



# AMALA COLLEGE OF NURSING AQAR (2022-2023)



## **CRITERION 3– Research, Innovations and Extension**

### **Key Indicator 3.3– Research Publications and Awards**

**Metric No. 3.3.1- The Institution ensures implementation of its stated Code of Ethics for research.**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

# **IEC CLEARANCE LETTERS**





# ETHICS COMMITTEE- AIMS, THRISSUR

Registration No. EC/NEW/INST/2021/1648 (DHR, Government of India)  
Registration No. ECR/653/Inst/KL/2014/RR-22 (CDSCO, Government of India)  
Amala Institute of Medical Sciences, Thrissur-680 555  
(Affiliated to Kerala University of Health Sciences and Accredited A+)  
E-mail: ethics.committee@amalaims.org

Ref.No: 13/EC/23/AIMS

Dated: 10/08/2023

## Circular

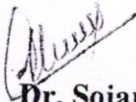
A sitting of Ethics Committee, Amala Institute of Medical Sciences, Thrissur – 680 555, is scheduled to be held at 2 pm on Saturday, 16<sup>th</sup> September 2023, at College Council Hall.

Research projects and clinical trials, required for clearance from Ethics Committee may be submitted to the Ethics Committee office in the prescribed form with five printed copies of the protocol before 01/09/2023, as per below mentioned guidelines (more copies may have to submitted if needed later) . Those submitted without proof of clearance from Research Committee of this Institution will be rejected forthwith.

1. Initial review submission form (new addition- sample will be issued from ethics committee office).
  2. Alignment –Font size 12, Spacing 1.15, Times New Roman Format
  3. Title with name, designation and address of Investigator, Guide and Co Guide
  4. Background / need/ significance of research project
  5. Objectives
  6. Research methodology in detail (setting, sample size, inclusion and exclusion criterion, procedures and Statistical analysis)
  7. Budget and advertisement details, if any
  8. References, at least six in number
  9. Format of information to participants in English, Malayalam and in participants' languages
  10. Format of informed consent of participants in English, Malayalam and participants' languages
- Sample formats of 9 and 10 should be in the format available from EC office.

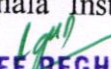
Participants should be available for clarifications if any, from 2 pm onwards, on 16/09/23

**N.B: Sitting of Institutional Ethics Committee will be after next three months.**

  
**Dr. Sojan George K**  
Member Secretary, IEC

To: Director/ Associate Director/ Principal, Amala Institute of Medical Sciences/ Para Medical Course/ Amala College of Nursing/ Director, School of Nursing/Co-ordinator of DMLT/ Head of Anatomy/ Anesthesiology/ Biochemistry/ Blood Bank/ Cardiology/ Clinical Immunology/ Community Medicine/ Dermatology/ Emergency Medicine/ Endocrinology/ Forensic Medicine/ Gastroenterology/ Medical Oncology/Medicine/Microbiology/Nephrology/ Neurology/ Neuro Surgery/ Obstetrics & Gynecology/ Ophthalmology/ Orthopedics/ Oto-RhinoLaryngology (ENT)/ Pediatrics/ Pathology/ Pharmacology/ Physiology/Physiotherapy/ Physical Medicine and Rehabilitation/ Plastic Surgery/ Psychiatry/ Pulmonary Medicine/ Radiation Oncology/ Radio diagnosis/ Respiratory Medicine/ Surgery/ Surgical Oncology/ Urology/ Chairperson – Secretary, Research Committee, Amala Institute of Medical Sciences, Thrissur – 680555



  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

1EC



# ETHICS COMMITTEE

- (i. Registered under DHR, Government of India vide Registration No. EC/NEW/INST/2021/1648  
ii. Re registration renewed under CDSCO, Government of India vide Registration No. ECR/653/Inst/KL/2014/RR-22)  
**Amala Institute of Medical Sciences, Thrissur-680 555**  
(Affiliated to Kerala University of Health Sciences and Accredited A+)

Ref.No.06/EC/23/AIMS

Dated: 22/05/23

## Circular

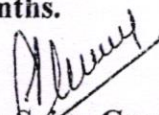
A sitting of Ethics Committee, Amala Institute of Medical Sciences, Thrissur – 680 555, is scheduled to be held at 2 pm on Saturday, 17<sup>th</sup> June 2023, at College Council Hall, under strict precautions against Covid – 19.

Research projects and clinical trials, required for clearance from Ethics Committee may be submitted to the undersigned in Ethics Committee office in the prescribed form with three printed copies on a protocol before 03/06/2023, as per below mentioned guidelines (more copies may have to submitted if needed later) . Those submitted without proof of clearance from Research Committee of this Institution and those clinical trials submitted without proof of prospective registration with Clinical Trial Registry, India will be rejected forthwith.

1. Initial review submission form (new addition- sample will be issued from ethics committee office).
  2. Title with name, designation and address of Investigator, Guide and Co Guide
  3. Background / need/ significance of research project
  4. Objectives
  5. Research methodology in detail (setting, sample size, inclusion and exclusion criterion, procedures and statistical analysis)
  6. Budget and advertisement details, if any
  7. References, at least six in number
  8. Format of information to participants in English, Malayalam and in participants' languages
  9. Format of informed consent of participants in English, Malayalam and participants' languages
- Formats of 7 and 8 should be in the format available from office of undersigned.

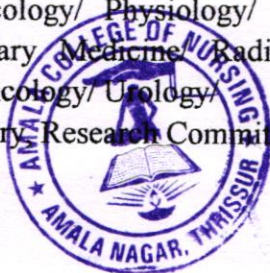
Participants should be available for clarifications sought, if any, from 2 pm onwards over telephone, on 17/06/23


**N.B: Sitting of Institutional Ethics Committee will be after next three months.**

  
**Dr. Sojan George K**  
**Member Secretary, EC**

To: Director/ Coordinator – Academics / Principal, Amala Institute of Medical Sciences/ Amala College of Nursing/ Para Medical Course/ Director, School of Nursing/Co-ordinator of DMLT/ Head of Anatomy/ Anaesthesiology/ Biochemistry/ Blood Bank/ Cardiology/ Casualty/Clinical Immunology/ Community Medicine/ Dermatology/ Emergency Medicine/ Endocrinology/ Forensic Medicine/ Gastroenterology/ Medical Oncology/Medicine/Microbiology/Nephrology/ Neurology/Neuro Surgery/ Obstetrics & Gynaecology/ Ophthalmology/ Orthopaedics/ Oto-RhinoLaryngology (ENT)/ Paediatrics/ Pathology/ Pharmacology/ Physiology/ Physical Medicine and Rehabilitation/ Plastic Surgery/ Psychiatry/ Pulmonary Medicine/ Radiation Oncology/ Radiodiagnosis/ Respiratory Medicine/ Surgery/ Surgical Oncology/ Urology/

Chairperson –Secretary, Research Committee, Amala Institute of Medical Sciences, Thrissur – 680555



  
**Prof. Dr. RAJEE REGHUNATH**  
**PRINCIPAL**  
**AMALA COLLEGE OF NURSING**  
**AMALA NAGAR P.O., THRISSUR-680 555**



# Ethics Committee,

(i. Registered under DHR, Government of India vide Registration No. EC/NEW/INST/2021/1648  
ii. Re registration renewed under CDSCO, Government of India vide Registration No. ECR/653/Inst/KL/2014/RR-22)

## Amala Institute of Medical Sciences, Thrissur-680 555

(Affiliated to Kerala University of Health Sciences and Accredited A+)

Ref.No 12/IEC/22/AIMS

Dated: 11-10-2022

### Circular

A sitting of Ethics Committee, Amala Institute of Medical Sciences, Thrissur – 680 555, is scheduled to be held at 2.30 pm on Monday, 31<sup>st</sup> October 2022, at College Council Hall, under strict precautions against Covid – 19.

Research projects and clinical trials, required for clearance from Ethics Committee may be submitted to the undersigned in his office in Department of Forensic Medicine, in nine printed copies, on or before Tuesday, 25<sup>th</sup> October 2022, as per below mentioned guidelines. Those submitted without proof of clearance from Research Committee of this Institution and those clinical trials submitted without proof of prospective registration with Clinical Trial Registry, India will be rejected forthwith.

1. Title with name, designation and address of Investigator, Guide and Co Guide
  2. Background / need/ significance of research project
  3. Objectives
  4. Research methodology in detail (setting, sample size, inclusion and exclusion criterion, procedures and statistical analysis)
  5. Budget and advertisement details, if any
  6. References, at least six in number
  7. Format of information to participants in English, Malayalam and in participants' languages
  8. Format of informed consent of participants in English, Malayalam and participants' languages
- Formats of 7 and 8 should be in the format available from office of undersigned.

Participants should be available for clarifications sought, if any, from 2 pm onwards over telephone, on 31-10-2022.

**N.B: Sitting of Institutional Ethics Committee need not be expected during next three months.**



**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555


**Dr. Joseph T John**  
Member Secretary, IEC

To: Director/ Coordinator – Academics / Principal, ~~Amala Institute of Medical Sciences/ Amala College of Nursing/ Para Medical Course/~~ Director, School of Nursing/Co-ordinator of DMLT/ Head of Anatomy/ Anaesthesiology/ Biochemistry/ Blood Bank/ Cardiology/ Casualty/Clinical Immunology/ Community Medicine/ Dermatology/ Emergency Medicine/ Endocrinology/ Forensic Medicine/ Gastroenterology/ Medical Oncology/Medicine/Microbiology/Nephrology/ Neurology/Neuro Surgery/ Obstetrics & Gynaecology/ Ophthalmology/ Orthopaedics/ Oto-RhinoLaryngology (ENT)/ Paediatrics/ Pathology/ Pharmacology/ Physiology/ Plastic Surgery/ Psychiatry/ Pulmonary Medicine/ Radiation Oncology/ Radiodiagnosis/ Respiratory Medicine/ Surgery/ Surgical Oncology/ Urology/  
Chairperson – Secretary, Research Committee, Amala Institute of Medical Sciences, Thrissur – 680555  
Copy to: 1. Ms. Jeena Jose, No. 32: Skyline, Kingsmead Villas, Peringavu P.O., Cheror Road, Thrissur – 680008/  
2. Ms. Babitha Thamby, Chemmannoor House, St.Vincent Street, Kuriachira, Thrissur -680006



64.	Sruthy Suresh	Effect of Negative Pressure Wound Therapy / Vacuum Assisted Closure (VAC) VS Conventional Dressing in the management of Diabetic Foot Ulcer in a Tertiary Care Centre in Kerala
65.	Steffi Thomas	A Comparative Study Between Ramped and Sniffing Position in Video Laryngoscopy Guided Tracheal Intubation in Obese Patients
66.	Subi Das	Antibiotic Susceptibility Pattern and Clinical Profile of Pseudomonas Aeruginosa Isolated from Lower Respiratory Tract Samples
67.	Suhail P	Association Between HbA1C and Cardiac Autonomic Neuropathy in Patient with Type 2 Diabetes mellitus in a Tertiary Care Hospital in Central Kerala
68.	Sunu Lazar Cyriac	Hospital Based Cancer Registries in India National Cancer Registry Programme Indian Council of Medical Research (ICMR) National Centre for Disease Informatics and Research, Bengaluru
69.	Sunu Lazar Cyriac	A Phase III Randomized Study to Compare a Risk-stratified and Response-adapted Strategy to ABVD Regimen in Adolescents and Adults with Advanced-stage Hodgkin Lymphoma
70.	Sunu Lazar Cyriac	Efficacy of Pioglitazone in Combination with Neoadjuvant Chemotherapy in Patients with Extremity Skeletal High-Grade Osteosarcoma Treated with Curative Intent: An Open-label, Multi-centre, Randomized Phase II Clinical Trial
71.	Sunu Lazar Cyriac	Network of Oncology Clinical Trials India (NOC): Registry of Cancers
72.	Teena Sulaiman	Incidence, Predictors and Health Outcomes of Delirium in Hospitalised Elderly
73.	Teenu Paul	A Study on Risk Assessment of Non-communicable Diseases among Adults in an Urban Slum, Thrissur
74.	Tinu Mary Varghese	Attitude and Practices Towards Breaking Bad News and its Relation to Emotional Reactivity in Clinicians Working in a Tertiary Care Centre – A Cross Sectional Study
75.	Tisa Rajive	Rotational Thromboelastometry Parameters as Predictors of Bleeding Risk in Decompensated Chronic Liver Disease Patients Attending a Tertiary Care Hospital in Kerala
76.	Tom Jose	A Comparative Study on Diagnostic Accuracy of Fenyo-lindberg Score and Modified Alvarado Score in the Detection of Acute Appendicitis in a Tertiary Health Care Centre
77.	Vinesh R	Study on the Prevalence, Clinical and Microbiological Profile of Multidrug Resistant Organisms in Cirrhosis Patients Presenting to a Tertiary care Centre
78.	Yasir Sulaiman	Tidal Carbon Dioxide as a Predictor of Mortality and Morbidity in Patients Diagnosed with Sepsis Presenting to the Emergency Department of a Tertiary Care Hospital



  
**Prof. Dr. RAJEE REGHUNATH**  
 PRINCIPAL  
 AMALA COLLEGE OF NURSING  
 AMALA NAGAR P.O., THRISSUR-680 555





# AMALA INSTITUTE OF MEDICAL SCIENCES

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur - 680 555, Kerala

(Affiliated to Kerala University of Health Sciences)

No.DIR/14/2023/AIMSTSR

07.06.2023

## OFFICE ORDER

Institutional Ethics Committee of Amala Institute of Medical Sciences is reconstituted for a period of 3 years w.e.f. 8/6/2023, with the following members:

1. Dr.Rev.Fr. Anil George Konkoth CMI, Chairman
2. Dr. Sojan K George, Member Secretary
3. Rev. Fr. Deljo Puthoor CMI, Theologist
4. Adv. Sebi J Pully, Legal Expert
5. Dr. P Bagavathiammai, Basic Medical Scientist –Pharmacologist
6. Dr. C.B. Bindu, Basic Medical Scientist –Physiologist
7. Dr. Rajee Reghunath, Scientific Member
8. Dr. V K Lathika, Clinician
9. Dr. V K Prathibha, Basic Medical Scientist –Pharmacologist
10. Adv. Jino Jose, Legal Expert
11. Mr. C.P. Verghese, Lay Person
12. Mr. T.K Pius, Lay Person

Director

Principal

To

Members of Institutional Ethics Committee



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555





## ETHICS COMMITTEE- AIMS, THRISSUR

Registration No. EC/NEW/INST/2021/1648 (DHR, Government of India)  
Registration No. ECR/653/Inst/KL/2014/RR-22) (CDSCO, Government of India)

Amala Institute of Medical Sciences, Thrissur-680 555  
(Affiliated to Kerala University of Health Sciences and Accredited A+)  
E-mail: ethics.committee@amalaims.org

To:

Date: 19/07/23

The Principal  
AIMS, Thrissur

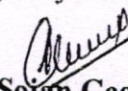
Respected Madam,

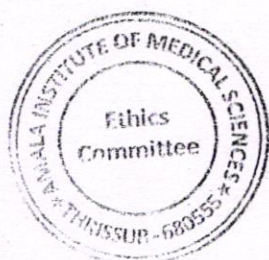
Sub: Revision of processing fees for IEC approval.

It has been decided to revise the processing charges of protocols submitted for approval from June 15<sup>th</sup> as follows.

1. UG student project and PG Thesis – no fees.
  2. All other protocols (non clinical trials) submitted by PGs and faculty of Amala MC and Nursing college – Rs 1,000.
  3. Submission from PhD students outside Amala or institutions outside Amala (with whom MoU is available) - Rs 3,000.
  4. Investigator initiated trials-Rs 3,000.
  5. Sponsor initiated studies – Rs 30,000.
  6. Annual review of clinical trials (sponsor initiated) - Rs 2,500.
  7. SAE review (one time fee) – Rs 10,000.
- However researchers can apply for scholarship to the director duly forwarded by director of research centre.
  - Scholarships will be awarded to protocols submitted by faculty or students from Amala Medical College only, based on merit and timely submission.

Thanking for your cooperation


  
Dr. Sojan George k  
Member Secretary, IEC



IEC

Dr. SOJAN GEORGE K  
ASSOCIATE PROFESSOR & SENIOR CONSULTANT  
(MBBS, MD, DM, DNB IN GASTROENTEROLOGY)  
TCMC No: 33440



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



Copy to:

Director/ Associate Director/ Academic Officer/ Accounts section , Amala Institute of Medical Sciences/ Dr. Ramankutty, Research Centre/ ✓ Amala College of Nursing/ Director, School of Nursing/ Para Medical Course/ co-ordinator of DMLT/ Head of Anatomy/ Anesthesiology/ Biochemistry/ Blood Bank/ Cardiology/ Clinical Immunology/ Community Medicine/ Dermatology/ Emergency Medicine/ Endocrinology/ Forensic Medicine/ Gastroenterology/ Medical Oncology/ General Medicine/ Microbiology/ Nephrology/ Neurology/ Neurosurgery /Obstetrics & Gynecology/ Ophthalmology/ Orthopedics/ Oto- Rhino Laryngology (ENT)/ Pediatrics/Pathology/ Pharmacology/ Physiology/ Physical Medicine and Rehabilitation/ Plastic Surgery/ Psychiatry/ Pulmonary Medicine/ Radiation Oncology/ Radio diagnosis/ Respiratory Medicine/ Surgery/ Surgical Oncology/ Urology/ Chairperson –Secretary, Research Committee, Amala Institute of Medical Sciences, Thrissur – 680555.



*19/11/11*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555







# Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council  
(Certificate No. 18-16/2893-INC)

No. C/028/IRB/2023

Date: 31.07.2023

## CIRCULAR

The meeting of Institutional Review Board is scheduled at 2.00 pm, on Wednesday, 2<sup>nd</sup> August 2023, in the Lecture Hall III of Amala College of Nursing. Kindly make it convenient to attend the same.

### AGENDA:

IRB 01 : Research Proposal Presentation of III year  
B.Sc. Nursing Students (2020 batch)



  
Principal and Chairperson

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

Copy to: All Faculty

E-mail : [amalanursingcollege@amalaims.org](mailto:amalanursingcollege@amalaims.org)  
Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)  
[amalaims.org](http://amalaims.org)

Phone : 0487 - 2304070 (College), 2304000 (Hospital)  
: 0487 - 2307574, 2304120 (Principal's Office)  
: 0487 - 2304100 (Director)  
Fax : 0487 - 2307969 (Med. College), 2307020 (Hospital)





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(Certificate No. 18-16/2893-INC)

No. C/011/IRB/2023

Date: 17.04.2023

## CIRCULAR

The meeting of Institutional Review Board is scheduled at 12.00 noon, on Wednesday, 19<sup>th</sup> April 2023, in the Conference Room of Amala College of Nursing. Kindly make it convenient to attend the same.

### AGENDA:

IRB 01 : Proposal Presentation of I year M.Sc. Nursing students



  
Principal and Chairperson

**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

### Copy to:

Dr. Sr. Merly John / Prof. Lakshmi G /Dr. Ambika C /Mrs. Linda Varghese /  
Mrs. Chanlin Chacko / Mrs. Rinu David / Guides & Co-Guides of Students

E-mail : [amalanursingcollege@amalaims.org](mailto:amalanursingcollege@amalaims.org)  
Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)  
[amalaims.org](http://amalaims.org)

Phone : 0487 - 2304070 (College), 2304000 (Hospital)  
: 0487 - 2307574, 2304120 (Principal's Office)  
: 0487 - 2304100 (Director)  
Fax : 0487 - 2307969 (Med. College), 2307020 (Hospital)





# Amala COLLEGE OF NURSING

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Amala Nagar, Thrissur – 680 555, Kerala

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(Certificate No. 18-16/2893-INC)

No. C/010/IRB/2023

Date: 16.03.2023

## CIRCULAR

The meeting of Institutional Review Board is scheduled at 11.00 am, on Saturday, 18<sup>th</sup> March 2023, in the Conference Room of Amala College of Nursing. Kindly make it convenient to attend the same.

### AGENDA:

- IRB 01 : Problem Presentation of I year M.Sc. Nursing students  
IRB 02 : Pilot Study Presentation of II year M.Sc. Nursing Student



*19/03/23*  
**Principal and Chairperson**

**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISUR-680 555

### Copy to:

Dr. Sr. Merly John / Prof. Lakshmi G /Dr. Ambika C /Mrs. Linda Varghese /  
Mrs. Chanlin Chacko / Mrs. Rinu David / Guides & Co-Guides of Students



# Ethics Committee,

- (i. Registered under DHR, Government of India vide Registration No. EC/NEW/INST/2021/1648  
ii. Re registration renewed under CDSCO, Government of India vide Registration No. ECR/653/Inst/KL/2014/RR-22)



**Amala Institute of Medical Sciences, Thrissur-680 555**

(Affiliated to Kerala University of Health Sciences and Accredited A+)

Ref. No.16/EC/22/AIMS

Date: 31-10-2022

## Minutes of Meeting of Ethics Committee

A sitting of Ethics Committee was held on 31-10-2022 at 2.30 pm in College Council Hall, Amala Institute of Medical Sciences, Thrissur – 680 555 under strict precautions against Covid – 19 spread.

Rev. Fr. Dr. Anil George Konkoth, CMI, chaired the session. Following members were present:

Dr. Joseph T John, Member Secretary	Rev. Fr. Deljo Puthoor, CMI Member	Dr. Rajee Reghunath Member
Dr. Bindu C B, Member	Dr. P. Bagavathiammai Member	Mr. C.P. Verghese Member
Adv. Seby J Pullely Member		

Dr. K Sojan George, Member informed inability to attend the meeting.

1. Meeting began with silent prayer, after quorum was fulfilled.
2. Two minutes silence was observed in honour of sad demise of founder Director, Rev. Fr. George Pius Ukken, CMI.
3. Minutes of meeting on 08-04-2022 were approved.
4. Member Secretary, informed that the Ethics Committee was registered under DHR, Government of India, vide Registration No. EC/NEW/INST/2021/1648 and that re registration was renewed under CDSCO, Government of India, vide Registration No. ECR/653/Inst/KL/2014/RR-22.
5. The Standard Operating Procedure (SOP) prescribed as per CDSCO was presented and approved unanimously.
6. Following research papers and protocols approved by Institutional Research Committee were unanimously approved.

Sl. No.	Applicants Name	Title
01	Subi Das	Antibiotic Susceptibility Pattern and Clinical Profile of Pseudomonas Earuginosa Isolated from Lower Respiratory Tract Samples
02	Deepa Maria Jose	Utility of Hacor Score in Predicting Non Invasive Ventilation Failure in Patients with Respiratory Failure
03	Sreelekshmi S	D Dimer Levels and its Association with Mortality in Patients Admitted with Sepsis
04	Greeshma George	A Study on the Prevalence of Nomophobia and its Associated Factors among the Medical Students of Medical College in Central Kerala
05	Mekha Body	Prevalence of Perceived Stress and its Associated Factors among Undergraduate Medical Students of a Tertiary Care Centre – A Cross Sectional Study
06	Jacob George Binoy	A Study on the Characteristics of Animal Bites Reported at Immunisation Clinic of a Tertiary Care Centre in Thrissur District, Kerala
07	Sanjana Joy	A Study on the Prevalence of Body Dysmorphic Disorder in Patients with Hair Loss
08	Angela Merici Alen	A Study to Evaluate the Role of Serum CXCL10 as a Marker in Differentiating Active from Stable Vitiligo and Correlation with Dermoscopic Findings
09	Lizbeth Tom	Profile and Determinants of Macular Ganglion Cell-Inner Plexiform Layer Thickness in South Indian Adults Attending a Tertiary Care Hospital
10	Babitha Thamby	Detection of Hepatocellular Carcinoma (HCC) Using a Novel Hybrid Algorithm in Data Mining
11	Jeena Jose	Detection of Early-stage Chronic Kidney Disease (CKD) Using Data Mining
12	Archana Jayakumar	Effect of Self Reliance Training on Stress and Coping among First year BSc Nursing Students in a Selected Nursing College at Thrissur District

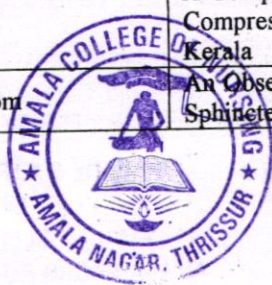
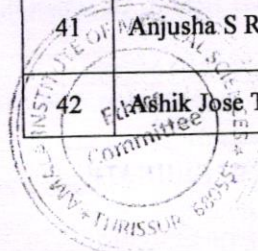
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL

Page 1 of 4

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



13	Anusha Jose	A Study to Compare Ketamine and Fentanyl on the Effect Site Concentration of Propofol During Induction of Anesthesia Using Clinical Assessment Score
14	Sreeraj V	Care of Patients with Acute Myeloid Leukemia During Covid in India
15	Dr. Teenu S R	Epidemiology and Treatment Outcomes of Patients Older than 55 years of Age with Acute Myeloid Leukemia in India
16	Aiswarya Thomas	A Comparative Study of Various Ultrasound Scoring System in Predicting Malignant Potential of Adnexal Mass Lesions
17	Shobina Chitran	Clinic-Pathological Correlation of Patients Undergoing Hysterectomy for Abnormal Uterine Bleeding as per Palm-Coein Classification System in a Tertiary Care Centre Thrissur District
18	Yasir Sulaiman	End-Tidal Carbon Dioxide as a Predictor of Mortality and Morbidity in Patients Diagnosed with Sepsis Presenting to the Emergency Department of a Tertiary Care Hospital
19	Jeevan Jayakumar	"Predictability of In-hospital Outcomes in Acute Myocardial Infarction Patients Presenting to Emergency Department Using High Sensitivity - C Reactive Protein along with Grace Risk Score"
20	Tinu Mary Varghese	Attitude and Practices Towards Breaking Bad News and its Relation to Emotional Reactivity in Clinicians Working in a Tertiary Care Centre - A Cross Sectional Study
21	Anntrisa K Manavath	A Cohort Study on Elevated D Dimer Value and Long Term Cardiovascular Outcomes Among Trauma Patients Scheduled for Surgery
22	Parvathy T J	A Study on Quality of Life and its Associated Factors among Fishermen's Spouses in Coastal Area of Ernakulum District; A Mixed Method
23	Hafseena Velikoth	A Study on Depressive Disorders, Factors and Perinatal Outcome among Pregnant Mothers in a Tertiary Care Hospital Thrissur
24	Nimmy Susan Jose	Sonological Evaluation of Carotid Intima Media Thickness and Plaque and its Association with Conventional Coronary Angiographic Findings in Patients Attending Tertiary Care Hospital in Thrissur
25	Greeshma Gangadharan	Ophthalmic Artery Doppler Indices in Hypertensive Disorders of Pregnancy
26	Shahana S V	Age and Gender Based Reference Values for Calcium Score in Incidentally Detected Calcifications of Coronary Arteries and Thoracic Aorta on Routine Clinical Chest CT: A Tool to Index Systemic Atherosclerotic Burden
27	Shilna Thuppilikattu	Study on the Role of Shoulder Sonography on Clinical Decision Making in Patients with Shoulder Pain Attending Pain Clinic in a Tertiary Care Hospital in Thrissur
28	Arun V P	A Study on Stratification of Atopic Dermatitis Based on Serum IgE and Interleukin Levels
29	Annlee Koshy	Comparison of Cognitive Functions in Patients Before During and After Receiving Modified Electroconvulsive Therapy - in a Tertiary Care Hospital - a Prospective Study
30	Alina Mary James	A Study on Traffic Noise and its Effects on Health of Adult Population in Urban Areas Thrissur District
31	Teenu Paul	A Study on Risk Assessment of Non-communicable Diseases among Adults in an Urban Slum, Thrissur
32	Arsha Nair	A Comparative Study of King Vision Video Laryngoscopy and Macintosh Laryngoscopy in Routine Airway Management in Elective Surgeries - Cohort Study
33	Tisa Rajive	Rotational Thromboelastometry Parameters as Predictors of Bleeding Risk in Decompensated Chronic Liver Disease Patients Attending a Tertiary Care Hospital Kerala
34	Suhail P	Association Between HbA1C and Cardiac Autonomic Neuropathy in Patient with Type 2 Diabetes mellitus in a Tertiary Care Hospital in Central Kerala
35	Prajith V P	A Study on Incidence of Acute Kidney Injury and its Outcomes in Patients with Acute Myocardial Infarction in a Tertiary Care Hospital
36	Sachin Joseph Sebastian	A Study on the Prevalence of H Pylori Infection among Type 2 Diabetic Patients Presenting with Dyspepsia to a Tertiary Care Centre at Thrissur District
37	Nimmi Tressa James	A Study on Role-Conflicts among Mothers Who are Pursuing Medical Post-Graduation in Thrissur District
38	Merin Mariam Roy	A Study on Determinants of Birth Preparedness and Complication Readiness among Antenatal Women in Thrissur District
39	Sachin Santy	A Comparative Study on Neurological Soft Signs in First Degree Relatives of Patients Diagnosed with Schizophrenia and in Healthy Control Group
40	Sruthy Suresh	Effect of Negative Pressure Wound Therapy / Vacuum Assisted Closure (VAC) Versus Conventional Dressing in the management of Diabetic Foot Ulcer in a Tertiary Care Centre in Kerala
41	Anjusha S R	A Comparative Study on Topical Application of Metronidazole Powder Versus Four Layer Compression Technique in the Treatment of Venous Ulcers in a Tertiary Care Centre in Kerala
42	Ashik Jose Thomas	An Observational Study of Efficacy of 2% Topical Diltiazem Cream and Lateral Internal Sphincterotomy for Management of Chronic Fissure in Ano



*Signature*  
21/10/22

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43	Maria Baby	Magnetic Resonance Imaging (MRI) and Pathological Response Assessment of Neoadjuvant Long Course Chemoradiation Therapy in Locally Advanced Rectal Cancer
44	Tom Jose	A Comparative Study on Diagnostic Accuracy of Fenyo-Lindberg Score and Modified Alvarado Score in the Detection of Acute Appendicitis in a Tertiary Health Care Centre
45	Alok Mohan A	Study on Prevalence of Subclinical Atherosclerosis in Ankylosing Spondylitis Patients Using Carotid Intima Media Thickness in a Tertiary Care Hospital
46	Teena Sulaiman	Incidence, Predictors and Health Outcomes of Delirium in Hospitalised Elderly
47	Adarsh Vijayakumar	Cutaneous Bacteriological Profile and Association of Staphylococcus Aureus with Disease Severity in Patients with Immunobullous Diseases
48	Amal Jainy James	A Study on the Clinical and Metabolic Derangements after Using 0.9% Normal Saline as Maintenance Intravenous (IV) Fluid in Children Admitted in a Tertiary Care Centre in Kerala
49	Malvika Sreejith	A Study of Electrocardiographic Features in Children with Seizures in a Tertiary Care Centre in Central Kerala
50	Divya Sebastian	A Study on Prevalence and Complications Associated with Congenital Anomalies of Kidney, Ureter and Bladder Detected Antenatally
51	Albin Joy	Study of Risk Factors Influencing Control of Asthma in School Going Children on Controller Therapy in Central Kerala – A Prospective Cohort Study
52	Joemon M George	A Study to Assess the Relationship of Frailty and Myosteatosis in Cirrhotic Patients
53	Vinesh R	Study on the Prevalence, Clinical and Microbiological Profile of Multidrug Resistant Organisms in Cirrhosis Patients Presenting to a Tertiary care Centre
54	Sourabhya Sivan V S	A Cross Sectional Study on Spirometric parameters and its Correlation with Severity of Psoriasis
55	Rahmath A Samad	A Comparative Observational Study on the Effect of Peng Block V/s Fascia Iliaca Block in Providing Analgesia in Hip Fracture Surgeries Using Numerical Rating Scale in a Tertiary Care Centre
56	Ashwin P Sabu	Prevalence of Interface Dermatitis and its Clinicopathological Study in a Tertiary Care Centre, Thrissur
57	Shafinaz M Shafi	Effect of Voice Therapy in Treating Patient Presenting with Benign Vocal Fold Lesions in a Tertiary Care Centre in Thrissur
58	Anju Mariya varghese	A Study to Determine the Correlation Between Severity of Symptoms and Radiological Grading of Adenoid Hypertrophy among Children with Symptoms of Adenoid Hypertrophy
59	Steffi Thomas	A Comparative Study Between Ramped and Sniffing Position in Video Laryngoscopy Guided Tracheal Intubation in Obese Patients
60	Elizabeth Joy Mampily	Betamethasone Gel Compared with Lidocaine Jelly to Reduce Tracheal Tube Related postoperative Airway Symptoms
61	Karthika P	PDL 1 Expression by Tumour Cells and Tumour Infiltrating Lymphocytes in Gastric Carcinoma and its Association with Clinicopathological Parameters
62	Anjan Sunny	COX – 2 Expression in Invasive Breast Carcinoma and its Association with Clinicopathological Parameters
63	Anoop Mathew	A Study on Correlation of Magnetic Resonance Imaging and Arthroscopic Findings in Shoulder Injuries in Patients Attending the Orthopedic Department in a Tertiary Care Hospital in Thrissur
64	Sai Krishna S	A Study on Functional outcome and Complications of Wide Excision Distal End of Radius and Reconstruction with Ulna Transposition in Grade 3 Giant Cell Tumour Distal End of Radius Attending in Tertiary Care Hospital in South India
65	Dilsha Sidheekh	A Study on Efficacy of Verhoeff Van Gieson Elastic Stain and Cluster of Differentiation 34 (CD34) Immunohistochemistry in Identification of Extramural Vascular Invasion in Colorectal Cancers
66	Darsana C	“Study on the Role of Vulnerable Carotid Plaque as the Cause of Ipsilateral Acute Large Vessel Ischemic Stroke and its Correlation with Patient Characteristics”
67	Anna Jacob	Diagnostic Utility of Bronchoalveolar Lavage Fluid Cell Block Immunohistochemistry Compared to Lung Biopsy Immunohistochemistry in Patients with lung Cancer
68	Shilpa K V	Diagnostic Utility of Fiberoptic bronchoscopy in Patients with Undiagnosed ground Glass Opacities of Lung in HRCT Thorax – A Cross Sectional Study
69	Patil Praveen Jagdish	Serum Cystatin C Level in Coronary Artery Disease patients and its Correlation with Angiographic Disease Severity”



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70	Harshal Liladhar Khariwale	"The Relationship Between Interleukin-6 Level and the Angiographic Severity of Coronary Artery Disease in Acute Coronary Syndrome Patients Undergoing Percutaneous Coronary Interventions"
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7. Following Clinical Trial Protocols were also unanimously approved as per ICMR and CDSCO directives

1	Sunu Lazar Cyriac	A Phase III Randomized Study to Compare a Risk-stratified and Response-adapted Strategy to Adriamycin, Bleomycin, Vincristine, Dacarbazine (ABVD) Regimen in Adolescents and Adults with Advanced-stage Hodgkin Lymphoma
2	Sunu Lazar Cyriac	Efficacy of Pioglitazone in Combination with Neoadjuvant Chemotherapy in Patients with Extremity Skeletal High-Grade Osteosarcoma Treated with Curative Intent: An Open-label, Multi-centre, Randomized Phase II Clinical Trial

8. Following Protocols were approved for purpose noted against each

1	Shaji E J (Sr. Jyothish CSC)	Effectiveness of Multimodal Intervention on Caregiver Burden, Stress, Quality of Life, and Coping Strategies among Caregivers of Patients with Breast Cancer in Selected Oncology Department in Kerala	Minor Title change
2	Aiswarya Varghese	Effect of Apremilast on Cardiovascular Risk in Psoriasis Patients on Comparison with Methotrexate	Title and Principal investigator change
3	Sreeraj V	Hematological Cancer Consortium: Hematological cancers Registry	Registry
4	Sunu Lazar Cyriac	Network of Oncology Clinical Trials India (NOC): Registry of Cancers	Registry
5	Rennis Davis	A Multicentre, Cross-sectional, Study to Evaluate the Clinical, Immunological and Radiological Profile of Allergic Bronchopulmonary Aspergillosis in Patient from India (ABPA registry)	Registry
6	Sunu Lazar Cyriac	Hospital Based Cancer Registries in India National Cancer Registry Programme Indian Council of Medical Research (ICMR) National Centre for Disease Informatics and Research, Bengaluru	Registry

Chairman was appreciated for his Vice Principal-ship in his institution and for achievement for NAAC Accreditation of his institute.



Meeting came to an end at 4 pm on same day.

(Dr. Joseph T John)  
Member Secretary



## Ethics Committee,

- (i. Registered under DHR, Government of India vide Registration No. EC/NEW/INST/2021/1648  
ii. Re registration renewed under CDSCO, Government of India vide Registration No. ECR/653/Inst/KL/2014/RR-22)



**Amala Institute of Medical Sciences, Thrissur-680 555**

(Affiliated to Kerala University of Health Sciences and Accredited A+)

### Decision of the Ethics Committee

Ref. No:17/EC/22/AIMS - 16

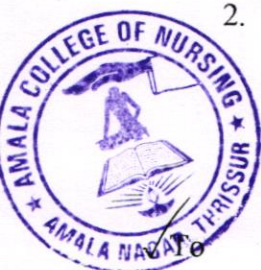
Date: 31-10-2022

(Confidential)

Protocol Title	Effect of Self Reliance Training on Stress and Coping among First Year BSc Nursing Students in a Selected Nursing College at Thrissur District
Study Period	"For one month after ethical committee approval"
Principal Investigator	Ms. Archana Jayakumar 1 <sup>st</sup> Year MSc Nursing Scholar Department of Mental Health Nursing Amala College of Nursing, Thrissur - 680555
Guide	Mrs. Bincy A P Associate Professor Department of Mental Health Nursing Amala College of Nursing, Thrissur - 680555
Co-Guide	NIL
Name and Address of the Institution	Amala College of Nursing Amala Nagar P.O, Thrissur – 680 555, Kerala
Date of review	29-10-2022
Date of Ethical Committee Meeting	31-10-2022
Members present	8 out of 9
Quorum	Fulfilled
Decision of the Ethics Committee	Approved

**PS:** Principal Investigator or Guide is to report to the Ethics Committee

1. Cases, if any, of
  - i. Adverse event(s)
  - ii. Amendment(s) to protocol and alteration(s) in procedure, site or Investigator
  - iii. Premature termination of study and reasons and
2. Six monthly review and final outcome of research



Dr. JOSEPH T. JOHN, MBBS, M.D.  
PROFESSOR & HEAD OF DEPARTMENT & VICE PRINCIPAL  
AMALA INSTITUTE OF MEDICAL SCIENCES,  
AMALA NAGAR, THRISSUR, KERALA, PIN – 680 555

Member Secretary  
Ethics Committee

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

Ms. Archana Jayakumar, 1<sup>st</sup> Year MSc Nursing Student (Through Head of Mental Health Nursing), Amala College of Nursing, Thrissur - 680555



# ETHICS COMMITTEE- AIMS, THRISSUR

Registration No. EC/NEW/INST/2021/1648 (DHR, Government of India)  
Registration No. ECR/653/Inst/KL/2014/RR-22) (CDSCO, Government of India)  
Amala Institute of Medical Sciences, Thrissur-680 555  
(Affiliated to Kerala University of Health Sciences and Accredited A+)  
E-mail: ethics.committee@amalaaims.org



## Decision of the Ethics Committee

Ref. No:08/EC/23/AIMS-26

Date: 17/06/23


(Confidential)

Protocol Title	Effect of Activity Therapy on Self-Esteem Among Mentally Ill Patients
Study Period	"1 <sup>st</sup> January 2024 to 30 <sup>th</sup> June 2024"
Principal Investigator	Mrs. Sheena John 1 <sup>st</sup> Year MSC Nursing Amala College of Nursing, Thrissur
Guide	Dr. Ambika C Professor Amala College of Nursing, Thrissur
Co-Guide	Nil
Name and Address of the Institution	Amala Institute of Medical Sciences, Amala Nagar, Thrissur - 680555
Date of Ethical Committee Meeting	17/06/2023
Quorum	Fulfilled
Decision of the Ethics Committee	Approved

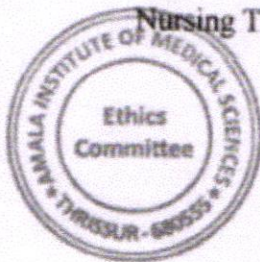
PS: Principal Investigator or Guide is to report to the Ethics Committee

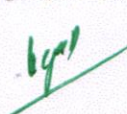
- Cases, if any, of
  - Adverse event(s)
  - Amendment(s) to protocol and alteration(s) in procedure, site or Investigator
  - Premature termination of study and reasons and
- Six monthly review and final outcome of research

Dr. SOJAN GEORGE K  
ASSOCIATE PROFESSOR & SENIOR CONSULTANT  
(MBBS, MD, DM, DNB IN GASTROENTEROLOGY)  
TC.MC No: 33440

  
Member Secretary  
Ethics Committee

To: Mrs. Sheena John, 1<sup>st</sup> Year MSC Nursing (Through the Principal) Amala College of Nursing Thrissur - 680 555



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



# ETHICS COMMITTEE- AIMS,THRISSUR

Registration No. EC/NEW/INST/2021/1648 (DHR, Government of India)

Registration No. ECR/653/Inst/KL/2014/RR-22) (CDSCO, Government of India)

Amala Institute of Medical Sciences, Thrissur-680 555

(Affiliated to Kerala University of Health Sciences and Accredited A+)

E-mail: ethics.committee@amalaims.org



## Decision of the Ethics Committee

Ref. No:08 /EC/23/AIMS-27

Date: 17/06/23

(Confidential)

Protocol Title	Assess the Quality of Life Among Transgenders in Selected Districts , Kerala
Study Period	"1 <sup>st</sup> January 2024 to 30 June 2024"
Principal Investigator	Linda Joy First Year MSC Nursing Amala College of Nursing, Thrissur
Guide	Mrs. Linda Varghese Associate Professor, Department of Obstetrics and Gynecology Amala College of Nursing, Thrissur
Co-Guide	Nil
Name and Address of the Institution	Amala Institute of Medical Sciences, Amala Nagar, Thrissur - 680555
Date of Ethical Committee Meeting	17/06/2023
Quorum	Fulfilled
Decision of the Ethics Committee	Approved

PS: Principal Investigator or Guide is to report to the Ethics Committee

1. Cases, if any, of
  - i. Adverse event(s)
  - ii. Amendment(s) to protocol and alteration(s) in procedure, site or Investigator
  - iii. Premature termination of study and reasons and
2. Six monthly review and final outcome of research



Member Secretary  
Ethics Committee

Dr. SOJAN GEORGE K  
ASSOCIATE PROFESSOR & SENIOR CONSULTANT  
MBBS, MD, DM, DNB IN GASTROENTEROLOGY  
TCMC No: 33440



To: Linda Joy, 1st Year MSC Nursing (Through the Principal) Amala College of Nursing  
Thrissur - 680 555

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555