



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING AQAR (2022-2023)



CRITERION 3– Research, Innovations and Extension

Key Indicator 3.2– Innovation Ecosystem

Metric No. 3.2.1- The Institution has created an ecosystem for innovations including Incubation Centre and other initiatives for creation and transfer of knowledge

SUBMITTED TO



National Assessment and Accreditation Council

**INSTITUTIONAL
SCIENTIFIC RESEARCH
COMMITTEE &
INSTITUTIONAL
ETHICAL COMMITTEE**



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Date: 29.10.2022

To

Rev. Fr. Julious Arakkal CMI
Director
Amala Institute of Medical Sciences
Thrissur

Respected Father,

Sub: Formulation of Institutional Ethics Committee – reg.

As part of formulating the Institutional Ethics Committee, the following members are suggested towards the official positions (as listed below).

Kindly give permission to contact them for formulating 'Institutional Ethics Committee' at the earliest.

1. Chairman	:	Dr. Joby Thomas K Administrative Officer (Academics) Amala Institute of Medical Sciences
2. Member Secretary	:	Dr. Sr. Merly John (Molly John), Professor, Amala College of Nursing
3. Member	:	Mr. P. Vinod Kumar Assistant Professor, Dept. of Pharmacology Amala Institute of Medical Sciences
4. Member	:	Dr. John George T Professor, Dept. of Community Medicine Amala Institute of Medical Sciences
5. Member	:	Adv. Phinergeev Alapatt V Assistant Manager (HR & Legal) Amala Institute of Medical Sciences
6. Member	:	Prof. Geetha Retired Professor, Kerala Varma College Mob: 9495503191
7. Member	:	Fr. Antony Mannummel CMI Assistant Director Amala Institute of Medical Sciences

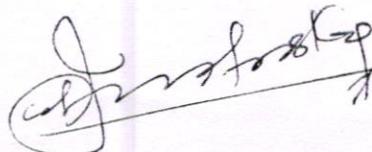
Kindly do the needful.

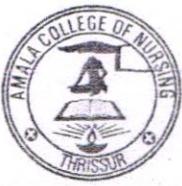
Yours faithfully,

Prof. Dr. Rajee Reghunath
Principal


Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555







AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Date: 29.10.2022

To

Rev. Fr. Julious Arakkal CMI
Director
Amala Institute of Medical Sciences
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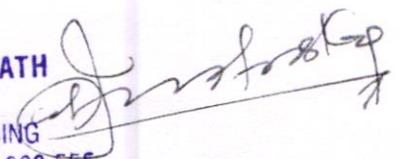
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7. Member	:	Fr. Antony Mannummel CMI Assistant Director Amala Institute of Medical Sciences

Kindly do the needful.

Yours faithfully,


Prof. Dr. Rajee Reghunath
Principal




Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

IEC

Ethics Committee,

(i. Registered under DHR, Government of India vide Registration No. EC/NEW/INST/2021/1648
ii. Re registration renewed under CDSCO, Government of India vide Registration No. ECR/653/Inst/KL/2014/RR-22)



Amala Institute of Medical Sciences, Thrissur-680 555

(Affiliated to Kerala University of Health Sciences and Accredited A+)

Ref.No 12/IEC/22/AIMS

Dated: 11-10-2022

Circular

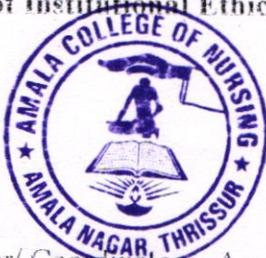
A sitting of Ethics Committee, Amala Institute of Medical Sciences, Thrissur – 680 555, is scheduled to be held at 2.30 pm on Monday, 31st October 2022, at College Council Hall, under strict precautions against Covid – 19.

Research projects and clinical trials, required for clearance from Ethics Committee may be submitted to the undersigned in his office in Department of Forensic Medicine, in nine printed copies, on or before Tuesday, 25th October 2022, as per below mentioned guidelines. Those submitted without proof of clearance from Research Committee of this Institution and those clinical trials submitted without proof of prospective registration with Clinical Trial Registry, India will be rejected forthwith.

1. Title with name, designation and address of Investigator, Guide and Co Guide
 2. Background / need/ significance of research project
 3. Objectives
 4. Research methodology in detail (setting, sample size, inclusion and exclusion criterion, procedures and statistical analysis)
 5. Budget and advertisement details, if any
 6. References, at least six in number
 7. Format of information to participants in English, Malayalam and in participants' languages
 8. Format of informed consent of participants in English, Malayalam and participants' languages
- Formats of 7 and 8 should be in the format available from office of undersigned.

Participants should be available for clarifications sought, if any, from 2 pm onwards over telephone, on 31-10-2022.

N.B: Sitting of Institutional Ethics Committee need not be expected during next three months.



10/10/22
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

30/10/22
Dr. Joseph T John
Member Secretary, IEC

AMALA COLLEGE OF NURSING

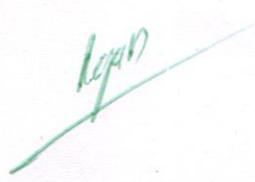
AMALA NAGAR P.O., THRISSUR-680 555

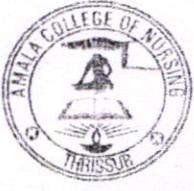
To: Director/ Coordinator – Academics / Principal, ~~Amala Institute of Medical Sciences~~ Amala College of Nursing/ ~~Para Medical Course~~ Director, School of Nursing/Co-ordinator of DMLT/ Head of Anatomy/ Anaesthesiology/ Biochemistry/ Blood Bank/ Cardiology/ Casualty/Clinical Immunology/ Community Medicine/ Dermatology/ Emergency Medicine/ Endocrinology/ Forensic Medicine/ Gastroenterology/ Medical Oncology/Medicine/Microbiology/Nephrology/ Neurology/Neuro Surgery/ Obstetrics & Gynaecology/ Ophthalmology/ Orthopaedics/ Oto-RhinoLaryngology (ENT)/ Paediatrics/ Pathology/ Pharmacology/ Physiology/ Plastic Surgery/ Psychiatry/ Pulmonary Medicine/ Radiation Oncology/ Radiodiagnosis/ Respiratory Medicine/ Surgery/ Surgical Oncology/ Urology/ Chairperson – Secretary, Research Committee, Amala Institute of Medical Sciences, Thrissur – 680555

Copy to 1. Ms. Jeena Jose, No. 32: Skyline, Kingsmead Villas, Peringavu P.O., Cheroor Road, Thrissur – 680008/
2. Ms. Babitha Thamby, Chemmannoor House, St. Vincent Street, Kuriachira, Thrissur -680006

64.	Sruthy Suresh	Effect of negative pressure wound therapy / Vacuum Assisted Closure (VAC) VS Conventional Dressing in the management of Diabetic Foot Ulcer in a Tertiary Care Centre in Kerala
65.	Steffi Thomas	A Comparative Study Between Ramped and Sniffing Position in Video Laryngoscopy Guided Tracheal Intubation in Obese Patients
66.	Subi Das	Antibiotic Susceptibility Pattern and Clinical Profile of Pseudomonas Aeruginosa Isolated from Lower Respiratory Tract Samples
67.	Suhail P	Association Between HbA1C and Cardiac Autonomic Neuropathy in Patient with Type 2 Diabetes mellitus in a Tertiary Care Hospital in Central Kerala
68.	Sunu Lazar Cyriac	Hospital Based Cancer Registries in India National Cancer Registry Programme Indian Council of Medical Research (ICMR) National Centre for Disease Informatics and Research, Bengaluru
69.	Sunu Lazar Cyriac	A Phase III Randomized Study to Compare a Risk-stratified and Response-adapted Strategy to ABVD Regimen in Adolescents and Adults with Advanced-stage Hodgkin Lymphoma
70.	Sunu Lazar Cyriac	Efficacy of Pioglitazone in Combination with Neoadjuvant Chemotherapy in Patients with Extremity Skeletal High-Grade Osteosarcoma Treated with Curative Intent: An Open-label, Multi-centre, Randomized Phase II Clinical Trial
71.	Sunu Lazar Cyriac	Network of Oncology Clinical Trials India (NOC): Registry of Cancers
72.	Teena Sulaiman	Incidence, Predictors and Health Outcomes of Delirium in Hospitalised Elderly
73.	Teenu Paul	A Study on Risk Assessment of Non-communicable Diseases among Adults in an Urban Slum, Thrissur
74.	Tinu Mary Varghese	Attitude and Practices Towards Breaking Bad News and its Relation to Emotional Reactivity in Clinicians Working in a Tertiary Care Centre – A Cross Sectional Study
75.	Tisa Rajive	Rotational Thromboelastometry Parameters as Predictors of Bleeding Risk in Decompensated Chronic Liver Disease Patients Attending a Tertiary Care Hospital in Kerala
76.	Tom Jose	A Comparative Study on Diagnostic Accuracy of Fenyo-lindberg Score and Modified Alvarado Score in the Detection of Acute Appendicitis in a Tertiary Health Care Centre
77.	Vinesh R	Study on the Prevalence, Clinical and Microbiological Profile of Multidrug Resistant Organisms in Cirrhosis Patients Presenting to a Tertiary care Centre
78.	Yasir Sulaiman	Tidal Carbon Dioxide as a Predictor of Mortality and Morbidity in Patients Diagnosed with Sepsis Presenting to the Emergency Department of a Tertiary Care Hospital




Prof. Dr. RAJEE REGHUNATH
 PRINCIPAL
 AMALA COLLEGE OF NURSING
 AMALA NAGAR P.O., THRISSUR-680 555



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Date: 19.09.2022

To,

Rev. Fr. Julious Arakkal CMI
Director
Amala Institute of Medical Sciences
Thrissur

Through,

Rev. Fr. Antony Mannummel CMI
Assistant Director
Amala Institute of Medical Sciences
Thrissur

Respected Father,

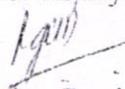
Sub: Formulation of Institutional Ethics Committee - Permission - reg.

As per the NAAC Criteria, every institution need an Institutional Ethics Committee and presently we are sharing this facility with Amala Medical College.

As NAAC considers Amala College of Nursing as a separate Institution, an independent Institutional Ethics Committee is mandatory for our college. So kindly do the needful and permit us in formulating an 'Institutional Ethics Committee' exclusively for Amala College of Nursing.

Thanking you,

Yours faithfully,


Prof. Dr. Rajee Reghunath
Principal

*To Dr. Joby Academic officer
Study the possibility
of starting Ethics Committee
for nursing college and let me
know the procedure
H. P. R.*




Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555



Dr. Joseph T John, MBBS, MD
Member Secretary, Institutional Ethics Committee,
Professor & Head of Forensic Medicine and Vice Principal
Amala Institute of Medical Sciences, Thrissur-680 555
(Affiliated to Kerala University of Health Sciences)

Ref No. 10/IEC/22/AIMS

Dated: 26-08-2022

Director,
Amala Institute of Medical Sciences,
Amala Nagar, Thrissur – 680555

Sir,

Sub: - Ethics Committee - Grant of Registration - Informing of

I may be permitted to express great pleasure to announce that Ethics Committee, Amala Institute of Medical Sciences, Thrissur – 680555, is all set to review and accept / reject all research studies, including those related to clinical trials, bioavailability and bioequivalence

I regret the happening of delay in registration, even if applied promptly, due to reasons beyond my control, in spite of extremely exhausting efforts and utilization of time, but occurred due to factors of Central Drugs Standard Control Organization (CDSCO), New Delhi, like long Covid-19 shut downs, calamities, closure of offices, dearth of staff, server troubles and difficulty from their side to verify numerous Ethics Committees all through entire India.

I express my heartfelt gratitude to Rev. Fr. Francis Kurissery, CMI, former Director and Rev. Fr. Julius Arakal, CMI, Director, for the excellent support to me during the troublesome waiting period. Negative criticisms from some corners on delay, are being taken in good sense.

The covering letter and certificate of permission from Central Drugs Standard Control Organization (CDSCO) are enclosed herewith.

Yours faithfully,

(Dr. Joseph T John)

Member Secretary, Ethics Committee

Encl: As above



✓ To: Director/ Coordinator – Academics / Assistant Director / Principal/Vice Principals,
Head of Anatomy/ Anaesthesiology/ Biochemistry/ Blood Bank/ Cardiology/ Casualty/
Clinical Immunology/ Community Medicine/ Dermatology/ Emergency Medicine/
Endocrinology/ Forensic Medicine/ Gastroenterology/ Medical Oncology/ Medicine/
Microbiology/ Nephrology/ Neurology/ Neuro Surgery/ Obstetrics & Gynaecology/
Ophthalmology/ Orthopaedics/ Oto-RhinoLaryngology (ENT)/ Paediatrics/ Pathology/
Pharmacology/ Physiology/ Plastic Surgery/ Psychiatry/ Pulmonary Medicine/ Radiation
Oncology/ Radiodiagnosis/ Respiratory Medicine/ Surgery/ Surgical Oncology/ Urology,
Chairman, Ethics Committee, Dr. Rev. Fr. Anil George Konkoth CMI, Assistant Professor
& IQAC Coordinator, St. Thomas College (Autonomous) Thrissur / Ethics Committee
Member, Amala Institute of Medical Sciences, Thrissur – 680555.

IEC

(Dr. Rajee Reghunath)



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Institutional Ethics Committee,

- (i. Registered under DHR, Government of India vide Registration No. EC/NEW/INST/2021/1648
ii. Re registered under CDSCO, Government of India vide Re Registration No. ECR/653/Inst/KL/2014/RR-17
and application for renewal of re registration accepted vide no. EC/RENEW/INST/2022/13655)

Amala Institute of Medical Sciences, Thrissur-680 555

(Affiliated to Kerala University of Health Sciences)

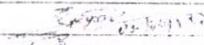
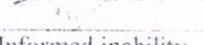
Ref. No. 05/IEC/22/AIMS

Date: 05-04-2022

Minutes of Meeting of Sub Committee of Institutional Ethics Committee

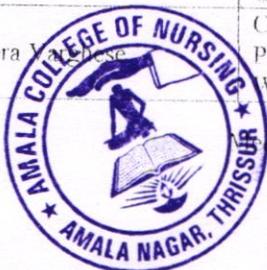
A sitting of Sub Committee of Institutional Ethics Committee was held on 05-04-2022 at 2 pm in Chamber of Member Secretary, Amala Institute of Medical Sciences, Thrissur - 680555 under strict precautions against Covid-19 spread.

Following members were present:

Sl. No.	Name	Designation	Signature
1.	Dr. Joseph T John	Member Secretary	
2.	Dr. Bindu C B	Member	
3.	Dr. K Sojan George	Member	
4.	Dr. P. Bagavathiammai	Member	Informed inability

Below listed research protocols submitted on 30-03-2022 were evaluated, advised rectification, if any, pointed out to the investigators, made rectified except nos. 09, 10 and 15 and the rest decided to be recommended for ethical clearance in Institutional Ethics Committee meeting, scheduled on 08-04-2022. Protocol nos. 9, 10 and 15 were rejected, since submitted after the study.

Sl. No.	Name	Designation
1	Dr. M.C. Savithri	Comparison of Learning Outcomes in Flipped Classroom Model and Interactive Lectures for Phase II MBBS Pathology Students
2	Dr. Susan Thomas	To Study about Safety of Covid-19 Vaccine in Pregnant Women: A Cohort Study
3	Mrs. Rinu David	A Study to Assess the Effectiveness of Post-Covid Rehabilitation on Physical and Mental Wellbeing among Nurses Working in Selected Institutions, Thrissur, Kerala
4	Shaji E J (Sr. Jyothish CSC)	Effectiveness of Multimodal Intervention on Caregiver Burden, Stress, Quality of Life, and Coping Strategies among Caregivers of Breast Cancer Patients in Selected Oncology Departments in Kerala
5	Don Jose K	Effectiveness of Biopsychosocial - Skill (BPS-skill) Interventions to Enhance the Well-being of Nurses in Selected Oncology Department
6	Princy C J	Care Package on Management of Pregnancy Discomforts and Quality of Life among Antenatal Women
7	Dr. Priya S Thottukadavil	Prevalence and Clinicoradiological Profile of patients with Non Invasive Fungal Rhinosinusitis among those Undergoing Functional Endoscopic Sinus Surgery in a Tertiary Care Hospital in Kerala
8	Rev. Sr. Arpitha Poopady	Development and Validation of an Integrated fatigue Scale for Assessment of Fatigue Based on Self Reported Symptoms among Cancer Patients at Selected Cancer Centers of Kerala and Karnataka
9	Dr. Meera Varghese	A Comparison Study on Tuberculosis Before and During Covid 19 in a Tertiary Care Hospital, Kerala
10	Dr. Meera Varghese	A Cross Sectional Study to Assess the Adverse Events Following Administration of Covid 19 Vaccine in a Tertiary Care Hospital, Kerala
11	Dr. Menon Narayanankutty Sunilkumar	A Study of Comparison of Team Based Learning Over Conventional Didactic Lecture in Undergraduate Teaching in a Medical College in Central Kerala
12	Dr. Shiji Joseph	Clinical Profile and Outcome of Multisystem Inflammatory Syndrome in Children (MIS-C) Associated with Covid-19 in a Tertiary Care Centre in Kerala
13	Dr. Jessie Jose	Effect of Flipped Classroom on Learning Outcomes in Small Group Teaching among medical Undergraduates - a Comparative Study
14	Dr. Lathika Vasu Kamaladevi	Procedure Specific Rubrics as a Tool for Standardised Teaching and Assessment of Ophthalmic Skills in Phase 2 MBBS Students
15	Dr. Meera Varghese	Comparison Epidemiological Profile of Sociodemographic and Clinical Features of Patients Admitted in a Tertiary Care Centre in Kerala during the First and Second Waves of Covid 19



Meeting came to an end at 3.30 pm on same day.

(Dr. Joseph T John)
Member Secretary

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

IEC



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

IRB Meeting Calendar (2022)

Sl.No	Date	Meeting Agenda
1	14.01.2023	Pilot study presentation- Second Year M.Sc N Students
2	06.06.2022	Analysis presentation- Second Year M.Sc N Students
3	06.08.2022	Proposal presentation of First Year M.Sc Nursing students
4	20.08.2022	Problem presentation of Third Year B.Sc Nursing students
5	29.09.2022	Proposal presentation of Third Year B.Sc Nursing students
6	26.10.2023	Proposal presentation of Third Year B.Sc Nursing students
7	12.12.2022	Proposal presentation of Third Year B.Sc Nursing students



Rajee
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
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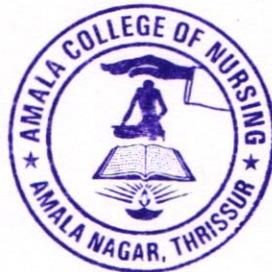
AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

IRB Meeting Calendar (2023)

Sl.No	Date	Meeting Agenda
1	18.03.2023	1. Problem presentation of First Year M.Sc Nursing students 2. Pilot study presentation- Second Year M.Sc N Students
2	19.04.2023	Proposal presentation of First Year M.Sc Nursing students
3	04.05.2023	Review of research protocols of Ph. D Scholars
4	26.05.2023	Review of research protocols of Ph. D Scholars
5	02.08.2023	Problem presentation of Third Year B.Sc Nursing students
6	14.12.1023	Review of research protocols of Ph. D Scholars
7	15.03.2023	Review of research protocols of Ph. D Scholars



Regu
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur - 680 555, Kerala

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council
(Certificate No. 18-16/2893-INC)

No.B/040/2023/ACON

Date: 15.02.2023

OFFICE ORDER

Sub: Amala College of Nursing – Institutional Research Committee reconstituted – orders issued.

The Institutional Research Committee is reconstituted with the following members:

1. Prof. Dr. Rajee Reghunath - Chairman
Principal, Amala College of Nursing
2. Dr. Ambika C. - Convenor
Professor, Dept. of Mental Health Nursing
3. Dr. Molly John (Sr. Merly John) - Member
Professor, Dept. of Community Health Nursing
4. Prof. Lakshmi G - Member
HOD, Dept. of Medical Surgical Nursing
5. Mrs. Linda Varghese - Member
Associate Professor
Dept of Obstetrics & Gynecological Nursing
6. Mrs. Chanlin Chacko - Member
HOD, Dept. of Paediatric Nursing
7. Mrs. Rinu David - Member
Assistant Professor
Dept. of Community Health Nursing
8. Mrs. Jini M P - Invited Member
Tutor, Dept. of Community Medicine
Amala Institute of Medical Sciences
9. Guides & Co-guides - Invited Members

Copy to: Director / Members



15/02
Dr. Rajee Reghunath
Principal

AMALA NAGAR P.O., THRISSUR-680 555
AMALA COLLEGE OF NURSING
PRINCIPAL
Prof. Dr. RAJEE REGHUNATH

Email : amalanursingcollege@gmail.com

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15/02
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

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: 0487 - 2307574, 2304120 (Principal's Office)

: 0487 - 2304103 (Director)

Fax : 0487 - 2307969 (Med.College), 2307020 (Hospital)