



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING AQAR (2022-2023)



## CRITERION 3– Research, Innovations and Extension

### Key Indicator 3.2– Innovation Ecosystem

**Metric No. 3.2.1- The Institution has created an ecosystem for innovations including Incubation Centre and other initiatives for creation and transfer of knowledge**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

**JOURNAL CLUB CALENDER**

Samvad Manchika



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## List of faculty assigned for Samvaad Manchika - 2022

Sl.No	Name of the faculty	Month
1	Ms. Chanlin Chacko	January
2	Don Jose K	February
3	Moly Thomas	March
4	Aneesha VB	May
5	Seena A F	July
6	Neethu Anto	August
7	Yashly T Varghese	October
8	Ms.Krishnaja.M.Unnikrishnan	November



*Rajee*

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## List of faculty assigned for Samvaad Manchika - 2023

Sl.No	Name of the faculty	Month
1	Merin	January
2	Maria E J	February
3	Linda Varghese	March
4	Lovna Grace Paul	April
5	Archana Varier M	May
6	Archana Jayakumar	June
7	Linda Joy	July
8	Sheena John	August
9	Neethu Anto	September
10	Seena A F	October
11	Shinu C Vinson	November
12	Dr. Ambika C	December

09.05.2023

Impact of Strengths model training and supervision  
on the therapeutic practice of Australian  
mental health clinicians.

Presented by: Ms. Archana Voner M  
Lecturer

Dept of M.H.N

Venue: Amala Boulevard

Time: 12 N

Sl. NO	Name of the attendees	Designation	Signature
1.	Dr. Raji Reghunda	Principal	<u>Igor</u>
2.	Sr. Anita distoetta	vice principal	<u>AMC</u>
3.	Sr. Dona	Asst. Professor	<u>Deo</u>
4.	Rosario Anto	Lecturer	<u>Rosario</u>
4	Surya K	Lecturer	<u>Surya</u>
5.	Neethu Anto	Lecturer	<u>Neethu</u>
6.	Dr. S. Mesly John	Professor	<u>Sams</u>
7.	Lovna Grace Paul	Asst. Professor	<u>Lovna</u>
8.	Sr. Maria SH	Lecturer	<u>S. Maria</u>
9.	Maria E.J	Lecturer	<u>Maria</u>
10.	Shilpa James.	Lecturer	<u>Shilpa</u>
11.	Inde Joy	MSc Iyca student	<u>Inde</u>
12.	Sheena John	MSc Iyca student	<u>Sheena</u>
13.	Linda Varghese	Assoc. Professor	<u>Christy</u>

13.06.2023

Virtual Reality exposure to a healthy weight body is a promising adjunct treatment for Anorexia Nervosa

Presented by:

Ms. Archana Jayakumar

II. M-sc (N) Student

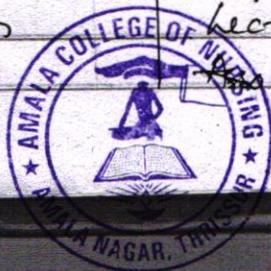
Dept. of MHN

Amala College of Nursing

Venue: First Floor, II M-sc (N) classroom

Time: 12.30<sup>pm</sup> - 01<sup>pm</sup>

Sl NO.	Name of the attendee	Designation	Signature
1	Dr. Rajee Reghunath	Principal	
2	Sr. Artha Lisbeth	vice Principal	
3	Linda Vaeghere	Asso. Professor	
4	Lelshy G.	Profess	
5	Mammi E.T	Lecturer	
6	Linda Joy	Msc 1st year	
7	Sheera John	Msc 1st year	
8	Sr. Grace Maria	Lecturers	
9	Aswathy Gopi	Lecturer	
10	Lorna Grace Paul	Asst. Professor	
11	Sr. Moly Thomas	Asst. professor	
12	Neethu Anto	Lecturer	
13	Rosary Anto	Lecturer	
14	Susya K	lecturer	
15	Shaly Joseph	Asst. Professor	
16	Rinu David	"	
17	Dr. Ambika C	Professor	
18	Sh. Josphish LSC	Associate Professor	
19	Dr. Sr. Mury John	Professor	
20	Krishnaja M. Umikrishnat	Lecturer	
21	Linda Vaeghere		



Prof. Dr. RAJEE REGHUNATH

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

18.04.2023:

Effect of Individualized nutrition Intervention case combined with Swallowing training on postoperative nutritional status in patients with Laryngeal cancer.

Presented by: Ms. Lovna Grace Paul  
Assistant Professor  
Dept - of MSN

Venue : Museum

Time : 12 Noon.

S/No	Members attended:	Designation	Signature
1.	Prof. Dr. Rajee Reghunath		[Signature]
2.	Dr. Sr. Merly John	Professor	[Signature]
3.	Ms. Aneesha V.B	Asst Professor	[Signature]
4.	Sr. Dona	Asst. professor	[Signature]
5.	Ms. Linda Varghese	Associate Professor	[Signature]
6.	Sr. Grace Maria	Lecturer	[Signature]
7.	Maria	lecturer	[Signature]
8.	Rinu David	Ass. professor	[Signature]
9.	Ms. Rosaiya	Lecturer	[Signature]
10.	Ms. Shilpa	Lecturer.	[Signature]
11.	Mr. Don Thomas Jose	Asst. Professor.	[Signature]
12.	Ms. Aswathy		[Signature]
13.	Ms. Krishnaja		[Signature]
14.	Sueya	Lecturer	[Signature]
15.	Archana Varier		
16.	Shelacy (Sr. Grace Maria)	Lecturer	[Signature]
17.	Shinu C Vinson	Lecturer	[Signature]
18.	Dr. Ambika C	Professor	[Signature]
19.	[Signature]	Professor	[Signature]
20.	Krishnaja M. Umikrishnan	Lecturer	[Signature]
21.	Dr. Sushobh CSC	Professor	[Signature]
22.	Archana Varier-M	Lecturer	[Signature]
23.			



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THIRISSUR-680 555

13/3/23

publication process -

Session taken By: Linda Varghese

Associate professor

Teachers

1.	Rinu David	Ass. professor	<i>[Signature]</i>
2.	Biny AP	Associate Professor	<i>[Signature]</i>
3.	Shaly Joseph	Asst. Professor	<i>[Signature]</i>
4.	Timmy Abraham	Lecturer	<i>[Signature]</i>
5.	Rosario Anto	Lecturer	<i>[Signature]</i>
6.	Asathy Crisp	Lecturer	<i>[Signature]</i>
7.	Krishnaja M. Unnikrishnan	Lecturer	<i>[Signature]</i>
8.	Shiva James	Lecturer	<i>[Signature]</i>
9.	Neethu Anto	Lecturer	<i>[Signature]</i>
10.	Seena dt	Lecturer	<i>[Signature]</i>
11.	Lorna Grace Paul	Asst. Professor	<i>[Signature]</i>
12.	Sheena John	MSc 1st year	<i>[Signature]</i>
13.	Linda Jay	MSc 1st year	<i>[Signature]</i>
14.	Sa. Sultra	Prof - ssr	<i>[Signature]</i>
15.	Surya k	Lecturer	<i>[Signature]</i>
16.	Aneesha V.B	Asst Professor	<i>[Signature]</i>
17.	Ambika C	Professor	<i>[Signature]</i>
18.	Don Joe K	Asst. Prof	<i>[Signature]</i>
19.	Moly Thomas	Asst. professor	<i>[Signature]</i>
20.	Dr. Jayathish esc	Associate professor	<i>[Signature]</i>
21.	... ..	Prof	<i>[Signature]</i>
22.	Dr. ... ..	Lecturer	<i>[Signature]</i>
23.	Musini E.T	Lecturer	<i>[Signature]</i>
24.	Dr. Rajee Reghunath	Principal	<i>[Signature]</i>



Prof. Dr. RAJEE REGHUNATH  
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14/02/23

Efficacy of 2 nonpharmacological (Non-nutritive Sucking and Human Care Contact) Pain Relief Measures for cleft lip and clubfoot corrected using Ponseti Technique

Maria. E. J

Teachers

1.	Rinu David	Ass. professor	<i>Red</i>	1
2.	Lekshy	Profess	<i>Red</i>	2
3.	Neethu Anto	Lecturer	<i>Red</i>	3
4.	Lorne Grace Paul	Asst. Professor	<i>Red</i>	4
5.	Aneesha. v. B	Asst Professor	<i>Red</i>	5
6.	Ambika. C	Professor	<i>Red</i>	6
7.	Bincy. A. P	Associate Professor	<i>Red</i>	7
8.	Shaly Joseph	Asst Professor	<i>Red</i>	8
9.	Rosario Anto	Lecturer	<i>Red</i>	9
10.	Julias James	Lecturer	<i>Red</i>	10
11.	Asuathy Gopi	Lecturer	<i>Red</i>	11
12.	So Maria	Lecturer	<i>Red</i>	12
13.	Rohini. G	Lecturer	<i>Red</i>	13
14.	Sr. Linda	MSc 1st year	<i>Red</i>	14
15.	Krishnaja. M. Chinnikrishnan	Lecturer	<i>Red</i>	15
16.	Sr. Moly Thomas	Asst. professor	<i>Red</i>	16
17.	Don Joe K	Asst. Prof.	<i>Red</i>	17
18.	Maria. E. J	Lecturer	<i>Red</i>	18
19.	Dr. Rajee Reghunath	Principal	<i>Red</i>	19



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15/12/22

Effect of progressive muscle relaxation technique  
 on chemotherapy induced nausea and vomiting among  
 patients receiving chemotherapy.  
 Time: 12.30 - 1 Venue: Conference Hall.  
 Sr. Aneshy Surya

## TEACHERS

1.	Prof. Dr. Rajee Reghunath	Principal	Rajee
2.	Dr. Sr. Aneshy John	Professor	Aneshy
3.	Mrs. Lakshmi		
4.	Chandris Chacko	Asst. Professor	Chandris
5.	Sr. Jyothish	"	Jyothish
6.	Anesha V.B.	Asst. Professor	Anesha
7.	Don Jose	"	Don Jose
8.	Shalee Joseph	"	Shalee
9.	Rinu David	"	Rinu
10.	Sr. Grace Mari	Lecturer	Grace
11.	Maria E.J.	Lecturer	Maria
12.	Sr. Moly Thomas	Asst. Professor	Moly Thomas
13.	Rosario Anto	Lecturer	Rosario
14.	Aswathy Gopi	Lecturer	Aswathy
15.	Bilal James	Lecturer	Bilal
16.	Brishnaja M. Unnikrishnan	Lecturer	Brishnaja
17.	Bimay AP	Asst. Professor	Bimay
18.	Robert G.	Lecturer	Robert



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15/11/22

Effect of Lamaz method on childbirth experiences among primigravida women in first stage of labour

Time: 12-1 pm Venue: Conference hall.

TEACHERS

Krishnaja M. Umikrishna, Mrs Shaly Joseph

1	Prof Dr Rajee Reghumathi	Principal	<i>[Signature]</i>	
2	Sr Litta Liebeth	Vice Principal	<i>[Signature]</i>	1.
3	Dr Sr Mesly John	Professor	<i>[Signature]</i>	2.
4	Mrs Lakshmi G	Professor	<i>[Signature]</i>	3
5	Sr Jyothish	Asst Professor	<i>[Signature]</i>	4
6	Mrs Chandini Chacko	"	<i>[Signature]</i>	5
7	Mrs Binoy	"		6
8	Mrs Aneesha V.B	Asst Professor	<i>[Signature]</i>	7
9	Sr Dona	"	<i>[Signature]</i>	8
10	Mrs Rinu David	"	<i>[Signature]</i>	9.
11	Mrs Shaly Joseph	"	<i>[Signature]</i>	10
12	Mrs Don Jose	"	<i>[Signature]</i>	11
13	Sr Masia	Lecturer	<i>[Signature]</i>	12
14	Sr Grace Masia	"	<i>[Signature]</i>	13.
15	Mrs Yashly	"		14.
16	Mrs Shilpa	"	<i>[Signature]</i>	15
17	Mrs Resasio	"	<i>[Signature]</i>	16
18	Mrs Aswathy	"	<i>[Signature]</i>	17
19	Mrs Susya	"		18
20	Mrs Krishnaja	"	<i>[Signature]</i>	
21	Mrs Merrin E.J	"	<i>[Signature]</i>	

MSN STUDENTS

STUDENT

1	Chinju K Paul	"
2	Neethu Anto	"
3	Scena A F	"
4	Shinu C Wilson	"
5	Stephy VA	"



*[Signature]*  
 Prof. Dr. RAJEE REGHUNATH  
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11	Mrs Shaly Joseph	0
12	Mrs Don Jose	"
13	Sr Maria	"
14	Sr Grace Maria	"
15	Mrs Yashly	"
16	Mrs Aswathy Gopi	"
17	Mrs Shilpa James	"
18	Mrs Rosarigo	"

## MSN STUDENTS

		STUDENT
1	Chinju K Paul	
2	Neethu Anto	"
3	Seena AF	"
4	Shinu C Vilson	"
5	Stephy MA	"
6	Archana	"



Prof. Dr. RAJEE REGHUNATH  
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- 17 Mrs Rosasiyo  
18 Mrs Shilpa James

Lecturer  
"

Present

MSN STUDENTS

STUDENT

1. Chinju K Paul  
2. Neethu Anto  
3. Seena A F  
4. Shinu C Wilson  
5. Stephy VA  
6. Archana

"  
"  
"  
"  
"  
"

11/10/22.

Bone marrow transplantation from unrelated or partially matched related donors. (Mrs Yashly)

Time: 12-1 pm

Venue: Conference hall

TEACHERS

1. Prof Dr Rajee Reghunath  
2. Sr hittha Lizbeth  
3. Dr So Mesly  
4. Sr Jyothish  
5. Mrs Lakshmi  
6. Mrs Chanlin Chacko  
7. Mrs Binny  
8. Mrs Aneesha V.B  
9. Sr Dona  
10. Mrs Rinu David

Principal  
Vice Principal  
Professors  
Asst Professor  
Professors  
Asst Professor  
"  
Asst Professor  
Asst Professor  
"

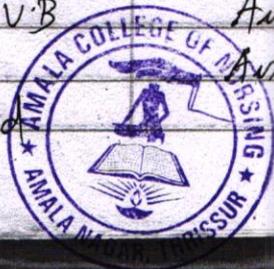
Present

Chandhi  
Tony

Anita

Mulla

Rinu



Prof. Dr. RAJEE REGHUNATH

AMALA COLLEGE OF NURSING  
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- |   |                 |   |
|---|-----------------|---|
| 4 | Shiney C Wilson | " |
| 5 | Stephy VA       | " |
| 6 | Archana         | " |

• 9/8/22

Quality of measurements of acute surgical and traumatic wound using a digital wound analysing tool. (Neethu Anto)

Time: 12-1pm Venue: Conference hall

TEACHERS

- |    |                         |                 |
|----|-------------------------|-----------------|
| 1  | Prof Dr Rajee Raghunath | Principal       |
| 2  | Sr Latha Elizabeth      | Vice principal  |
| 3  | Dr Sr Mesly John        | Professors      |
| 4  | Mrs Lakshmi G           | "               |
| 5  | Sr Jyothish             | Asst Professors |
| 6  | Mrs Chanlin Chacko      | "               |
| 7  | Mrs Bincy               | "               |
| 8  | Mrs Anecsha V.B         | Asst Professors |
| 9  | Sr Dona                 | "               |
| 10 | Mrs Riney David         | "               |
| 11 | Mrs Shaly Joseph        | "               |
| 12 | Mr Don Jose             | "               |
| 13 | Sr Maria                | "               |
| 14 | Sr Grace Maria          | "               |
| 15 | Mrs Yashly              | "               |
| 16 | Mrs Aswathy Gopi        | "               |

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*



12/7/22

Case study on unruptured intracranial aneurysm and erythema migrans.

Rosetta: An overview (Seena AF)

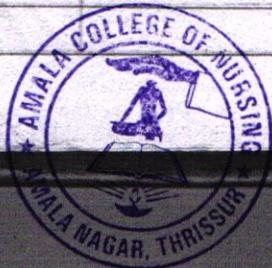
Time: 12-1 pm Venue: Conference Hall

TEACHERS

1.	Prof Dr Rajee Reghunath	Principal	
2	Sr Latha Lizbeth	Vice Principal	
3	Dr Sr Medy John	Professor	
4	Mrs Lakshmi G	Professor	
	Sr Jyothish	Asst Professor	
6	Mrs Chanlin Chacko	"	Chacko
7.	Mrs Bincy	"	Bincy
8	Mrs Aneasha v.B	Asst Professor	Aneasha
9	Sr Dona	"	Dona
10	Mrs Rina David	"	Rina
11	Mrs Shaly Joseph	"	
12	Mr Don Jose	"	Don Jose
13	Sr Maria	Lecturer	Maria
14	Sr Grace Maria	"	
15	Mrs Yashly	"	Yashly
16	Mrs Anaya Ajith	"	
17	Mrs Aswathy Gopi	"	
18	Mrs Shilsa James	"	
19.	Mrs Rosasayo	"	Rosasayo

MSN STUDENTS

1.	Chinju K Paul	STUDENT
2	Neethu Anto	"
3	Seena AF	"



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
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- 5 Sr Syothuik
- 6 Mrs Chamlin Chacko
- 7 Mrs Bincy
- 8 Mrs Aneesha V B
- 9 Sr Dona
- 10 Mrs Rinu David
- 11 Mrs Shaly Joseph
- 12 Mr Don Jose
- 13 Mrs Fanny Paul
- 14 Mrs Saly Paul
- 15 Mrs Yashly
- 16 Mrs Anja Ajith
- 17 Mrs Sasi Mathew
- 18 Mrs Aswathy Lopi
- 19 Mrs Shulsa James
- 20 Sr Maria

Chamlin  
Bincy  
Aneesha  
Dona  
Rinu  
Shaly

Don Jose

Yashly

- 21 Sr Grace Maria
- 22 Mrs Rosariyo

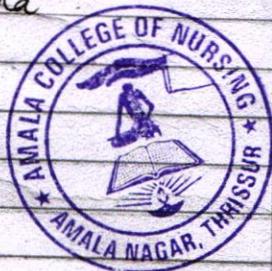
Grace

Rosariyo

MSC N STUDENTS

- 1 Chinyu K Paul
- 2 Neethu Anto
- 3 Seena A F
- 4 Shine C Wilson
- 5 Stephy V A
- 6 Archana

Keel



Prof. Dr. RAJEE REGHUNATH  
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15	Sr Maria	Lecturer	<del>SM</del>	5	8
16	Sr Grace Maria	"		6	1
17	Mrs Yashly	"	<del>SM</del>	7	1
18	Mrs Simi Mathew	"		8	1
19	Mrs Anja Ajith	"		9	1
20	Mrs Aswathy Gopi	"		10	
21	Mrs Shilpa James	"		11	

MSc N STUDENTS		STUDENT		
1	Chiny K Paul	"		13
2	Neethu Anto	"		14
3	Seena A F	"		15
4	Shine C Wilson	"		16
5	Stephy V A	"		17
6	Archana	"		18
				19
				20
				21
				22

10/5/22

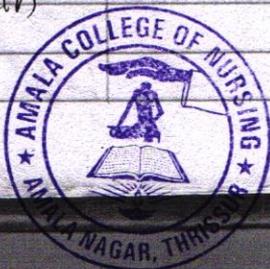
An evaluative study to assess the utility of health app on symptomatic management of high risk obstetrical condition among health professionals

Aneesha VB

Time : 12-1 pm Venue : Conference hall

TEACHERS

1. Prof Dr Rajee Reghunath
2. Sr hitra Elizabeth
3. Dr So Mary
4. Lakshmi G



Prof. Dr. RAJEE REGHUNATH  
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AMALA NAGAR P.O., THRISSUR-680 555

17	Mrs Yashely	Lecturer	<i>[Signature]</i>
18	Srs Sini Mathew	"	
19	Mrs Aswathy Gopi	"	
	MScN STUDENTS	STUDENT	
1	Chinju K Paul	"	
2	Neethu Anto	"	
3	Lena A F	"	
4	Shini V Wilson	"	
5	Stephy VA	"	
6	Mrs Archana	"	

8/3/22

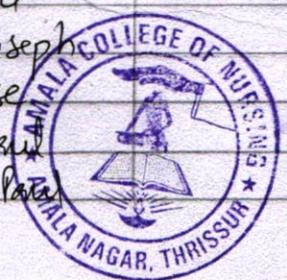
Effectiveness of individual education on physiological parameters among patients undergoing coronary angiography. (Ss Dona)

Time : 12-1 pm      Venue : Conference hall

1.	TEACHERS		
1.	Prof Dr Joyce Rajkumar	Principal	
2.	Sr Hitha Lizbeth	Vice Principal	<i>[Signature]</i>
3.	Dr So Mesly John	Professor	
4.	Prof Lakshmi G	"	
5.	Sr Jyothish	Asst Professor	
6.	Mrs Charlin Chacko	"	<i>[Signature]</i>
7.	Mrs Binny	"	<i>[Signature]</i>
8.	Mrs Anandha	Asst Professor	<i>[Signature]</i>
9.	Sr Dona	"	<i>[Signature]</i>
10.	Mrs Rini David	"	
11.	Mrs Shaly Joseph	"	
12.	Mrs Don Jose	"	<i>[Signature]</i>
13.	Mrs Fanny Paul	"	
14.	Mrs Sincy Paul	Lecturer	

*[Handwritten mark]*

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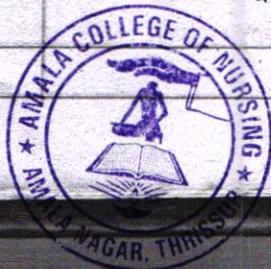
	MSc (N) STUDENTS	STUDENTS
1	Chiny & Paul	"
2	Meetha Anlo	"
3	Scena AF	"
4	Shinu C Vilson	"
5	Stephy VA	"

8/2/22

Effectiveness of chin tuck against resistance (CTAR) exercise upon feeding performance of Patients with cerebrovascular accident. (Don Jose)

Time: 12-1 pm Venue: Conference hall.

1	Prof Dr Rajee Reghunath	Principal	
2	Sr Latha Elizabeth	Vice Principal	<i>AM</i>
3	Dr Sr Mesly John	Professor	
4	Prof Lakshmi S	"	
5	Sr Jyothush	Asst Professor	
6	Mrs Charlin Chacko	"	<i>Charin's</i>
7	Mrs Binny	"	<i>Binny</i>
8	Mrs Aneesha	Asst Professor	<i>Aneesha</i>
9	Sr Dore	"	<i>Dore</i>
10	Mrs Binu David	"	<i>Binu</i>
11	Mrs Shaly Joseph	"	
12	Mr Don Jose	"	<i>Don Jose</i>
13	Mrs Fanny Paul	"	
14	Mr Emily Paul	lectures	
15	Sr Maria	"	<i>Em</i>
16	Sr Grace Maria	"	<i>Grace</i>



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- 3 Seena A F
- 4 Shinu C Wilson
- 5 Stephy V A

11/1/22

Effectiveness of facilitated tucking on pain and physiological parameters during heel lancing among neonates  
(Charlin chacko)

Time: 12-1pm

Venue: Conference hall

TEACHERS

- |                              |                 |                    |
|------------------------------|-----------------|--------------------|
| 1. Prof. Dr. Rajee Reghunath | Principal       |                    |
| 2. Sr. Latha Elizabeth       | Vice Principal  | <i>[Signature]</i> |
| 3. Dr. Sr. Medy John         | Professor       |                    |
| 4. Mrs. Lakshmi G            | "               |                    |
| 5. Sr. Jyothush              | Asst. Professor |                    |
| 6. Mrs. Charlin Chacko       | "               | <i>[Signature]</i> |
| 7. Mrs. Binay                | "               | <i>[Signature]</i> |
| 8. Mrs. Anesha V B           | Asst. Professor | <i>[Signature]</i> |
| 9. Sr. Dona                  | "               | <i>[Signature]</i> |
| 10. Mrs. Rinu David          | "               |                    |
| 11. Mrs. Shaly Joseph        | "               |                    |
| 12. Mr. Don Jose             | "               | <i>[Signature]</i> |
| 13. Mrs. Yashly              | Lecturer        |                    |
| 14. Sr. Maria                | "               | <i>[Signature]</i> |
| 15. Sr. Grace Maria          | "               |                    |
| 16. Srima Mathew             |                 |                    |
| 17. Mrs. Farcy               |                 |                    |
| 18. Mrs. Sincy               |                 |                    |
| 19. Mrs. Anaya Aji Th        |                 |                    |
| 20. Mrs. Aswathy Gopi        |                 |                    |

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