



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2022-2023)



CRITERION 3– Research, Innovations and Extension

Key Indicator 3.4 – Extension Activities

Metric No. 3.4.1- Number of extension and outreach activities carried out in collaboration with National and International agencies, Industry, the community, Government and Non-Government organized bodies through NSS/NCC during the year

SUBMITTED TO



National Assessment and Accreditation Council

PRINCIPAL DECLARATION



Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council
(Certificate No. 18-16/2893-INC)

Date: 30/05/2023

DECLARATION BY PRINCIPAL

This is to certify that following are the extension and outreach activities carried out during last year.

Sl. No.	Name of the activity	Year
1.	National dengue day	May -2023
2.	Nurses day celebration	
3.	World hand hygiene day	
4.	World earth day	
5.	Asthma awareness day celebration	
6.	World TB day	
7.	World Water day	
8.	Cervical cancer awareness program	
9.	Cervical cancer awareness program	
10.	Modification of NSS room	
11.	Road safety and traffic rules awareness program Participation in traffic quiz	
1.	Visit to old age home	2022
2.	Gender violence awareness class	
3.	Aids day celebration	
4.	Social advocacy skill training program	
5.	Anti-drug awareness class	
6.	Anti-drug awareness day program	
7.	Rastriya ektha diwas	
8.	Clean India campaign	
9.	World heart day	
10.	Breast feeding awareness program	
11.	Garden maintenance	
12.	AZADI KA AMRUT MAHOTSAV-YUVA UTSAV ON INDIA @ 2047	

Contd.....



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Sl. No.	Name of the activity	Year
13.	Nutrition day program	2022
14.	Freedom wall painting	
15.	Vayojana sangamam -Thannal	
16.	School health programme	
17.	Group health Education	
18.	Nutrition day programme	
19.	International day against drug abuse and illicit trafficking 2022	
20.	National reading day	
21.	International yoga day	
22.	Talk on elder abuse day	
23.	World blood donors' day – Camp	
24.	Environment day Celebration	
25.	No tobacco day celebration and competition	
26.	National youth parliament festival 2022	
27.	No smoking day	
28.	Motivational talk	
29.	Cancer awareness campaign	
30.	Motivational talk women's day celebration	
31.	Cancer awareness campaign	
32.	Women's day celebration	
33.	Women's day celebration	
34.	Pulse Polio Immunization Programme-2022	
35.	World cancer day celebration	
36.	"Say yes to life and No to drugs	
37.	Republic day	
38.	World girl child day	
39.	National youth day	
40.	Report on Sparsham- Vimukthi Jwala	



PRINCIPAL

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THIRUVANANTHAPURAM-680 555