



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2022-2023)



CRITERION 7 – Institutional Values and Best Practices

Key Indicator 7.2– Best Practices

Metric No. 7.2.1 Describe two Institutional Best Practices as per the NAAC format provided in the Manual (Respond within 100 - 200 words) Provide web link to:

SUBMITTED TO



National Assessment and Accreditation Council

**ACADEMIC PLAN
SHOWING THE
TEACHING HOURS
ALLOTTED TO THE TIER -
I (HIGHLIGHTED) AND
TIER-II FACULTIES IN
THE COLLEGE**

ACADEMIC PLAN
2022-2023



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)
Amala Nagar P.O, Thrissur - 680 555, Kerala, India.

ACADEMIC PLAN FOR THE YEAR 2022-2023

I. FIRST SEMESTER B.Sc. NURSING – 2022 BATCH

Co-ordinator	-	Sr. Grace Maria (Sheela C D)
Co- coordinator	-	Mrs. Surya K
Date of commencement of class	-	30.11.2022

Subject allotment

A. Nursing Foundations I :

a) Sr. Grace Maria	-	20 hrs + Credit Course
b) Sr. Jyothish CSC	-	10 hrs
c) Mrs. Shilsa James	-	10 hrs
d) Mrs. Surya K	-	20 hrs
e) Mrs. Maria E. J	-	20 hrs
f) Mrs. Krishnaja M Unnikrishnan	-	20 hrs
g) Mrs. Rosariyo Anto	-	10 hrs
h) Mrs. Aswathy Gopi	-	10 hrs

II. SECOND SEMESTER B.Sc. NURSING – 2022 BATCH

Co-ordinator	-	Mr. Don Jose K
Co- coordinator	-	Sr. Grace Maria (Sheela C. D.)
Date of commencement of class	-	02.06.2023

Subject allotment

B. Nursing Foundations II :

i) Sr. Grace Maria	-	20 hrs
j) Mrs. Neethu Anto	-	25 hrs
k) Mrs. Krishnaja M Unnikrishnan	-	25 hrs
l) Mrs. Seena A. F	-	25 hrs
m) Mrs. Shinu C. Winson	-	25 hrs

C. Nursing Informatics

a) Mrs. Surya K	-	20 hrs
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III. THIRD SEMESTER B.Sc. NURSING – 2021 BATCH

Co-ordinator	-	Sr. Moly Thomas
Co- coordinator	-	Mrs. Shilsa James
Date of commencement of class	-	27.02.2023

Subject allotment

A. Applied Microbiology (infection control & safety) :

a) Mrs. Neethu Anto	-	10 hrs
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B. Pharmacology I :

a) Mrs. Seena A. F.	-	10 hrs
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C. Pathology I

a) Mrs. Shinu C. Vinson	-	05 hrs
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D. Adult Health Nursing I :

a) Sr. Moly Thomas	-	40 hrs
b) Mrs. Shilsa James	-	40 hrs
c) Sr. Siji C. P.	-	10 hrs

E. BCLS (Mandatory Module) :

a) Mr. Don Jose K	-	30 hrs
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Demonstration (Mrs. Neethu Anto, Mrs. Seena A. F, Mrs. Shinu Vinson
Mr. Don Jose K, Mrs. Shilsa James)

F. Diabetic Care (Elective Module):

b) Mrs. Aswathy Gopi	-	10 hrs
c) Mrs. Rosariyo Anto	-	10 hrs

IV. FOURTH SEMESTER B.Sc. NURSING – 2021 BATCH

Co-ordinator	-	Sr. Moly Thomas
Co- coordinator	-	Mrs. Shilsa James
Date of commencement of class	-	28.08.2023

Subject allotment

A. Adult Health Nursing II :

a) Mrs. Lovna Grace Paul	-	30 hrs
b) Mrs. Aswathy Gopi	-	30 hrs
c) Mrs. Rosariyo Anto	-	25 hrs
d) Mr. Don Jose K	-	25 hrs

B. Professionalism, Professional Values & Ethics including Bioethics :

- | | | |
|------------------------|---|--------|
| a) Sr. Jyothish CSC | - | 10 hrs |
| b) Dr. Rajee Reghunath | - | 10 hrs |

V. THIRD YEAR B.Sc. NURSING – 2020 BATCH

- | | | |
|-------------------------------|---|--------------------------|
| Class Co-ordinator | - | Mrs. Shaly Joseph Pullan |
| Co- coordinator | - | Mrs. Maria E. J. |
| Date of Commencement of class | - | 01.05.2023 |

Subject allotment

A. Medical Surgical Nursing – II

- | | | |
|------------------------|---|---------------|
| a) Sr. Jyothish CSC | - | 25 hrs |
| b) Sr. Tincy Abrahan | - | 40 hrs |
| c) Sr. Siji C P | - | 05 hrs |

B. Paediatric Nursing

- | | | |
|----------------------------------|---|--------|
| a) Mrs. Maria E. J. | - | 50 hrs |
| b) Sr. Grace Maria (Sheela C.D.) | - | 40 hrs |
| c) Mrs. Chanlin Chacko | - | 10 hrs |

C. Psychiatric Nursing

- | | | |
|---------------------|---|--------|
| a) Mrs. Ambika C | - | 30 hrs |
| b) Mrs. Bincy A. P. | - | 30 hrs |
| c) Mrs. Rohini G. | - | 30 hrs |

D. Research

- | | | |
|------------------------|---|--------|
| a) Mrs. Rinu David | - | 35 hrs |
| b) Dr. Rajee Reghunath | - | 02 hrs |

VI. FOURTH YEAR B.Sc. NURSING - 2019 BATCH

- | | | |
|-------------------------------|---|---------------------|
| Class Co-ordinator | - | Mrs. Aneesha V. B. |
| Co- coordinator | - | Mrs. Linda Varghese |
| Date of Commencement of class | - | 15.04.2023 |

Subject allotment

A. Obstetrics & Gynecological Nursing

- | | | |
|---------------------------|---|---------------|
| a) Sr. Litha Lizbeth | - | 55 hrs |
| b) Mrs. Aneesha V. B | - | 60 hrs |
| c) Mrs. Tonia Toms | - | 05 hrs |




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B. Community Health Nursing

- | | | |
|------------------------------------|---|--------|
| a) Dr. Molly John (Sr. Merly John) | - | 25 hrs |
| b) Mrs. Shaly Joseph Pullan | - | 45 hrs |
| c) Mrs. Lekshmi M | - | 10 hrs |
| d) Mrs. Rinu David | - | 20 hrs |

C. Nursing Education

- | | | |
|--------------------------|---|--------|
| a) Dr. Ambika C. | - | 30 hrs |
| b) Mrs. Lovna Grace Paul | - | 30 hrs |
| c) Mrs. Chanlin Chacko | - | 20 hrs |

D. Management of Nursing Services & Education

- | | | |
|------------------------|---|--------|
| a) Mrs. Linda Varghese | - | 30 hrs |
| b) Prof. Lakshmi G | - | 30 hrs |
| c) Sr. Likhitha MSJ | - | 10 hrs |

VII. FIRST YEAR M.Sc. NURSING – 2022 BATCH

- | | | |
|-------------------------------|---|-----------------------|
| Class Co-ordinator | - | Dr. Ambika C. |
| Co- coordinator | - | Mrs. Lovna Grace Paul |
| Date of Commencement of class | - | 07.12.2022 |

Subject allotment

A. Advanced Nursing Practice

- | | | |
|-----------------------------|---|-----------------------|
| a) Mrs. Surya K | - | 40 hrs (Co-ordinator) |
| b) Mrs. Lovna Grace Paul | - | 40 hrs |
| c) Mrs. Shaly Joseph Pullan | - | 30 hrs |

B. Nursing Education

- | | | |
|------------------------|---|-----------------------|
| a) Dr. Ambika C | - | 30 hrs (Co-ordinator) |
| b) Sr. Jyothish CSC | - | 30 hrs |
| c) Mr. Don Jose K | - | 30 hrs |
| d) Mrs. Chanlin Chacko | - | 10 hrs |

C. Nursing Research

- | | | |
|------------------------------------|---|-----------------------|
| a) Mrs. Rinu David | - | 30 hrs (Co-ordinator) |
| b) Dr. Molly John (Sr. Merly John) | - | 30 hrs |
| c) Mrs. Linda Varghese | - | 30 hrs |
| d) Dr. Rajee Reghunath | - | 10 hrs |

D. Specialty

▫ *Obstetric & Gynecological Nursing*

- | | | |
|------------------------|---|--------|
| a) Sr. Litha Lizbeth | - | 50 hrs |
| b) Mrs. Aneesha V B | - | 50 hrs |
| c) Mrs. Linda Varghese | - | 20 hrs |

▫ *Mental Health Nursing*

- | | | |
|--------------------|---|--------|
| a) Mrs. Ambika C | - | 45 hrs |
| b) Mrs. Bincy A. P | - | 45 hrs |
| c) Ms. Rohini G | - | 30 hrs |

VIII. SECOND YEAR M.Sc. NURSING – 2021 BATCH

- | | | |
|-------------------------------|---|---------------------------------|
| Class Co-ordinator | - | Dr. Molly John (Sr. Merly John) |
| Co- coordinator | - | Ms. Rohini G |
| Date of Commencement of class | - | 02.02.2023 |

Subject allotment

A. Nursing Administration

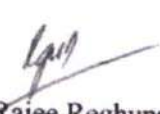
- | | | |
|----------------------------|---|---------------|
| a) Dr.Sr. Merly John | - | 40 hrs |
| b) Mrs. Linda Varghese | - | 45 hrs |
| c) Sr. Likhitha MSJ | - | 05 hrs |
| d) Mrs. Lakshmi G | - | 30 hrs |

B. Clinical Speciality II

1. Mental Health Nursing

- | | | |
|-------------------|---|--------|
| a) Dr. Ambika C | - | 45 hrs |
| b) Mrs. Bincy A P | - | 45 hrs |
| c) Ms. Rohini G | - | 30 hrs |




Prof. Dr. Rajee Reghunath
Principal
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ACADEMIC PLAN 2021-2022



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur - 680 555, Kerala, India.

TENTATIVE ACADEMIC PLAN FOR THE YEAR 2021-2022

I. FIRST & SECOND SEMESTER B.Sc. NURSING – 2021 BATCH

Co-ordinator	-	Sr. Jyothish CSC
Co- coordinator	-	Mrs. Shilsa James
Date of commencement of class	-	01.01.2022

Subject allotment

A. Nursing Foundation:

	First Semester 120 + 80	Second Semester 120+120	
a. Sr. Jyothish	20	20	40
b. Shilsa James	25	25	50
c. Aswathy Gopi	25	25	50
d. Sr. Grace Maria	25 + Credit Course	25	50 + Credit course
e. Ms. Rosariyo Anto	25	25	50

II. SECOND YEAR B.Sc. NURSING – 2020 BATCH

Class Co-ordinator	-	Mrs. Merine Therese Jose
Co- coordinator	-	Mrs. Aswathy Gopi
Date of commencement of class	-	28.12.2021

Subject allotment

A. Medical Nursing :

a) Mrs. Yashly Varghese	43 hrs	(Subject Co-ordinator)
b) Mrs. Rosariyo Anto	43 hrs	
c) Mrs. Shilsa James	10 hrs	

B. Surgical Nursing

a) Mrs. Arya V Ajith	43 hrs	(Subject Co-ordinator)
b) Mrs. Aswathy Gopi	42 hrs	
c) Mrs. Shilsa James	10 hrs	

C. Community Health Nursing

a) Mrs. Shaly Joseph Pullan	22 hrs	(Subject Co-ordinator)
b) Mrs. Rinu David	22 hrs	
c) Dr. Rajee Reghunath	04 hrs	

D. Pharmacology

a) Mrs. Merine Therese Jose	15 hrs
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III. THIRD YEAR B.Sc. NURSING – 2019 BATCH

Class Co-ordinator	-	Mrs. Bincy A. P
Co- coordinator	-	Ms. Albrit J Vadakkan
Date of Commencement of class	-	16.02.2022

Subject allotment

A. Medical Surgical Nursing – II

a) Tincy Abraham (Sr.Maria)	50 hrs	(Subject Co-ordinator)
b) Mrs. Shilsa James	15 hrs	
c) Sr. Siji C P	05 hrs	

B. Paediatric Nursing

a) Mrs. Chanlin Chacko	50 hrs
b) Mrs. Merine Therese Jose	40 hrs
c) Ms. Albrit J Vadakkan	10 hrs

C. Psychiatric Nursing

a) Mrs. Bincy A P	60 hrs
b) Mrs. Albrit J Vadakkan	30 hrs

D. Research

a) Dr. Rajee Reghunath	20 hrs	
b) Mrs. Rinu David	15 hrs	(Subject Co-ordinator)

IV.FOURTH YEAR B.Sc. NURSING - 2018 BATCH

Class Co-ordinator	-	Mrs. Chanlin Chacko
Co- coordinator	-	Sr. Grace Maria (Sheela C D)
Date of Commencement of class	-	17.01.2022

Subject allotment

A. OBG Nursing

a) Sr. Litha Lizbeth	55 hrs
b) Mrs. Aneesha V. B	60 hrs
c) Mrs. Tonia Toms	05 hrs

B. Nursing Education

a) Mrs. Chanlin Chacko	30 hrs
b) Mrs. Aneesha V B	30 hrs
c) Mrs. Merine Therese	20 hrs



19/01/2022
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C. Nursing Administration

- | | |
|-----------------------|--------|
| a) Dr. Sr. Merly John | 30 hrs |
| b) Sr. Litha Lizbeth | 30 hrs |
| c) Sr. Grace Maria | 10 hrs |

D. Community Health Nursing

- | | |
|-----------------------------|--------|
| a) Mrs. Shaly Joseph Pullan | 45 hrs |
| b) Mrs. Rinu David | 45 hrs |
| c) Mrs. Lekshmi M | 10 hrs |

V. FIRST YEAR M.Sc. NURSING – 2021 BATCH

- | | | |
|-------------------------------|---|--------------------|
| Class Co-ordinator | - | Dr. Sr. Merly John |
| Co- coordinator | - | Mrs. Arya V Ajith |
| Date of Commencement of class | - | 01.01.2022 |

Subject allotment

A. Advanced Nursing Practice

- | | | |
|-------------------------|--------|------------------------|
| a) Mrs. Shaly Joseph | 20 hrs | |
| b) Mrs. Arya V Ajith | 50 hrs | |
| c) Mrs. Yashly Varghese | 50 hrs | (Subject Co-ordinator) |

B. Nursing Education

- | | |
|-----------------------------|--------|
| a) Mrs. Chanlin Clacko | 40 hrs |
| b) Mrs. Aneesha V B | 30 hrs |
| c) Mrs. Merine Therese Jose | 30 hrs |

C. Nursing Research

- | | | |
|-----------------------|--------|------------------------|
| a) Dr. Sr. Merly John | 30 hrs | |
| b) Mrs. Lakshmi G | 40 hrs | |
| c) Mrs. Rinu David | 30 hrs | (Subject Co-ordinator) |

D. Specialty

▫ *Medical Surgical Nursing*

- | | | |
|-------------------|--------|------------------------|
| a) Sr. Jyothish | 50 hrs | |
| b) Mr. Don Jose K | 50 hrs | (Subject Co-ordinator) |
| c) Sr. Maria | 20 hrs | |

▫ *Mental Health Nursing*

- | | |
|--------------------------|--------|
| a) Mrs. Bincy A P | 90 hrs |
| b) Ms. Albrit J Vadakkan | 30 hrs |



1900
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VI. SECOND YEAR M.Sc. NURSING – 2020 BATCH

Class Co-ordinator	-	Sr. Moly Thomas
Co- coordinator	-	Mr. Don Jose K
Date of Commencement of class	-	13.12.2021

Subject allotment

A. Nursing Administration

a) Dr.Sr. Merly John	50 hrs
b) Mrs. Lakshmi G	20 hrs
c) Moly Thomas(Sr. Dona)	30 hrs
d) Sr. Grace Maria	20 hrs

B. Clinical Speciality II

1. Medical Surgical Nursing

a) Moly Thomas (Sr. Dona)	80 hrs
b) Mr. Don Jose	40 hrs

2. Mental Health Nursing

a) Mrs. Bincy A. P	90 hrs
b) Ms. Albrit J Vadakkan	30 hrs



R. Rajee
Prof. Dr. RAJEE REGHUNATH
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AMALA COLLEGE OF NURSING

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Amala Nagar P.O, Thrissur - 680 555, Kerala, India.

ACADEMIC PLAN 2021-2022

CLASS WISE DISTRIBUTION HOURS FOR TEACHERS

Sl. No.	Name of Teacher	B.Sc. Nursing				M.Sc. Nursing		Total
		I & II Semester	II Year	III Year	IV Year	I Year	II Year	
1	Dr. Rajee Reghunath	02	04	20	01	02	02	31
2	Sr. Litha Lizbeth	--	--	--	30+55	--	--	85
3	Mrs. Lakshmi. G	--	--	--		40	20	60
4	Dr. Sr. Merly John	--	--	--	30	30	50	110
5	Sr. Jyothish CSC	40	--	--	--	50	--	90
6	Mrs. Chanlin Chacko	--	--	50	30	40	--	120
7	Mrs. Lekshmi M	--	--	--	10	--	--	10
8	Mrs. Bincy A P	--	--	60		90	90	240
9	Mrs. Aneesha V B	--	--	--	30+60	30	--	120
10	Sr. Dona (Moly Thomas)	--	--	--	--	--	30+80	110
11	Mrs. Rinu David	--	22	--	45	30	--	97
12	Mrs. Shaly Joseph Pullan	--	22	15	45	20	--	102
13	Mr. Don Jose	--	--	--	--	50	40	90
14	Mrs. Merine Therese	--	15	40	20	30	--	105
15	Mrs. Arya V Ajith	--	43	--		50	--	93
16	Mrs. Tonia Toms	--	--	--	05	--	--	05
17	Sr. Maria (Tincy Abraham)	--		50	10	20	--	80
18	Sr. Siji C P	--	--	5	--	--	--	5
19	Mrs. Yashly Varghese	--	43	--	--	50	--	93
20	Sr. Grace Maria	50	--	--	--	--	20	70 +
21	Mrs. Shilsa James	50	20	15	--	--	--	Credit course
22	Mrs. Aswathy Gopi	50	42	--	--	--	--	85
23	Mrs. Rosariyo Anto	50	43	--	--	--	--	92
24	Mrs. Albrit J Vadakkan	--	--	30+10	--	30	30	93
								100



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