



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING

## AQAR (2022-2023)



### CRITERION 7 – Institutional Values and Best Practices

#### Key Indicator 7.3– Best Practices

**Metric No. 7.3.1** Portray the performance of the Institution in one area distinctive to its priority and thrust within 100 - 200 words

**SUBMITTED TO**



**National Assessment and Accreditation Council**

# FRAMEWORK



# Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council  
(Certificate No. 18-16/2893-INC)

## INSTITUTIONAL DISTINCTIVENESS

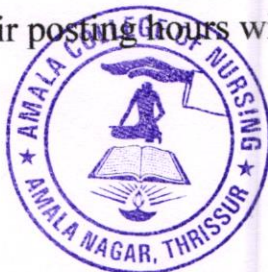
### **CARYS (Cancer Care and Reach-out services through Young Samaritans)**

The word CARYS is stemmed from the Welsh vocabulary “caru” which means “to love”. Amala has always been at the forefront in delivering compassionate services and also in imparting these skills to their students. Amala being renowned as a cancer hospital has an extra edge in training students in the field of oncology. One of the key areas of institutional distinctiveness is the integration of professional values into nursing student’s curricula. Through the services offered by the students, CARYS achieves the first three sustainable development goals (SDG1, SDG2, SDG3).

These include the following activities:-

#### **1. Students serving in oncology wards beyond their duty hours**

- The third year BSc nursing students who were posted in the oncological wards were inspired to add their contribution towards oncology nursing. But the restricted clinical hours put limits to their services
- Students expressed their willingness to spend their free hours beyond their posting hours with the cancer patients.



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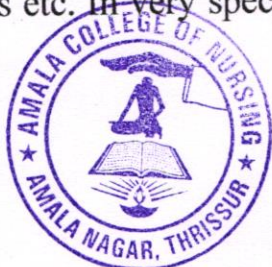
- The management whole heartedly permitted them to be with those cancer patients, supporting and comforting them.
- They were granted permission to provide oncological nursing services from 4-6pm on working days.
- The students actively took part in assisting the patients and family members. They involved in active listening, health teaching, counselling and they felt this made a profound impact on the lives of these cancer patients.
- These service not only helped the patients and their dear ones to navigate difficult life situations but also provided the tools and insights for the students to manage mental issues, such as anxiety and depression among those emotionally deprived patients.


## 2. Fund raising programmes

Students offered financial help to these patients by distributing woollen cloths, blankets by organising fund raising programmes like food fest, lucky draws and by selling coupons.

## 3. AGAPE lunch distribution

- Under the auspices of Agape, all poor cancer patients are given free food three times a day. About two hundred patients benefit from this service.
- The local public generously support this programme by donating rice, vegetables etc. In very special cases, Agape funds are made available



  
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to very poor patients to meet the expenses of scanning, sophisticated surgeries, costly medicines, and transportation.

- Students also actively participate in this practice by serving food in their free most of the days from 11:30-12:30 pm.

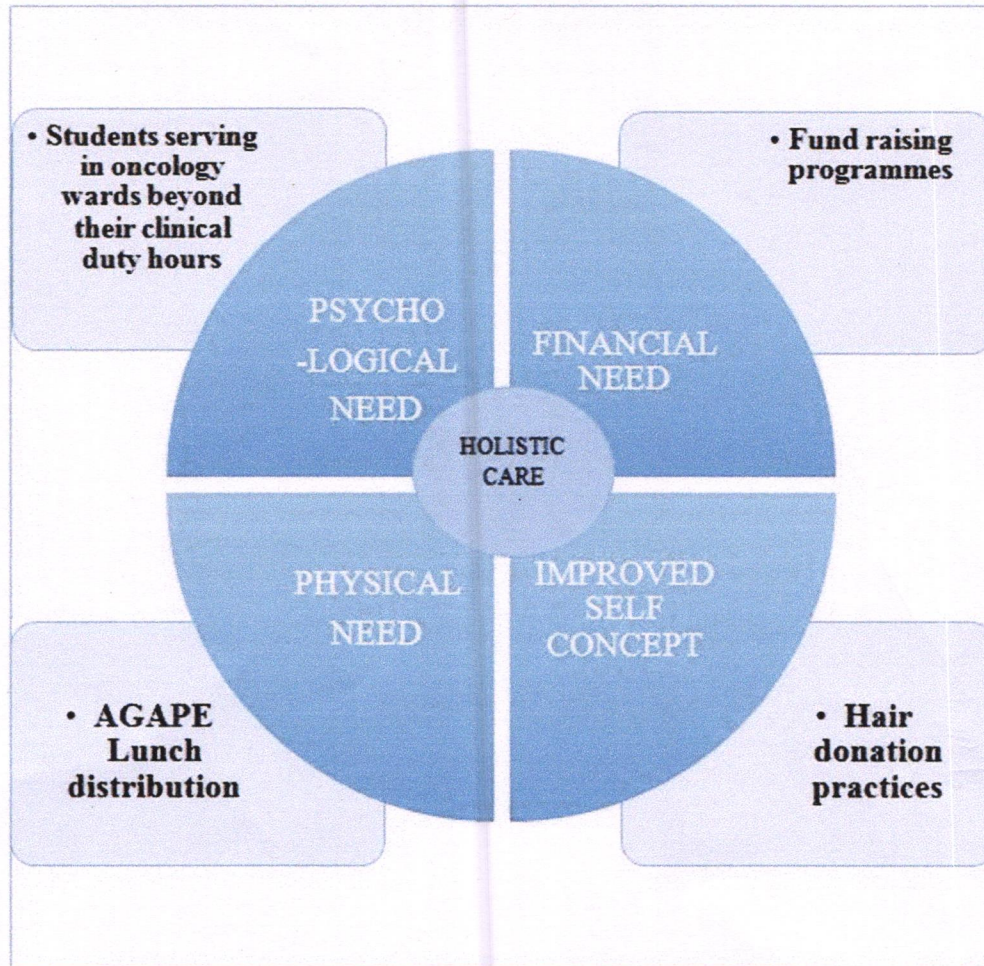
#### 4. Hair donation practices

- The students were also moved by the traumatic experience of patients, especially when they approached women after receiving few cycles of their cancer treatment.
- Most patients spending huge money for the treatment, felt it to be a luxury to afford the natural hair wigs. Seeking solution for this problem the students voluntarily started to donate their hairs.
- During the last 5 years 68 students have donated their hairs.

Ultimately the students active participation in these charitable activities proved that these young minds are equipped to thrive and empowered to contribute at every stage of life. The opportunities and the wholehearted support of the management and staffs are an added strength to uplift these values in their nursing profession.



*19/08*  
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**FRAMEWORK OF CARYS (Cancer-care Reach-out through Young Samaritans)**



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