



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2022-2023)



CRITERION 4 – Infrastructure and Learning Resources

Key Indicator 4.2 – Clinical, Equipment and Laboratory Learning Resources

Metric No. 4.2.3- Number of students exposed to learning resource such as Laboratories, Animal House & Herbal Garden (in house OR hired) during the year

SUBMITTED TO



National Assessment and Accreditation Council

4-2-3

REPORT OF EXPOSURE TO HERBAL GARDEN

Herbal Garden

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REPORT ON AYURVEDIC RESEARCH CENTRE AND HERBARIUM
VISIT - 2021 BATCH

As a part of NAAC second semester Bsc Nursing students made a visit to Amala Ayurvedic Research centre and herbarium on 19/01/2022 at 2:30pm. First we was taken to Amala Ayurvedic center and there Dr. Rohith explained to us about ayurvedic treatment and medicine. Then we was taken to a store room where sample forms of various ayurvedic products was kept. We saw many ayurvedic varieties of roots, flowers such as Nagapoo (Mesua ferrea) and many others. Then we went to fermentation room where fermentation of medicines was carrying on. Dr. Rohith explained how the fermentation procedures was doing, the duration, quality and method of preparation. We was also guided to store house, tablet grinding packing units, quality assurance unit where pH, quality of medicines was tested.

After these we was guided to Amala Ayurvedic garden ^{Sanjeevani} by Mrs. Jomol, faculty of Amala Research centre and our tutor Mrs. Shilpa. Mrs. Jomol took us the greenhouse garden of various ayurvedic medicinal plants. It was arranged in a well understandable way. Various medicinal plants like Aloe Vera, Tulasi etc has been kept. Plants was kept in an order of according to star signs in a belief that each star signs has their own plants to. Then we went the next ayurvedic garden, 'Ayurvali' where medicinal plants was arranged in form of 'Trikadu', Dashapushpam, 'Triphala'. We also had an opportunity to see a variety forms of 'Tulasi'. Mrs. Jomol explained to us that every plants

even a grass surrounding us has its own ayurvedic medicinal use. But it should be found out and use in its own way.

We then went to 'Fr. Gabriel herbarium' where various plants has been preserved for future reference. The plants are preserved in herbarium sheets and Madam explained about the preparation process of storing the plants in herbarium sheets. The herbarium sheets also contain a label about its name, scientific name, locality etc which help us to identify the details of plants.

The visit was indeed a great opportunity to enhance our knowledge about various medicinal plants, medicine preparation units and method of preserving in herbarium sheets.



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- 1 Abin babu
- 2 Amal biju
- 3 Angela Pickson
- 4 Anjana V.P
- 5 Anju Bobby
- 6 Anju kunjimon
- 7 Anne maria Augusthan
- 8 Ann mary V.R
- 9 Anil Elizabeth kuniakose
- 10 Anu Anu
- 11 Anushi P
- 12 Ayana Baby
- 13 Ayana Thomas
- 14 Blessy Thomas
- 15 Dany Paul
- 16 Della Toms
- 17 Devika k. Theepkumar
- 18 Dhassana Shiji
- 19 Diya Rose Colmes
- 20 Elina A's
- 21 Emil Mastin
- 22 Esther Biju
- 23 Febina A
- 24 Febena Lukose
- 25 Jemi Sebastian
- 26 Gopika M.K.
- 27 Harsha P. Jiji
- 28 Haridhya Vinod
- 29 Jesmi Jose
- 30 kalpa s
- 31 kavyanath
- 32 Krishnapriya
- 33 Lakshmi.PS

[Handwritten signatures and initials corresponding to the list on page 20]



- 34 Liya Riji
- 35 Mahima Jofncy
- 36 Mariya Christy E.F
- 37 Mariya Thomas
- 38 Mohammad Farzeen
- 39 Neethu Benny
- 40 Neha Niji Olukkaran
- 41 Nimisha P
- 42 Nirosh M.J
- 43 Niya Mariya Varghese
- 44 Shameema
- 45 Sneha N. Saji
- 46 Sneha Tharakan
- 47 Sneha Tom
- 48 Sonamariya F.V
- 49 Stessy Biju
- 50 Tanya P.R

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REPORT ON AYURVEDIC RESEARCH CENTRE AND HERBARIUM VISIT - 2022 BATCH

As part of 11th Semester B.Sc. Nursing we 2022 batch got an opportunity to visit the Ayurveda Hospital and their associated herbal garden. The ultimate goal was to come to know about the origin, and development of Amala Ayurvedic Hospital and to learn about different treatment modalities we perform on our Amala Ayurveda.

First we were taken to the Amala Ayurvedic centre on the initiative of Dr. Rohith. Then we were taken to the Fermentation room and Dr. Rohith explained how the fermentation procedures were done and the other several practices held there.

Then we were taken to the Amala Ayurvedic garden 'Sanjeevani' by Mrs. Jomal, faculty of Amala Research centre and our tutor Mrs. Shilpa. First we went to the greenhouse garden. The greenhouse was arranged in a well understandable manner. There were many medicinal plants such as Atoverra, Tulasi, Neeru etc. Mrs. Jomal explained everything very meaningfully to us.

This Ayurvedic garden and Herbarium visit was indeed a precious opportunity for our 2022 batch to understand and explore more about the Amala Ayurveda.



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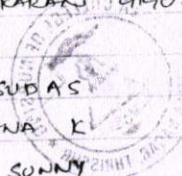


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Sl.No.	Name of the student	Signature
1	AGIN JEEVAN	<i>Agin</i>
2	AISKARYA SHAJI	<i>Aisharya</i>
3	AKHILA BENNY	<i>Akhila</i>
4	ALEENA JOHN	<i>Aleena</i>
5	ALFIN DAVIES	<i>Alfin</i>
6	AMALA THERESE SHAJU	<i>Amala</i>
7	AMEELIYA MARIYA ANTO	<i>Ameeliya</i>
8	ANAMIKA K.B	<i>Anamika</i>
9	ANASWARA MAKARAPILLY SHAJU	<i>Anaswara</i>
10	ANGEL MARIA THOMAS	<i>Angel</i>
11	ANJANA SUDARSHANAN	<i>Anjana</i>
12	ANNA ALOSHYAS	<i>Anna</i>
13	ANNMARIYA DAVIS	<i>Annmaria</i>
14	ANUNANDHA MOHAN	<i>Anunandha</i>
15	APARNA P	<i>Aparna</i>
16	AROMAL T.S	<i>Aromal</i>
17	ARIYA M. ABUN	<i>Ariya</i>
18	ASHWIN JOSE	<i>Ashwin</i>
19	CINTA ANN	<i>Cinta</i>
20	CIYA ROSE	<i>Ciya</i>
21	DIDHMOSI T.P	<i>Didhmosi</i>
22	EMIL K.P	<i>Emil</i>
23	ENLIN SABU	<i>Enlin</i>
24	GANGALAKSHMI RANJAN	<i>Gangalakshmi</i>
25	GEETHU ALOYSIUS	<i>Geethu</i>
26	HANNA MERIN BABY	<i>Hanna</i>
27	HELAN SABU A	<i>Helan</i>
28	IRENE JOSE	<i>Irene</i>
29	JENIPARI THADIKKARAN GIGO.	<i>Jenipari</i>
30	JESTIN M.D	<i>Jestin</i>
31	JUSTEBA YESUDAS	<i>Justeba</i>
32	LAKSHMI NANDANA K	<i>Lakshmi</i>
33	LISMERINE K SUNNY	<i>Lismerine</i>



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Sl.No.	Name of the student	Signature
34	MARIYA MA JOSEPH	<i>Mariya</i>
35	MEBLE BABY	<i>Mebble</i>
36	NANDANA N.S	<i>Nandana</i>
37	NIKITHA ROSE A.S	<i>Nikitha</i>
38	PAICHAL SAJI	<i>Paichal</i>
39	REBECCA MARTIN	<i>Rebecca</i>
40	RBEJAL JOSE	<i>Rbejal</i>
41	ROSE ANTONY	<i>Rose</i>
42	SANA P. JAVAN	<i>Sana</i>
43	SANTO P.T	<i>Santo</i>
44	SHAIHA AHAMMED KUTTY	<i>Shaiha</i>
45	SHELBY K. BABU	<i>Shelby</i>
46	SHIMA T.S	<i>Shima</i>
47	SWARA P.S	<i>Swara</i>
48	THASNIM P.S	<i>Thasnim</i>
49	VISNA VARGHESE	<i>Visna</i>
50	YATIN VARGHESE PUTHURIAN	<i>Yatin</i>



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REPORT OF AYURVEDIC RESEARCH CENTRE AND HERBARIUM
VISIT - 2023 BATCH

As part of first semester Bsc Nursing we 2023 Bsc Nursing Batch of Amala College of Nursing got an opportunity to visit Amala Ayurvedic Hospital and Associated herbal garden on 21st November 2023. The objective of the visit was to find out the origin and development of Amala Ayurvedic Hospital and to learn different treatment modalities followed by the hospital. The visit was organised by Amala college of Nursing and we were under the assistance of Mrs. Burya K, Dept. of Adult Health Nursing.

We visited the hospital and herbal garden under the guidance of Ms. Jomol. She gave brief introduction regarding Ayurvedic hospital and its organisation. She also explained the importance regarding herbarium, its needs and method of preparation and reservation and also displayed Herbarium sheet. She also accompanied us to Ayurvedic kitchen where medicines for Amala Ayurvedic Hospital were prepared. Dr. Rohit explained about the preparation unit and its activities. We also visited the herbal garden "Saugandhikam" maintained in the Hospital where various plants exhibited with a name family and Medical use.

The visit was an indeed opportunity for Bsc Nursing students to explore more about herbal garden and herbarium and it also helped to gather more information regarding Ayurvedic Hospital its history, organisation and treatment modalities followed. As a whole the visit was really informative.



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1	ADITHYAN RG	[Signature]
2	AGNAL ROSE VARGHESE	[Signature]
3	AKHILA GEORGE	[Signature]
4	ALNA ANTONY	[Signature]
5	AMAL THANKACHAN	[Signature]
6	AMY ANDREWS	[Signature]
7	ANEENA P ELTHO	[Signature]
8	ANEESHA AZEEZ	[Signature]
9	ANGEL BINDY	[Signature]
10	ANGEL DEVIS VELOOKARAN	[Signature]
11	ANGELINA VJ	[Signature]
12	ANGEL MARIA TIA	[Signature]
13	ANGEL MARY PB	[Signature]
14	ANGEL PAULY	[Signature]
15	ANGEL THERESA AT	[Signature]
16	ANNA ELDOSE	[Signature]
17	ANN GRACE THOMAS	[Signature]
18	ANN MARIA ROBERT	[Signature]
19	ANN MARY F	[Signature]
20	ANSIYA LS	[Signature]
21	ANSTY ELDOSE	[Signature]
22	ARCHANA VK	[Signature]
23	ARYA KS	[Signature]
24	ARYANANDA AS	[Signature]
25	ARYA S	[Signature]
26	ASHLY JOSHY	[Signature]
27	AXA MARIYA SISEL	[Signature]
28	BISNA JOSEPH C	[Signature]
29	BLESSINE C JOHN	[Signature]
30	CHANGEL DENNY	[Signature]
31	CHELSIYA SHAJESH	[Signature]
32	CHRISTA GRACE	[Signature]
33	CIVA CHARLY	[Signature]

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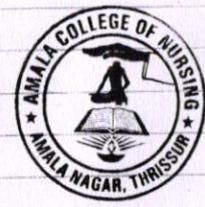
34 CLARANCE MARIA J
 35 DELMA DILEEP
 36 DELVA SIBI
 37 DEVIKA SANIL
 38 DEVU S
 39 DIFY MARIA DAVIS
 40 DIYA WILSON
 41 DONAL TD
 42 ELIZABETH THOMAS
 43 EMILLY EBI
 44 FATHIMA SHERBIN
 45 HANNA SUSAN ANEESH
 46 HELEN KALLOOR
 47 HUDHA N M
 48 IRENE MARIA K
 49 IRENE ROSE CB
 50 ISSA JOSH Y
 51 JAITHRA JOSHI
 52 JESBIN BAIJU
 53 JESNAL BIJOE
 54 JOHANA RAJU A
 55 JOVITTA JOJI
 56 JYOTHIKA P
 57 JYOTHIS JEESON
 58 KEERTHANA LAKSHMI SHINE
 59 KRISHNA PRIYA PV
 60 LEKSHMI TP
 61 LIVA SHAJU
 62 MARIA ABRAHAM
 63 MARIYA AUGUSTINE KAPPUKATT
 64 MARIYA GODWIN
 65 MARY TERESA MC
 66 MEEVAL MARIA SEBASTIAN

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67 MERIN B MICHAEL
 68 MILEN STAYOBI
 69 NANDANA BABY
 70 NANDANA SALVIN
 71 NAOMI TREESA JOSEPH
 72 NEETHU K
 73 NINZA FATHIMA KA
 74 NISTHULA UD
 75 NIVYA DEVASSY
 76 POOJA DILWITH
 77 ROSE THERESA SHEISE
 78 SALU LOVELY JOY
 79 SANDHRA MARIA P X
 80 SANDRA SAJI
 81 SANIYAMOL EJ
 82 SANIYA SABU
 83 SANOVA SHAJU
 84 SEETHA LAKSHMI PS
 85 SETHULAKSHMI BLU
 86 SHANA SHERIN CH
 87 SHIMIL TJ
 88 SONU SOOSAN ABY
 89 SREYA SAJI
 90 SWETHA TT

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