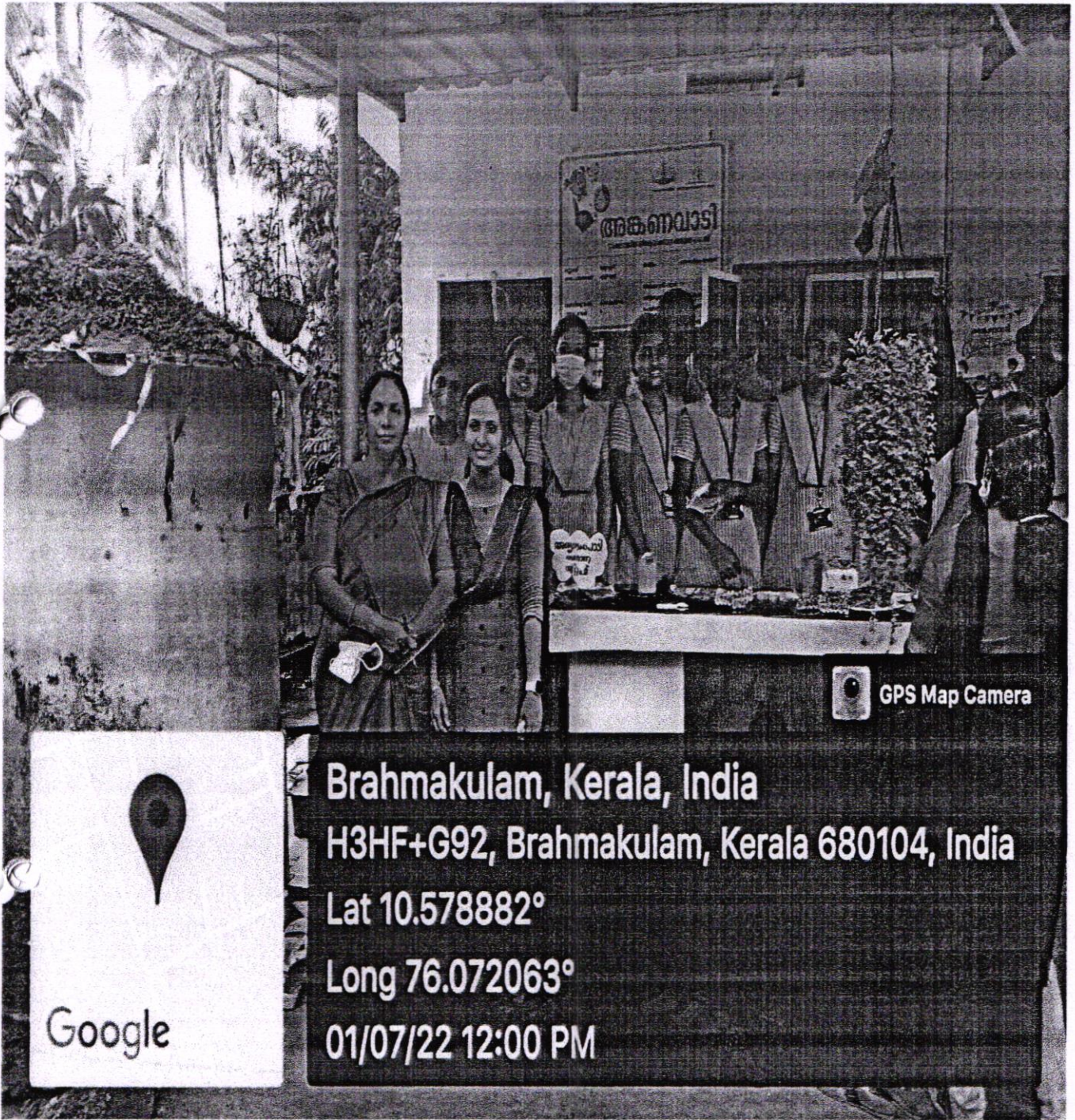
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H3HF+G92, Brahmakulam, Kerala 680104, India  
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GPS Map Camera

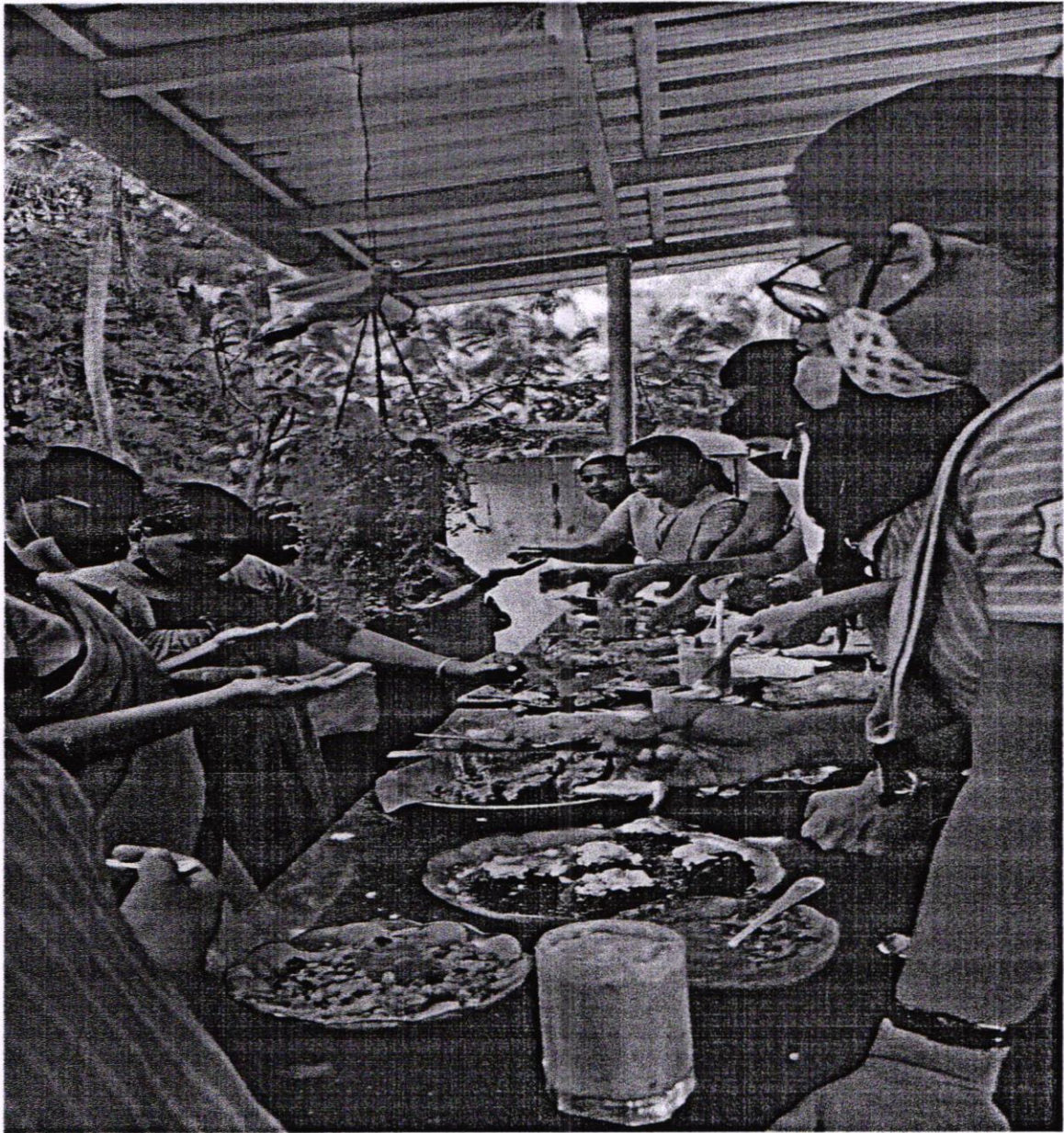


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H3HF+G92, Brahmakulam, Kerala 680104, India  
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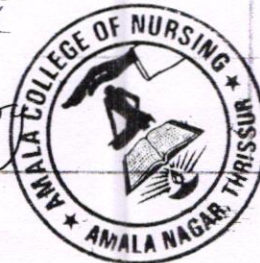


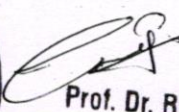
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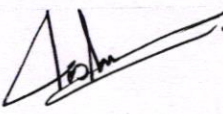

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AMALA COLLEGE OF NURSING  
NUTRITION AWARENESS PROGRAMME  
ATTENDANCE LIST

SL NO	NAME	SIGNATURE
1	Ajla PJ	<u>Ajla</u>
2	Aleena sunny	<u>Aleena</u>
3	Amala Tomy	<u>Amala</u>
4	Anny. K.A	<u>Anny</u>
5	Angel Sojan	<u>Angel</u>
6	Anitta Abby	<u>Anitta</u>
7	Anitta Johny	<u>Anitta Johny</u>
8	Anjali. A. Mohandas	<u>Anjali</u>
9	Aoly Milton	<u>Aoly</u>
10	Ann Maria Joseph	<u>Ann</u>
11	Ann Mary Biju	<u>Ann</u>
12	Anna Joseph	<u>Anna</u>
13	Ardha. C. Prakash	<u>Ardha</u>
14	Arcan Mohan V	<u>Arcan</u>
15	Aresine Dwisey Jose	<u>Aresine</u>
16	Banuya Bose	<u>Banuya</u>
17	Bessy me / Bessy	<u>Bessy</u>



  
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SL No	NAME	SIGNATURE
18	Blessy Maria Chacko	Blessy
19	Diona Ann Joseph	Dunt
20	Diya Davis	Riya
21	Dora Jarold	Dora.
22	Jeslin K. J	
23	A Jismy Paul	
24	Keerthi M. Sundran	Keerthi
25	Mariya gairon	Mariya



# AMALA COLLEGE OF NURSING, THRISSUR

## ATTENDANCE REPORT – B.Sc. Nursing (2018 Batch)

Name of the Programme: Nutrition Programme at Navodaya Anganvady,  
Elavally Grama Panchayat

Date: 01.07.2022

Sl. No.	Name of the Student	Signature
1	Mary Celin	Mary celin.
2	Meenakshi M Murali	Meenakshi,
3	Megha Jayaraj V K	Megha Jayaraj V K
4	Reshma Babu	Reshma Babu
5	Rose Mary Baby	Rose Mary Baby
6	Rosy Joseph	
7	Safna P S	Safna P S
8	Salomi K J	Salomi K J
9	Sandra Benny	Sandra Benny
10	Sandra Rose Sebastian	Sandra Rose Sebastian
11	Shabeer Ali A M	Shabeer Ali A M
12	Shaniya Shaji	Shaniya Shaji
13	Sharon Shajan P	Sharon Shajan P
14	Sherin Tresa Mathew	Sherin Tresa Mathew
15	Signa Paulson	
16	Sisira Suresh O	
17	Siya Joy	
18	Sneha Shaju	Sneha Shaju
19	Sneha Simon T	Sneha Simon T
20	Snesi Augustine	Snesi Augustine
21	Sona Mol Joseph	Sona Mol Joseph
22	Sophiya Thomas	Sophiya Thomas
23	Teena John	Teena John
24	Tincy E T	Tincy E T
25	Visal Priya	Visal Priya



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