



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING

## AQAR (2022-2023)



### CRITERION 3– Research, Innovations and Extension

#### Key Indicator 3.5 – Collaboration

**Metric No. 3.5.1 - Number of Collaborative activities for research, faculty exchange, student exchange/ Industry-internship etc. per year for the year**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

# **COLLABORATIVE PROGRAMMES FOR STUDENT EXCHANGE**



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## PROFESSIONAL STUDENT - SUMMIT 2023

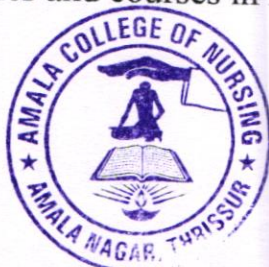
### Introduction


Professional Students Summit (PSS) an innovative program established by the Government – owned Additional Acquisition Programme (ASS) was held on 11-02-2023 on Adlux international Convention center, Karukutty, Ernakulum. This program intends to inspire young students to excellence and to shape them into enterprising and responsible at Citizens of tomorrow.

During the third edition of PSS- PSS 2023, more than 2000 students from 400 professional colleges across 14 streams participated. Representing Amala college of Nursing Thrissur, Mrs. Rinu David, Assistant professor, Community Health Nursing and Ms. Jimymol M Giji, II<sup>nd</sup> year BSc. Nursing attended the event.

The theme of the programme was “Fostering A knowledge Economy”. The event was inaugurated by honorable Chief Minister Shri. Pinarayi Vijayan in the presence of Dr. R Bindu, the minister for higher education and social justice and other dignitaries. The highlight of PSS 2023 was the presence 33 illustrious personalities who are high achievers in their professions. The event started with a wonderful session by Dr. Krishna Ella; Executive chairman of Bharat Biotech International Limited. He gave the student an overview of how to be successful in fields of science and technology as well as opportunities available for enterprising youngsters. The concurrent sessions were handled by mentors from each professional stream. The sessions of nursing stream was led by Dr. Latha Venkatesan, principal AIIMS Delhi and Prof. Selva Titus Chacko Dean, Gulf medical University UAE. The session was very knowledgeable with active participation of students and proposed various ideas such as

- Tele nursing
- Research studies and funding
- Inculcating Artificial Intelligence to maximize the quality of Nursing
- Supporting academics and mental health of students
- New opportunities and courses in nursing field



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



## Conclusion

Later student representative presented the ideas and interacted with Chief Minister. The programme ended at 5.30 pm followed by a performance by Agam Band.

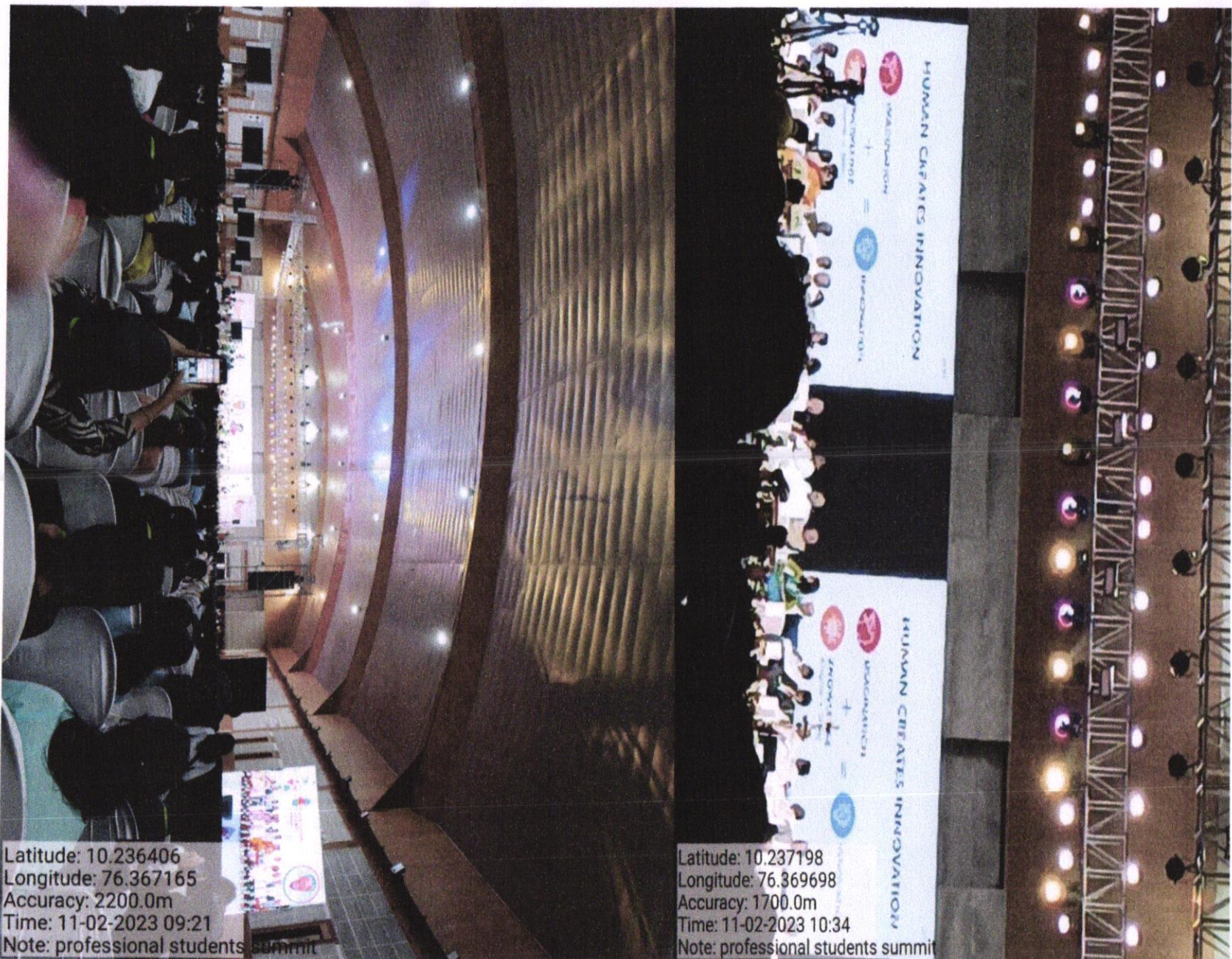
The event was very helpful to understand and identify the various opportunities and to transform today's students into tomorrow's change makers, where they become productive members of the workforce; socially responsible and community leaders.



*19/02/23*

Prof. Dr. RAJEE REGHUNATH  
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Latitude: 10.236406  
 Longitude: 76.367165  
 Accuracy: 2200.0m  
 Time: 11-02-2023 09:21  
 Note: professional students summit

Latitude: 10.237198  
 Longitude: 76.369698  
 Accuracy: 1700.0m  
 Time: 11-02-2023 10:34  
 Note: professional students summit



**Prof. Dr. RAJEE REGHUNATH**  
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*Rajee*





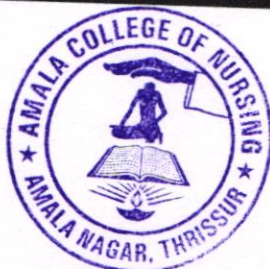
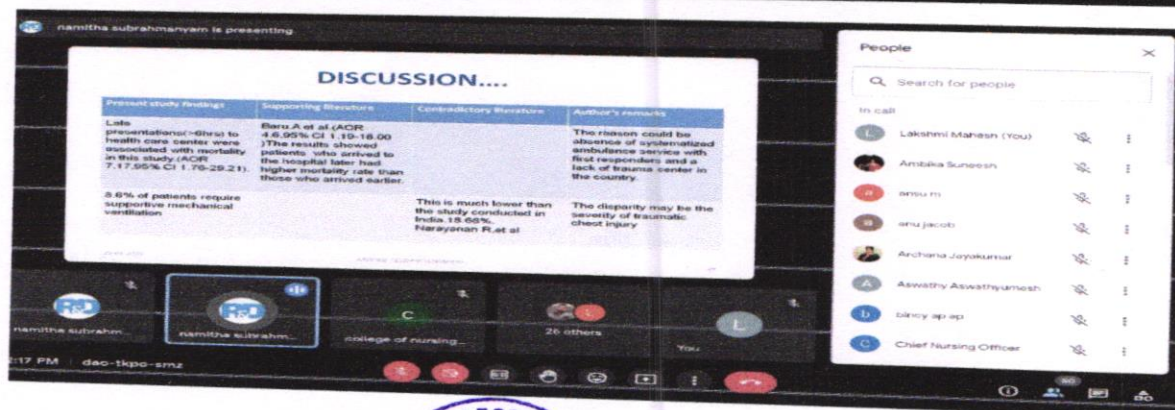
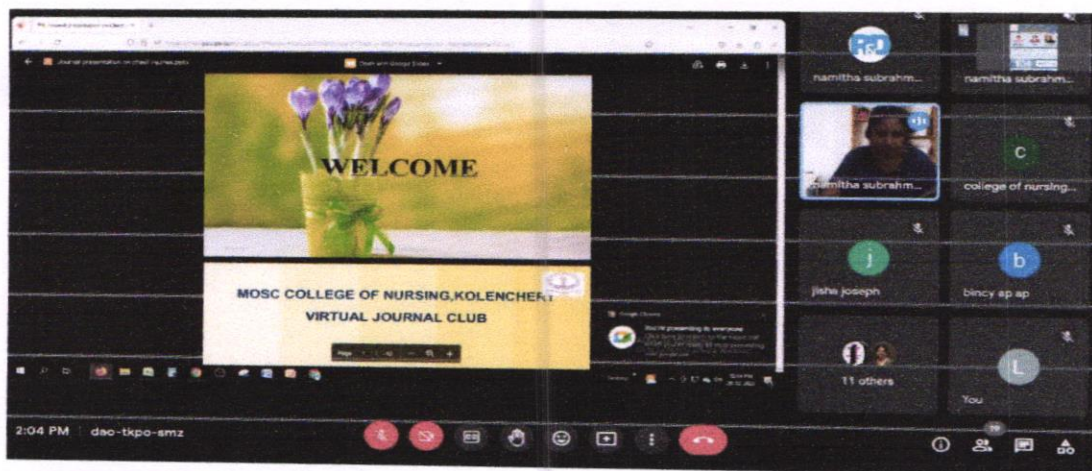
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## Collaborative research activity with MOSC college of Nursing, Kolenchery - Virtual Journal club

Amala College of Nursing faculty attended journal club organized by MOSC College of nursing Kolenchery on 28th Feb 2 to 3 pm. Expert faculty Mrs. Lakshmi G from our college was the methodology Expert for the session. Rs. Mary Treasa , Assistant professor MOSC college of nursing , presented the topic on “Mortality rate and factors associated with death in traumatic chest injury patients : A Retrospective Study”. The statistical expert Mr. Kalesh Statistician ICMS had given suggestion on statistical analysis. It was a great opportunity for the faculty to be the part of Virtual Journal Club and have a discussion with expert.



*Lgr*  
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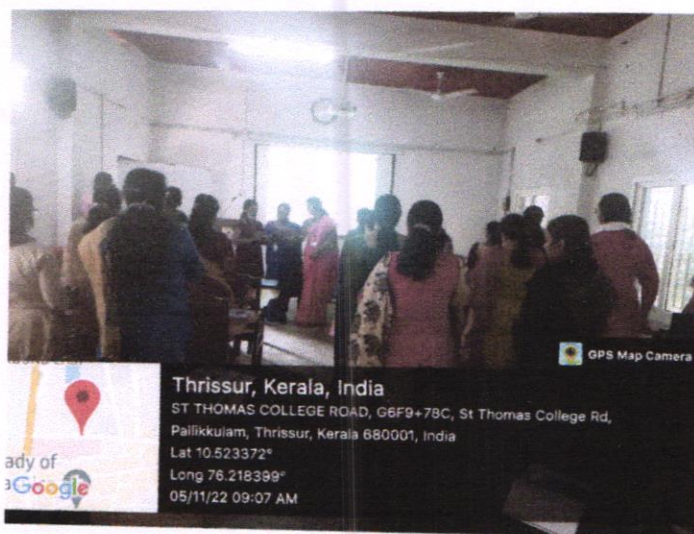
## REPORT ON COLLABORATIVE ACTIVITY WITH GOVERNMENT COLLEGE OF NURSING THRISSUR

As part of Faculty and student exchange programme, Government College of Nursing organized a session on **leadership in Nursing** for their students and faculty. Principal Dr. Geethakumari V.P Government College of Nursing inaugurated the session. Mrs. Lakshmi G Professor, Amala College of Nursing trained the students with workshop and discussions. Programme started with prayer at 9am followed by the session.

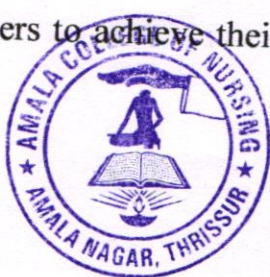
### Objectives

At the end of session Students and faculty will be able to:

- Understand on significance of leadership in nursing
- Identify practical challenges faced
- Explain steps of solving it with leadership skill
- Describe skills of a leader

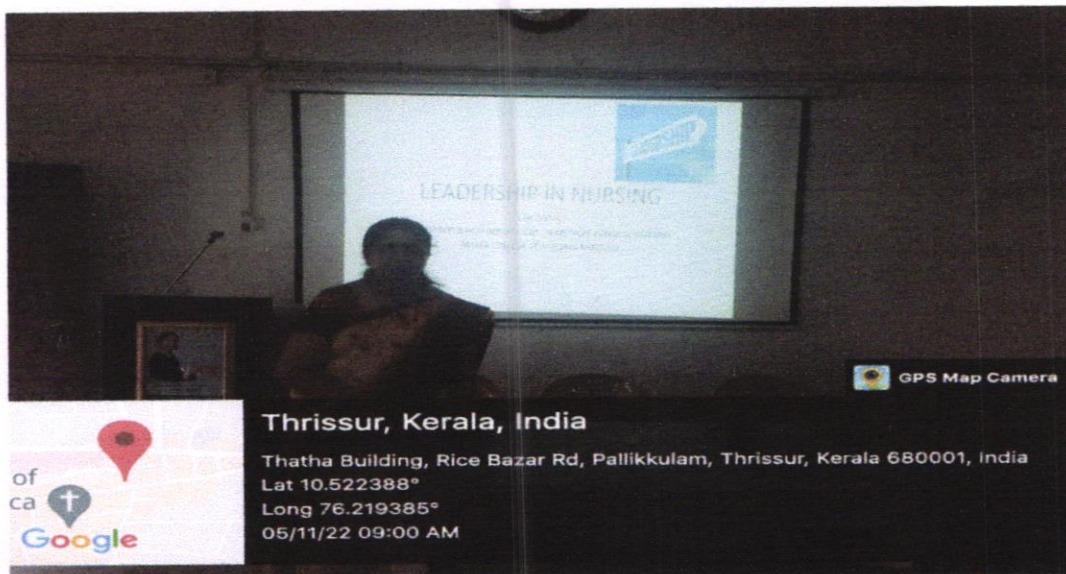


Students clarified their doubts regarding challenges faced in both clinical and academic setting. Programme ended at 3pm. Leaders in nursing inspire and influence others to achieve their maximum potential. They use applied leadership



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in nursing by drawing upon critical thinking skills to manage a team. Nurse leaders take a broad view of how daily tasks impact the overall goals of the health care organization. Group could able receive excellent learning experience and cherish their knowledge.



  
**Signature of Principal**

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## Report On Mosquito Elimination Awareness Programme

As part of Environment sustainability add-on course Community health nursing department organized a session on Mosquito elimination awareness programme on 20<sup>th</sup> February 2023 at the college auditorium. Students of 2019,2018,2021,2022 batches of B.Sc nursing students along with M.Sc students participated in the session. The expert speaker was Mr. Muhammed Rafi, Entomologist, Department of Community Medicine, Amala institute of Medical Sciences Thrissur. The session began at 3.00 pm by evoking the blessings of god. The topic was introduced by briefly discussing on various vector bone diseases. He emphasized the surging number of Dengue cases across India. He discussed about various control measures that should be followed to prevent malarial transmission. An active discussion was held on primary measures to be taken at home to prevent breeding of mosquitoes. AEDES Mosquito free Amala campus was familiarized for the students. The session concluded with vote of thanks delivered by 3<sup>rd</sup> year B.Sc. nursing student.

Indeed the session was very useful and we were able to identify the causes and preventive measures to be taken to prevent cares of dengue.



  
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**AMALA COLLEGE OF NURSING, THRISSUR**

Department of Community Health Nursing

Organizing

ADD-ON COURSE ON

# ENVIRONMENTAL SUSTAINABILITY

**Topic : Mosquito Elimination Awareness  
Program**

*Expert Speaker*



*Mr. Mohamed Rafi*

*Entomologist*

*Department of Community Medicine*

*Amala Institute of Medical Sciences, Thrissur*

**20 February 2023 at 3.00 p.m.**

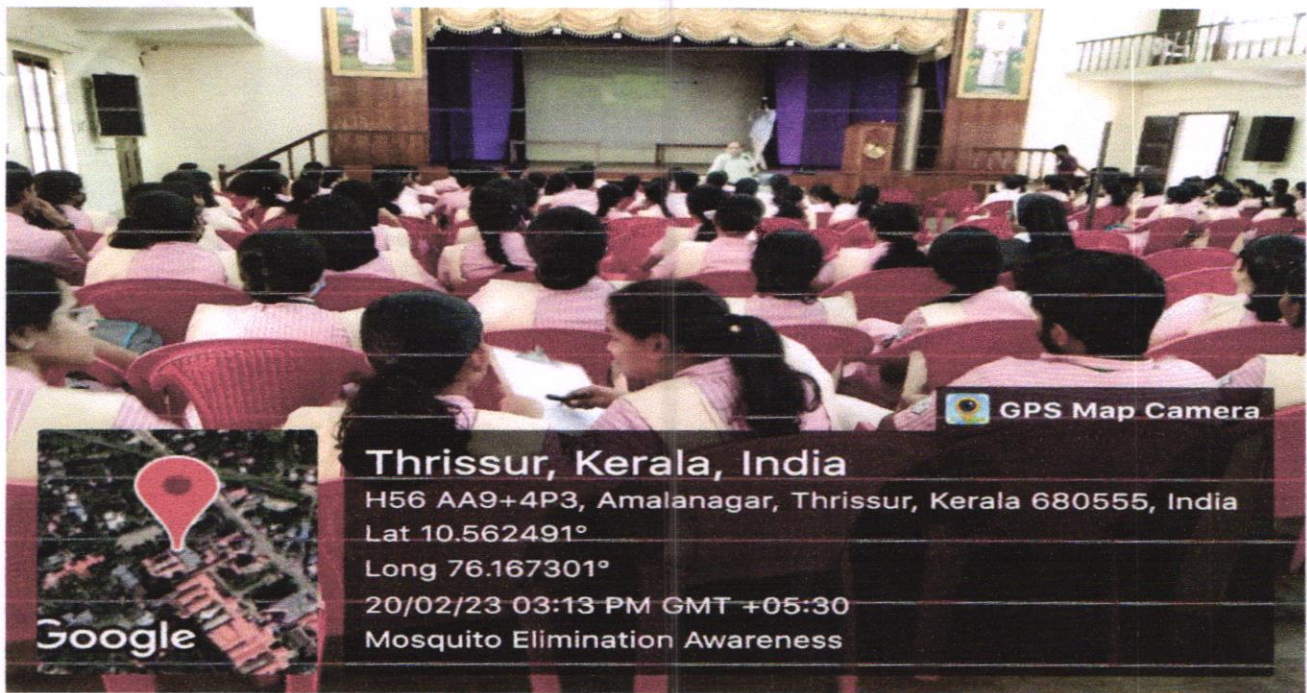
**Venue : Amala Auditorium**



*[Signature]*  
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*Rgn*

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*R. Rajee*

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# REPORTS



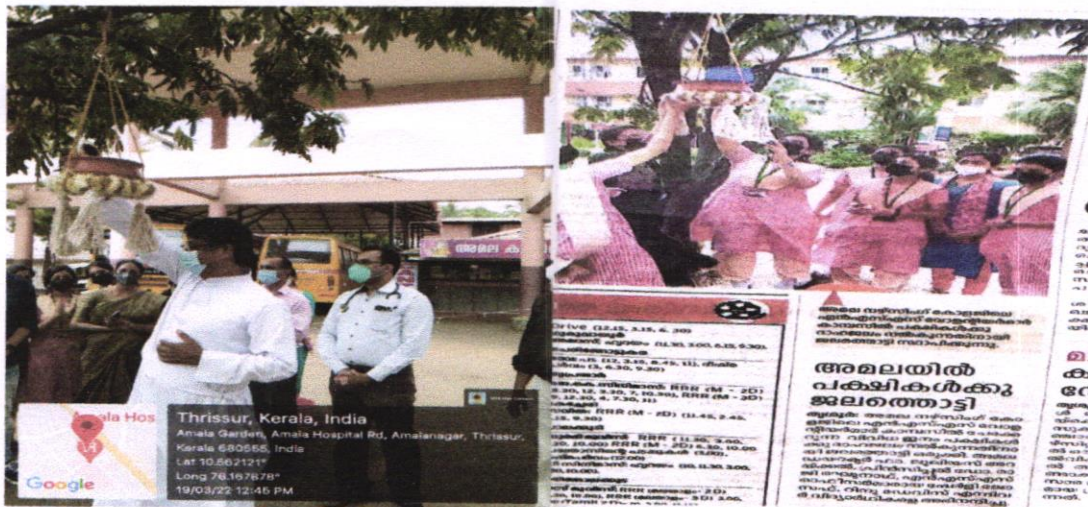
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## REPORT ON JALATOTTY FOR BIRDS

Amala college of nursing along with NSS unit students has initiated Jalatotty for birds in the Amala campus mainly to protect birds and save birds and to create an eco friendly environment. The program was inaugurated by Rev Fr Julius Arakkal CMI on 19/3/2022 at 12.00 pm. Principal Prof Dr Rajee Reghunath, NSS teachers were present. This was really an innovative initiative from the college. NSS students actively participated in the program mainly for arranging pots, selecting trees. The program ended at 1.00 pm.



Signature of Principal

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## REPORT ON CHARITY SERVICES FOR ELDERLY

Faculty of Amala College of nursing has organized charity services for elderly on 18/3/2022 at 3.00 pm. They visited old age home at Pallikkara mainly to improve the quality of life and to offer welfare services to the inmates. They arranged health awareness classes, prayer session and refreshment to the inmates. Health assessment of inmates was done and appropriate measures suggested improving the health. Mental health assessment was also done and advised on coping strategies to all inmates. All inmates were happy and cooperated well during the session.



*[Signature]*  
**Signature of Principal**

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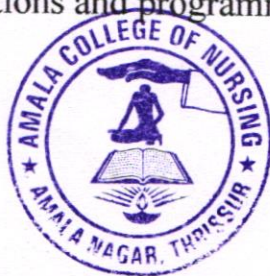
## Report of field visits Second year BSc Nursing 2022-2023

### 1. Report on visit to urban health centre

As a part of community health nursing positing second year BSc nursing students had an opportunity to visit an urban health centre located at Patturaikal on 13 October 2022. The urban health centre is under Amala Medical College Hospital, Community medicine department. The working hours is 9:00am – 4:00pm. Students were given an orientation by the health centre staff and also visited the laboratory and explained about various blood and urine tests that are used to check in UHC. Health inspector explained about the different medicines that are available in PHC. Also, they showed them about important records and registers of UHC.

### 2. Report on visit to Rural health centre

As a part of community health nursing positing second year BSc nursing students had an opportunity to visit an rural health centre located at Kallur on 26 October 2022. The rural health centre is undertaken by Amala Medical College Hospital and known as St. Joseph hospital. The institution is functional for 24hrs. Students were given an orientation by Mrs. Santhakumari and also explained about their activities and services. They got a clear cut idea the establishments, physical setup, staffing pattern, functions and programmes of a rural health centre.



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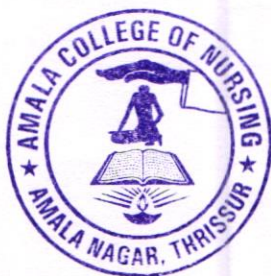



### **3. Report on field visit to Water Purification Plant Peechi**

An observation visit was organized to water purification plant at Peechi for second year BSc nursing students to meet the requirements of their curriculum on 15 October 2022. The group reached there at 10:30 am and the dam operator explained about water purification plant. The main objective of the visit was to identify components of water purification system, various techniques of storing water, filtration process, functioning of slow sand and rapid sand & also process of disinfection. They had given knowledge about standard and criteria for water quality, water purification, method of chlorination of water. Students were given time to watch around the plant and returned back to college by 2 pm.

### **4. Report on field visit to slaughter house**

As a part of Community health practical's 50 students visited the slaughter house at Kuriachira. They had visited as two batches on 21/10/22. This slaughter house is running by the Thrissur, Municipal Corporation. Mrs. Veena, veterinary of the slaughter house explained about the organization and working of the slaughter house. She also shared her experiences of features observed during antemortum and postmortem examination. They also explained about the effluent treatment plant (ETP) which is employed in recycling blood and water waste obtained during slaughtering process and this water is recycled and used for agricultural activities.



  
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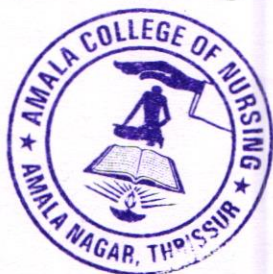
## Report of field visits of Fourth Year BSc Nursing 2022-2023


### **1. Report on International visit to Malabar cements LTD, Walayar**

An observation visit was organized to Malabar cements limited, walayar, Palakkad. They had reached the site at 10:00am. A guide from the industrial area showed them various parts of the factory which included mine, raw material, storing area, crushing and powering area, blending area, kiln, clicker, parking area and storing area etc. They also explained the procedures of cement manufacturing and various health hazards and health protective measures, specific for factory worker.

### **2. Report on field visit to District TB center**

As a part of Community health nursing posting students of fourth year BSc nursing had an observation visit to district TB centre, Thrissur on 28/ 06/2022. They reached the TB centre at 9:30 am. The authorities of the centre showed great interest in sharing their experiences and activities of TB centre. The history, organizational setup, staffing pattern, functions, outreach programs were clearly explained. This TB centre was established during the beginning of TB examination programme.



  
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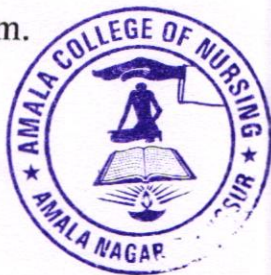


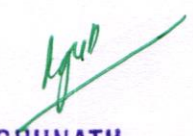
### **3. Report on visit to Adat block panchayat & Puzhakal Grama panchayat.**

As a part of fourth year Bsc Nursing community health nursing posting, they got an opportunity to visit Adat block panchayat & Puzhakal Grama panchayat. The session conducted was very informative and helped to enhance the knowledge about the various services and schemes of government. Mrs, Annie, block panchayat president delivered the inaugural address, there after Mr. Afsal block development officer explained about Mahatma Gandhi rural employment programme, Mrs. Saranya CDPO, shared about various child care services, also different planning and implementation officers interacted with the students.

### **4. Report on visit to HIV/AIDS centre**

Students of fourth year BSc nursing had an observation visit to Grace home, HIV/AIDS centre on 27/08/2022 at 10:00am. The institution showcases the importance and the care that should be provided to the affected ones. Rev. Fr. Joby Kadappuram, Assistant director of Grace home explained them about its origin, development & type of care and services provided, funding and financial support. They also got an opportunity to interact with the inmates who are studying in various classes, more than 20 children are there in the home. Our students also conducted programmes like dance, songs, games and the inmates also joined with them.



  
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## 5. Report on visit to SOS children's village

As a part of Community health nursing posting students of fourth year BSc nursing had an observation visit to SOS children village in Mulayam on 27/08/22 at 2:00 pm. Save our soul is a home for children who are away from their biological parents who are not able to take care of them or orphans. Mr. Sidharth, officer of SOS village explained to us about the history, origin of SOS, its organizational setup, staffing pattern, beneficiary activities, funding process and financial management of the institution The SOS children's village in Thrissur started its activities in the year 1983. At present there are over 170 children in 17 family who are living under the care of 11 SOS mothers, two SOS aunts and six mother trainees. The group also actively involved in activities like games, dance and songs for engaging the children. We returned back by 2 pm.



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# Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council  
(Certificate No. 18-16/2893-INC)

## Report of field visits of MSc Nursing 2022-2023

### 1. Report of field visit to ARMC IYF Fertility Center

As part OBG clinical posting 1 student from first year MSc nursing had a visit to ARMC M fertility centre Thrissur on 17 June 2023. The students were given an orientation about the centre and the facilities provided, technologies used, records and reports followed and procedures of IVF. The student had one week posting from 25 to 31 June 2023 in the center to get exposure to the procedures.

### 2. Report of field visit to Government college of nursing, Thrissur

As part of management and administration posting second year MSc nursing students had an observation visit to government college of nursing Thrissur on 17 May 2023. The principal of the college gave an orientation regarding an overview of the nursing college and administration, policies and regulations, staffing pattern, student enrollment and welfare activities. The group were given time to clarify doubts.



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No. B/006/2022/ACON

Date: 01.01.2022

To,

The Secretary – Municipal Corporation  
Municipal Corporation Office Building  
Thrissur.

Sir/Madam,

Sub: Observation visit of second year B.Sc. Nursing students (2019 Batch) –  
request for permission – reg:

As per the B.Sc. Nursing syllabus, the second year B.Sc. Nursing students need an observation visit to learn about the Slaughter House at Kuriachira. So I humbly request you to permit 50 nos of 2<sup>nd</sup> year B.Sc. Nursing students of this college for an observation visit in your esteemed institution on 15<sup>th</sup> January, 2022. The objectives of the visit is attached herewith.

Thanking you

Yours faithfully,



Prof. Dr. Rajee Reghunath  
Principal

Email : [amalanursingcollege@gmail.com](mailto:amalanursingcollege@gmail.com)  
Web : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)  
[www.amalaaims.org](http://www.amalaaims.org)

Phone : 0487 - 2304070 (College), 2304000 (Hospital)  
: 0487 - 2307574, 2304120 (Principal's Office)  
: 0487 - 2304103 (Director)  
Fax : 0487 - 2307969 (Med.College), 2307020 (Hospital)





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No. B/004/2022/ACON

Date: 01.01.2022

To,

The Assistant Executive Engineer,  
Kerala Water Authority Office,  
Chembookavu,  
Thrissur.

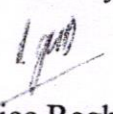
Sir/Madam,

Sub: Observation visit of second year B.Sc. Nursing students (2019 Batch) –  
request for permission – reg:

As per the B.Sc. Nursing syllabus, the second year B.Sc. Nursing students need an observation visit to learn about the water purification plant at peechi. So I humbly request you to permit 50 nos of 2<sup>nd</sup> year B.Sc. Nursing students of this college for an observation visit in your esteemed institution on 12<sup>th</sup> January 2022. The objectives of the visit is attached herewith.

Thanking you

Yours faithfully,

  
Prof. Dr. Rajee Reghunath  
Principal

Email : amalanursingcollege@gmail.com  
Web : www.amalanursingcollege.org  
www.amalaaims.org

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No. B/005/2022/ACON

Date: 01.01.2022

To,

The Manager,  
Pasteurization Plant,  
Thrissur – Dairy,  
Ramavarmapuram, Thrissur.

Sir/Madam,

Sub: Observation visit of second year B.Sc. Nursing students (2019 Batch) –  
request for permission – reg:

As per the B.Sc. Nursing syllabus, the second year B.Sc. Nursing students need an observation visit to learn about the dairy farm and pasteurization plant at Ramavarmapuram. So I humbly request you to permit 50 nos of 2<sup>nd</sup> year B.Sc. Nursing students of this college for an observation visit in your esteemed institution on 13<sup>th</sup> January 2022. The objectives of the visit is attached herewith.

Thanking you

Yours faithfully,



Prof. Dr. Rajee Reghunath  
Principal

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(Certificate No. 18-16/2893-JNC)

No. B/023/2022/ACON

Date: 12.01.2022

To,  
The Medical Officer In-charge  
FHC, Elavally

Sir/Madam,

*Sub: Request for Community Posting of B.Sc. Nursing Students – reg:*

As per the B.Sc. Nursing syllabus, fourth year B.Sc. Nursing students need two months Community Posting at FHC. We are planning to send the fourth year B.Sc. Nursing students to your institution for the clinical training as per the following time schedule:

Sl. No.	No. of Students	Batch	Training period
1	25 Nos	First batch of final year B.Sc. Nursing (2018 batch)	16.05.2022 to 16.07.2022
2	25 Nos	Second batch of final year B.Sc. Nursing (2018 Batch)	18.07.2022 to 17.09.2022

So I request you to do the needful for issuing NOC for the clinical posting during the above mentioned period, so that we can submit to DMO for getting formal orders.



Yours faithfully,

**Prof. Dr. Rajee Reghunath**  
Principal