



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2022-2023)



CRITERION 3– Research, Innovations and Extension

Key Indicator 3.3– Research Publications and Awards

Metric No. 3.3.1- The Institution ensures implementation of its stated Code of Ethics for research.

SUBMITTED TO

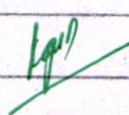


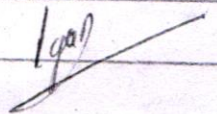
National Assessment and Accreditation Council

**INSTITUTIONAL SCIENTIFIC RESEARCH
COMMITTEE (ISRC)/
INSTITUTIONAL REVIEW BOARD
MEETING MINUTES**

INSTITUTIONAL SCIENTIFIC RESEARCH COMMITTEE




Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555



MINUTES OF ISRC MEETING HELD ON 14/1/2022

ISRC meeting was commenced on 14/1/2022 at lecture hall III at 10 am with the following agenda.

1RB 13:01 Pilot study presentation - Second MSc (N) students.

All ISRC members were present in the meeting. Five students presented their pilot study findings. All guides were present. Corrections were given to students regarding method of data collection, modifications to be made in the tool, correction in the sampling technique also were discussed. Students also clarified their doubts on feasibility of the study. Practical difficulties they met during the study also were suggested & corrections given.

ACTION TAKEN REPORT

Feasibility of the study discussed. Modifications in the tool and sampling were given.

Modification were done.

Practical difficulties of the study were mentioned.

The possible alternatives/solutions were suggested.



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR PO., THRISSUR-680 555

Members Present for the Meeting -

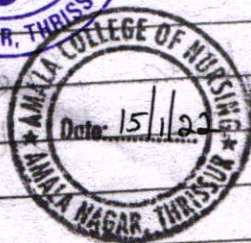
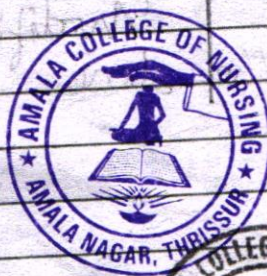
Dr. Rajee Reghunath
 Dr. Sr. Mesly John
 Mr. Lakshmi G
 Mrs. Chandra Chacko
 Mrs. Aneesha V.B
 Mrs. Binny
 Mrs. Rina David
 Mrs. Nerine Therese

[Signatures]
 L. Rajee
 S. Mesly John
 L. Lakshmi G
 M. Chandra Chacko
 M. Aneesha V.B
 M. Binny
 M. Rina David
 M. Nerine Therese

Students

Neethu Anto
 Seena AF
 Shiny C Vinson
 Sr Chirya
 Steffy

[Signatures]
 N. Neethu Anto
 S. Seena AF
 S. Shiny C Vinson
 S. Sr Chirya
 S. Steffy



[Signature]
 Prof. Dr. RAJEE REGHUNATH
 PRINCIPAL
 AMALA COLLEGE OF NURSING
 AMALA NAGAR P.O., THRISSUR-680 555

Minutes of ISRC Meeting held on 6/6/22
 ISRC meeting was commenced
 at conference hall at 10-4pm
 with the following agenda

IRB Analysis presentation of MSc 2nd yr.

All ISRC members were present in
 the meeting. Five students presented their
 Analysis presentation. All guides were joined
 for the presentation. Corrections were given
 to students regarding data presentation,
 coding of infernal. Students clarified
 their doubts. practical difficulties they
 met during the study were discussed

Action taken Report

* Two students had
 corrections in their
 table headings, chi-square
 value etc.

* Others had corrections
 in hypothesis and
 objectives format

* Common suggestions

regarding alignment

table, number, heading
 were given



Medications done

sterility

Sr. Vinu

Shinu C Vinson

Neethu Anto

Seen A F

Members present for the Meeting

Prof. Dr. Rajee Reghunath

Dr. Sr. Merly Pohn

Sr. Litha Lizbeth

Mrs. Lakshmi G

Mrs. Charlin Chacko

Mrs. Aneesha V. B

Mrs. Binny A.P

Mrs. Rinu David

[Signature]

[Signature]

[Signature]

[Signature]

[Signature]

Students Attended

Neethu Anto

Seena A.F

Shinu C Vinson

Sr. Chinju

Stephy

[Signature]



[Signature]

[Signature]

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

MINUTES OF ISRC meeting Held on 6/8/22

ISRC meeting started on 6/8/22 at Conference hall at 10-11 AM with the following agenda.

IRB: proposal presentation MSc 1st year

All ISRC members were present in the meeting. All students presented the synopsis for final approval and selection of guides. problem finalized in the meeting. The Guide selected for the study is Mrs. Binny AP, Associate professor, Mental health Nursing department. Feasibility of the study were discussed. Suggestion given by the IRB members.

Action Taken Report

* Suggestions and modification were mentioned

* Suggested to collect details of supporting literatures for the study

* Advised to revise & modify the interventions.

Modifications done



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Members present for the meeting

Prof. Dr. Rajee Reghunath
 Dr. Sr. Merly John
 Sr. Litha Elizabeth
 Mrs. Lakshmi G
 Mrs. Chanlin Chacko
 Mrs. Aneesha V.B
 Mrs. Binoy AP
 Mrs. Rina David

Lyan
 Suman
 Alw

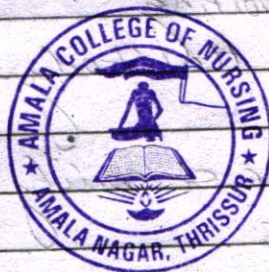
Chmbs
 Anha
 Pam
 P.S.

Students Attended

Archana Jayakumar

Chenu

Lyan



Prof. Dr. RAJEE REGHUNATH
 PRINCIPAL
 AMALA COLLEGE OF NURSING
 AMALA NAGAR P.O., THRISSUR-680 555

Minutes of ISRC meeting held on 20/8/22
 ISRC meeting started on
 20/8/22 at Lecture hall III at 2-4 pm
 with following agenda

IRB: problem presentation 3rd year BSc-Nsg.

All ISRC members were present
 in the meeting. Fifty students in 10 Batches
 presented their respective research topic.
 Few student groups had confusions in the
 topic finalization, so further presentation
 is planned to finalize the topics with
 necessary modifications.

ACTION TAKEN REPORT

Suggestions and modifications given.	
Ethical issues were discussed	Modifications done
Feasibility of study discussed	clarifications given
Suggest modifications in the interventions.	Further clarifications & corrections done



Prof. Dr. RAJEE REGHUNATH
 PRINCIPAL

AMALA COLLEGE OF NURSING
 AMALA NAGAR P.O., THRISSUR-680 555

Members present for the meeting

Prof. Dr. Rajee Reghunath
 Dr. Sr. Merly John
 Sr. Litha Lizbeth
 Mrs. Lakshmi G
 Mrs. Chanlin Chacko
 Mrs. Aneesa V.B
 Mrs. Binny A.P
 Mrs. Rina David

[Signature]
 [Signature]
 [Signature]
 [Signature]
 [Signature]
 [Signature]
 [Signature]

Students Attended

Jisna S

Angel Jesudas

Hiba Kim

Pritty Mary Prakash

Anitta Shaju

Azhina Paul

Apotrees A.M.P

Shibily Rastin km

Delma Shaju

Minta Rose

[Signature]

[Signature]

[Signature]

[Signature]

[Signature]

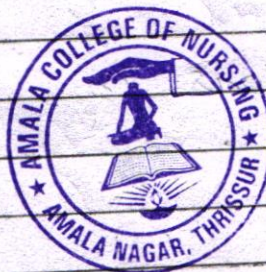
[Signature]

[Signature]

[Signature]

[Signature]

[Signature]



[Signature]

[Signature]

Prof. Dr. RAJEE REGHUNATH
 PRINCIPAL
 AMALA COLLEGE OF NURSING
 AMALA NAGAR P.O., THRISSUR-680 555

Minutes of ISRC meeting held on 29/9/22

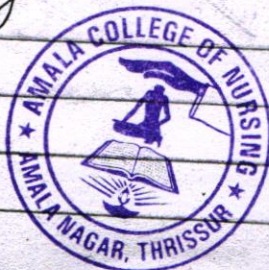
ISRC meeting started on 29/9/22 at lecture hall III at 2-4 pm with following agenda.

IRB: proposal presentation - 3rd year BSc. Nursing students

All ISRC members were present in the meeting. Representatives from each group presented their proposals. Total 10 proposals presented. Suggestions and modifications given by the IRB members. Suggested for final presentation at IRB and Ethical Committee.

ACTION TAKEN REPORT

Clarification and modifications done	Modification done and
Feasibility of study verified	Submitted
Mentioned permission of setting for Research Study.	Consent to the guidelines
Suggested tool preparation	permission obtained from the suggested research settings



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR 680 555

Members present for the meeting

Prof. Dr. Rajee Reghunath
 Dr. Sr. Mercy John
 Sr. Litha Elizabeth
 Mrs. Lakshmi G
 Mrs. Chanlin Chacko
 Mrs. Aneesha V. B
 Mrs. Bincy A. P
 Mrs. Rina David

Lip
Sunny
Am
Chandra
Anu
Tom
Reid

STUDENTS ATTENDED

Jisna S
 Angel Jesudas
 Heba K. M
 Betty Mary Prakash
 Anitta Shaju
 Ashina Paul
 Anstreesa M P
 Shibly Rastin Km
 Delma Shaju
 Mintz Rose

Theresa
Shil
Chacko
Priya
Anita
Ana
Shibly
Devi
Am



Lip

Lip

Prof. Dr. RAJEE REGHUNATH
 PRINCIPAL
 AMALA COLLEGE OF NURSING
 AMALA NAGAR PO., THRISSUR-680 555

MINUTES OF ISRC MEETING IN IRB on 26/10/22

ISRC meeting started on 26/10/22 at conference hall at 2pm with the following agenda.

IRB: proposal presentation in IRB-3rd year BSc Nursing.

All ISRC members were present in the meeting. Representatives from each group present the Proposal in IRB.

5 proposal presented. Suggestions & modifications given by IRB members. Suggested for the submission of corrected Proposal towards IRB for the issue of IRB Certificate.

Action Taken Report

Clarifications & modification done	modification done & submitted the content in IRB.
------------------------------------	---

Tools were asked to be submitted for content validity	Prepared list of Teachers for Tool validity.
---	--

One group is having correction in the problem Objective & Purpose	Group done the modifications & submitted for further Evaluation.
---	--

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555



Members present for the presentation

Name

Signature

Dr. Rajee Reghunath

19/11

Mrs. Lakshmi

Sr. Jyothish

Jyothish

Mrs. Shaly

Mrs. King David

Mrs. Surya

Aswathy Gopi

Shilsea James

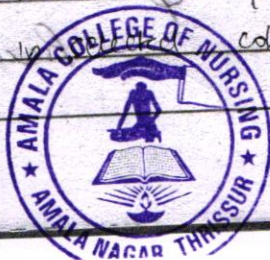
Sr. Monica SH

Mrs. Chanlin Chacko

Shilsea

Chanlin

S.no.	Finalized Topic	Students	Guide
1.	A study to assess the effectiveness of structured teaching programme on knowledge & attitude regarding Premenstrual Syndrome among adolescent girls of selected Higher Secondary school in Thrissur	Hiba K. M. Lakshmi Hanna V. S. Shilsea Hridhya V. Shilsea Emitha Tomy Shilsea	Mrs. Aswathy Gopi Shilsea
2.	A descriptive study to assess the behavioural and emotional problems among adolescents and it's self management strategies.	Rithy Thomas T. Rithy Rithy Mary Rithy Sandeep Thomas Shilsea Nora Elizabeth Tomy Shilsea Sandeep Benny Shilsea	Mrs. Shaly Shilsea
3.	A descriptive study to assess the level of anger outbreak among young adults in college with a view to develop a new model teaching in college	Sindrella Paul Shilsea Tinu James Shilsea Sheen Maria Jose Shilsea Shibily Rishi Shilsea	Mrs. Shaly Shilsea



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR PO., THRISUR-6

S.no	Finalized Topic	Students	Guide
4.	A descriptive study to assess the delay practise among adolescents in selected School	Misha Rose Anto Mishel May Anto Mohammed Kagan Neena Babu Anto Nitya Gnan Anto Melina James Anto Margaret James Anto Jisna S. Anto Merin Shaju Manik K. Dharin Anto Rosany Anto Anto	Suresh Babu Suresh Babu
5.	Impact of smartphone usage on selected parameters among B.Sc Nursing students.		



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

MINUTES OF ISRC Meeting in IRB on 12/12/22

ISRC meeting started on 12/12/22 at Lecture hall III at 2 pm with following agenda.

IRB : Proposal presentation in IRB - 3rd year BSC Nursing.

All ISRC members were present in the meeting. Representatives from each group present the proposal in IRB. 5 proposals presented. Suggestions & modifications given by IRB members suggested for the submission of corrected proposal toward IRB for the issue of IRB certificate and for the further IEC meeting schedule.

Action taken Report

Clarification & modifications done suggested.

Corrections done and submitted corrected copy in IRB.

Suggested for tool validation.

prepared list of experts for tool validation.

Ethical issues regarding problem mentioned.

clarifications done for forwarding it for the further IEC meeting.

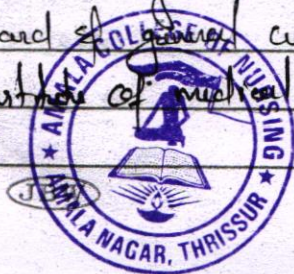


Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Members present for the IRB Meeting

	Name	Signature
	Dr. Rajee Reghunath	
	Mrs. Lakhmi G	
	Sr. Jyothish	
	Mrs. Aneesa V.B	
	Mrs. Chanlin Chacko	
	Mrs. Rina David	
	Ms. Rohini	
	Mrs. Shilpa James	
	Sr. Grace Maria	
	Sr. Mesly John	

S.No	Finalized Topic	Students	Guide
1.	A study to evaluate the effectiveness of "pick and fun" play in reducing the perceived stress among preschoolers undergoing w cannulation admitted at Amala medical college hospital	 	
2.	A comparative study to assess the work stress among nurses working in emergency ward at Amala Institute of medical Science, Thrissur.	 	



Sl. no.	Finalized Topic	Students	Guide
3.	A descriptive Study to assess the knowledge and attitude regarding menstrual cup among nursing students in a selected nursing college Thrissur	Anitha mathew <i>AJ</i> Anitha shaju <i>Anitha</i> Anjali Benny <i>Anjali</i> Anly Babu <i>Anly</i> Annamaya Sabu <i>Annamaya</i>	Mrs. Anesha V. B <i>Anesha</i>
4.	A descriptive study to assess the knowledge regarding isometric exercises on menstrual irregularities among selected nursing students in Amala college of Nursing with a view to prepare an information leaflet.	Annamaya shaja <i>Annamaya</i> Anatressa MP <i>Anatressa</i> Ann francis <i>Ann</i> Archana C.V. <i>Archana</i> Athulya ps <i>Athulya</i>	
5.	A Descriptive study to Assess the knowledge and practice of Body Mechanics among staff nurses in Amala Medical college Hospital Thrissur	Binu devarasa <i>Binu</i> Daisy jose <i>Daisy</i> Delisha jay <i>Delisha</i> Delma shaji <i>Delma</i> Delma devis <i>Delma</i>	Mrs. Rohini B <i>Rohini</i>



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Minutes of ISRC meeting in IRB on 18/3/23

Meeting of IRBS was held on 18/3/23 at 11 am in Conference room, ACON.

Agenda

IRB 01 : problem presentation 1st yr. MSc Students

IRB 02 : pilot study presentation 2nd yr MSc Students

Members present for the meeting

	Name	Signature
1.	Rinu David	Rinu
2.	Bincy. A.P	Bincy
3.	Linda Varghese	Linda
4.	Dr. Ambika. C	Ambika
5.	Sr. dittha Elizabeth	Dittha
6.	Dr. Raji Reghunathan	Raji
7.	Sheena John (1 st Yr PG Student)	Sheena
8.	Sr. Linda Joy (1 st Yr PG Student)	Linda
9.	Archana Jagakumar (1 st Yr PG Student)	Archana

Finalized statement of Sr. Linda Joy is "A study to assess the quality of life among transgenders in Selected Institutions Kerala."

Sheena Joy:- The finalized Statement of the problem is "A Study to assess the effect of activity therapy on self-esteem among mentally ill patient in a selected hospital at Thrissur."

Minutes reported by

Ms. Linda Varghese

18/03/2023



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

for

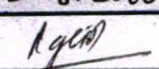
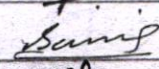
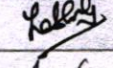
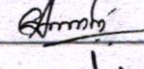
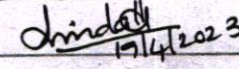
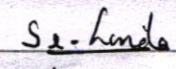
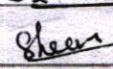
Minutes of IRB meeting held on 19.04.2023

The meeting of Institutional Review Board (IRB) was held on 19.04.2023 at 12.00^N in the Museum, Amala College of Nursing, Thrissur.

Agenda:

IRB 01: Proposal Presentation of 1st Yr M-sc Nursing Students

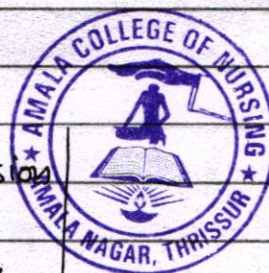
Members attended:

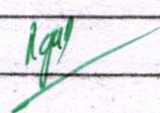
Sl No	Name of the attendees	Signature
1-	Dr. Rajee Reghunath	
2.	Dr. Sr. Mercy John	
3.	Lalshmi Jy	
4.	Dr. Ambika C	
5.	Linda Varghese	 19/4/2023
All first year M-sc Nursing students were presented their proposals.		
1.	Linda Joy	
2.	Sheena John	

ACTIONS TAKEN:-

- Modification needed in Exclusion Criteria
- Advised to check the availability of specific Q.o.c tool
- Suggested to prepare protocol for activity therapy separate for different diagnosis of

(JBW)



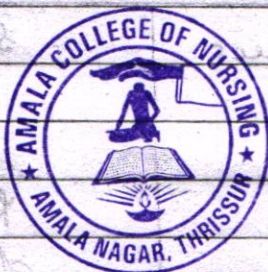

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

mental disorders in order to
avoid confusions at
implementation stage of
study.

Minutes reported by Mr. Linda Varghese

Linda
19/4/2023

Linda
19/4/2023



Linda
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

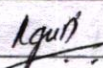
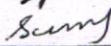
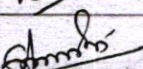
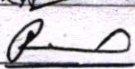
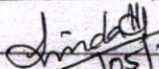
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR - 680 555

Minutes of IRB meeting held on 04/05/2023

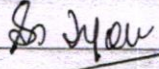
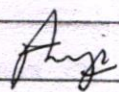
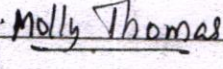
The meeting of Institutional Review Board (IRB) was held on 04.05.2023 at 12 Noon in the Amala Boulevard, Amala College of Nursing, Thrissur.

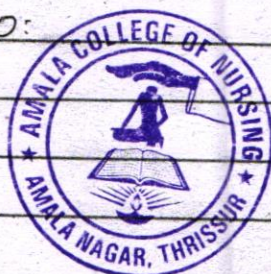
Agenda: IRB 01: Review of Research Protocol of Ph.D Scholars.

Members attended were;

Sr. NO.	Name of the attendee	Signature
1.	Dr. Rajee Reghunath	
2.	Dr. Sr. Mary John	
3.	Lakshmi G	
4.	Dr. Ambika C	
5.	Rinu David	
6.	Linda Varghese	 04/05/2023.

Ph.D Scholars attended and presented were;

1. Ligi K.O (Sr. Jyothi Grace)
Reg. No: PHD 20A1074 
2. Ms. Priya
Reg. No. PHD 211062 
3. Molly Thomas (Sr. Dona S.A.B.S)
Reg No: 



Discussions made on various aspects of Research protocol such as, clarity towards sample size and operational definitions and reminded about obtain permission for using the tool as well as to translate into Malayalam. (Agi K.O)

Ms. Priya was given suggestions regarding the study design since it is a Mixed Method study for the easy conduction of data collection.

The meeting adjourned by 1.30^{PM}.

Minutes recorded by,

Ms. Linda Varghese *Linda*
05/05/23



Lgv
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555