



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING AQAR (2022-2023)



CRITERION 2 – TEACHING- LEARNING AND EVALUATION

Key Indicator 2.3 – Teaching- Learning Process

Metric No. 2.3.5. - The teaching learning process of the institution nurtures creativity, analytical skills and innovation among students

SUBMITTED TO



National Assessment and Accreditation Council

Reflective learning

REFLECTIVE WRITING

Description

When I started assessment, child was sleeping. While measuring anthropometric measurements, child suddenly woke up and started crying. So I was unable to continue assessment.

Feelings

I felt that baby started crying because I disturbed him by taking measurements. So I thought if I could have done the head to toe assessment first, and then the anthropometric measurements, the baby might be cooperative.

Evaluation

The experience was bad, because I started anthropometric measurements first, the baby started crying & I was unable to complete the assessment.

Analysis

We can do the assessment appropriately by following these steps.



Jeeva

- Auscultate heart, lungs and abdomen and record pulse & respiration while the infant is quiet.
- palpate & percuss the heart, lungs and abdomen if infant remains quiet
- Examination of eye, ears, nose & mouth done last
- If the infant is restless or crying when the vital signs are taken, the behaviour is recorded with the result of measurements.
- primitive reflexes are tested when that body part is examined
- Reflexes involving more than one body part, such as Moro reflex are tested last
- Before starting examination, make the room warm, and undress the baby. prone or supine position in examination table. Infants gains security if held on parents lap.

Conclusion

Since the baby was sleeping, I should have done the physical examination (head to toe) first and then finally do the anthropometric measurements and reflexes. So that I could continue with the assessment and baby won't cry.

Action plan

If similar ~~condition~~ scenario occurs, assessment of baby whose is sleeping, first I will do the inspection & assessment of body parts then reflexes and finally anthropometric measurements. So that the infant will cooperate with the assessment.

Reference - Dorothy R. Marlow, 'textbook of pediatric Nursing, South Asia'